

MAPLETON LOCAL SCHOOLS

2018-2019 ATHLETIC POLICY

INTRODUCTION / PHILOSOPHY

The coaches/advisors and school administration in the Mapleton Local School District believe certain standards of behavior, scholarship and citizenship are important to a sound athletic program; and expectations, sometimes beyond those required of non-athletes, may be imposed upon those who present themselves as athletes.

The interscholastic athletic program shall be conducted in accordance with existing Board of Education policies, rules and regulations. While the Board of Education takes great pride in winning, it does not condone “winning at all costs” and discourages any and all pressures which might tend to neglect good sportsmanship and good mental health. At all times the athletic program must be conducted in such a way so as to justify it as an educational activity.

OBJECTIVES OF MAPLETON ATHLETICS

The student/athlete shall learn teamwork. To work with others in a democratic society, a person must develop self-discipline, respect for authority, and the spirit of hard work and sacrifice. **ATHLETES MUST PLACE THE TEAM AND ITS OBJECTIVES HIGHER THAN PERSONAL DESIRES!**

- **TO BE SUCESSFUL** – Our society is very competitive. We do not always win, but we succeed when we continually strive to do so. You can learn to accept defeat only by striving to win with earnest dedication. Develop a desire to excel.
- **SPORTSMANSHIP** – To accept success and defeat like a true sportsman, knowing we have done our best. We must learn to treat others as we would have others treat us. We need to develop desirable social traits, including emotional control, honesty, cooperation and dependability.
- **TO IMPROVE** – Continual improvement is essential to good citizenship. As an athlete, you must establish a goal and you must constantly try to reach the goal. Try to better yourself in the skills involved and those characteristics set forth as being desirable.
- **ENJOY ATHLETICS** – It is necessary to acknowledge all of the personal rewards we derive from athletics, and to give sufficiently of ourselves in order to preserve and improve the program.
- **TO DEVELOP DESIRABLE PERSONAL HEALTH HABITS** – To be an active, contributing citizen, it is important to obtain a high degree of physical fitness through exercise and good health habits, and to develop a desire to maintain this level of physical fitness after formal competition had been completed.

RESPONSIBILITIES OF MAPLETON ATHLETE

Being a member of a Mapleton athletic team is the fulfillment of an early ambition for many students. The attainment of this goal carries with it certain traditions and responsibilities that must be maintained. A great athletic tradition is not built overnight. It takes the hard work of many people over many years. As a member of an interscholastic squad, you have inherited a great tradition, a tradition you are challenged to uphold and improve upon.

- **RESPONSIBILITY TO YOURSELF** – The most important of these responsibilities is to broaden yourself and develop strength of character. You owe it to yourself to get the greatest possible benefit from your school experiences. Your studies, your participation in other extracurricular activities as well as in sports, prepare you for your life as an adult.

- **RESPONSIBILITY TO YOUR SCHOOL** – Another responsibility you assume as a squad member is to your school. Mapleton cannot maintain its position as having an outstanding school unless you do your best in whatever activity you wish to engage in, by participating in athletics to the maximum of your ability, you are contributing to the reputation of your school.
- **RESPONSIBILITY OF LEADERSHIP** – You assume a leadership role when you are on an athletic squad. The student body and citizens of the community know you. You are on a stage with the spotlight on you. The student body, the community, and other communities judge our school by your conduct and attitudes, both on and off the field. Because of this leadership role, you can contribute greatly to your school spirit and community pride. Make Mapleton proud of you and your community proud of your school by your faithful commitment to these ideas.
- **RESPONSIBILITY TO OTHERS** – As a squad member, you also must bear a heavy relationship to your home. If you never give your parents anything to be ashamed of, you will have measured up to all of the training rules that you have practiced to the best of your ability every day, and that you have played the game “all out.” You can keep your self – respect and your family can be justly proud of you.

**** Remember, the younger students in Mapleton are watching you. They will copy you in many ways. Do not do anything to let them down. Set good examples for them. ****

RECOGNIZED SPORTS OF MAPLETON SCHOOLS

Baseball – Varsity, Junior Varsity
 Basketball - Boys and Girls: Varsity, Junior Varsity, Jr. High
 Cheerleading – Varsity, Junior Varsity, Jr. High
 Cross Country – Boys and Girls: Varsity, Jr. High
 Football – Varsity, Junior Varsity, Jr. High
 Golf – Varsity, Junior Varsity
 Soccer – Girls: Varsity
 Softball – Varsity, Junior Varsity
 Track – Varsity, Jr. High
 Volleyball – Varsity, Junior Varsity, Jr. High
 Wrestling – Varsity, Jr. High

*****THESE SPORTS WILL BE OFFERED AS LONG AS THERE ARE SUFFICIENT NUMBERS FOR THE PROGRAMS. *****

ATHLETIC BOOSTER CLUB

The Mapleton Athletic Booster Club is an independent body made up of community members, teachers, parents, and others whose sole purpose is to support all athletic teams at Mapleton. The Booster Club has traditionally paid for uniforms, equipment, field improvements, the concession stand restroom facility, and other needs as they arise. None of the booster funded projects receive any tax dollars. The Booster Club has many different fundraisers to raise money for these needs. Their major source of income is the operation of the concession stands at all athletic events (except boys' JV/Varsity basketball).

We need your help! Our list of volunteers has dwindled over the years. We are now unable to open the concession stand at all events because we have no volunteers to operate it. Coaches will be asking you to help in the concession stands at various events. We hope that we can find enough people that no one will need to help while his/her child is participating. Please volunteer to help us out. All the money raised goes straight to the athletic teams and saves all participants money. Projects sponsored by the Booster Club need the support of athletes, their parents, coaches, and the community.

The Booster Club meets the first Monday night of each month at 7:00 p.m. in the High School Media Center. All parents, teachers, coaches, and interested community members are invited to attend.

STUDENT REQUIREMENTS FOR PARTICIPATION

To be involved with interscholastic athletics in the Mapleton Local School system, the students must do all of the following:

- **PHYSICAL EXAMINATION** – Each student/athlete must have on file in the Athletic Department Office a completed physical form signed by a doctor. Physicals expire at the end of the school year and must be done before any participation will be allowed.
- **ATHLETIC EMERGENCY MEDICAL FORM** – Each student/athlete must have a card filled out and signed by the parent/guardian before they can participate.
- **ATHLETIC RESPONSIBILITY & RISK ACKNOWLEDGEMENT FORM**- Each student/athlete must have this form signed by the parent/guardian and the student/athlete.
- **LINDSAY’S LAW SIGNATURE FORM**- Each student/athlete must have this form signed by the parent/guardian and the student/athlete.
- **DRUG TESTING SIGNATURE FORM**- Each student/athlete must have this form signed by the parent/guardian and the student/athlete.
- **MANDATORY ATTENDANCE AT THE PRESEASON MEETING** – There will be a mandatory meeting at the beginning of each sport season for all parents, players, and coaches to review policy procedures and the Athletic Handbook. Player/Parents who do not attend this meeting will not be allowed to participate until they have meet with the Athletic Director and the head coach of that sport.
- **PARTICIPATION** – The participation fee is **\$75 per sport** with a **family cap of \$300**. The Activity Fee will apply to all high school and middle school sports and Cheerleading. A separate Activity Fee of \$20 will apply to Marching Band and Sweethearts. All fees must be paid in full by the specified date set by the athletic director before competing in practices and interscholastic contests.

SCHOLASTIC ELIGIBILITY REQUIREMENTS

To be eligible to participate in interscholastic athletics in the Mapleton School system, all student – athletes will be required to meet the following standards:

Ohio High School Athletic Association (OHSAA) Requirements:

(To include cheerleading and dance team members)

- All beginning seventh graders are eligible insofar as the scholarship bylaw.
- **GRADES 7-12:** To be eligible, a student-athlete must be currently enrolled in a member school and have received passing grades in a minimum of five one-credit courses, or the equivalent, in the immediately preceding grading period. Physical Education courses do no count towards these five courses.
- **9TH GRADERS:** Must have met the above criteria from their last 8th grade grading period.

*Incompletes will be factored into the eligibility equation as an “F” until a grade has been assigned. If extenuating circumstances exist, such as teacher or student absence, the final decision on immediate eligibility will be determined by the administration.

**Students taking on-line coursework will have eligibility determined at the end of each scheduled grading period aligned to the school calendar.

Mapleton Local School District Requirements:

- A student shall earn a grade point average of 1.60 or better.

- If a student receives a WF (withdraw failing), it will be considered a course taken and will be figured in the grade point average for that nine weeks.
- The high school principal shall be ultimately responsible for the athletic eligibility of athletes and cheerleaders as outlined by the OHSAA and the Mapleton Board of Education.
- **A student eligible by OHSAA requirements, but ineligible by Mapleton requirements may be put on probation until the interim reports are completed for the following nine weeks and has been deemed eligible. The student must meet both the OHSAA and Mapleton requirements at interim to be eligible for the remainder of the nine week period.**

***An athlete that is ineligible may practice with their team **at the coach's discretion**, but may not play in games or scrimmages until all the requirements have been met and they have been determined eligible.

CONDUCT OF ATHLETES

The conduct of an athlete is closely observed in many areas of life. It is important that your behavior be above reproach in all of the following areas:

- **ON THE FIELD** – In the area of athletic competition, a true athlete does not use profanity or illegal tactics, and learns fast that losing is part of the game. You should be gracious in defeat and modest in victory. It is always courteous to congratulate the opponent on a well – played game after the contest, whether in defeat or victory.
- **IN THE CLASSROOM** – In the academic area, a good athlete becomes a good student. A person cannot be lethargic or a problem in the classroom and think he/she can be an outstanding athlete. If you are lazy in class, you will be lazy on the practice field or floor and will never reach your full potential. As an athlete, you must plan your schedule so that you give sufficient time and energy to your studies to insure acceptable grades. In addition to maintaining good scholarship, an athlete should have respectful attention to classroom activities and show respect for other students and faculty at all times.

ATHLETIC CODE OF CONDUCT

A firm and fair policy of enforcement is necessary to uphold the regulations and standards of the athletic department. The community, school administrators and coaching staff feel strongly that high standards of conduct and citizenship are essential in maintaining a sound program of athletics. The welfare of the student is our major consideration and concern.

All athletes shall abide by a code of conduct which will earn them honor and respect that participation and competition in the interscholastic program affords. **Any conduct that results in dishonor to the athlete, the team or the school will not be tolerated.** Acts of unacceptable conduct such as, but not limited to, theft, vandalism, disrespect, immorality or violations with the law, tarnish the reputation of everyone associated with that athletics program and will not be tolerated. This is to include unacceptable conduct through the use of cyberspace. The code shall be in effect 12 months a year.

PENALTIES FOR VIOLATIONS TO CODE OF CONDUCT

Due to the serious nature of this rule, the coach involved and the Athletic Director shall meet and determine the penalty according to the degree of the infraction. (The penalty shall range from a minimum of 10% if the season or succeeding season to a maximum of permanent denial of participation.)

The superintendent and/or administrative personnel are authorized to suspend a student from any or all athletics and extracurricular activities for a violation of the Athletic Code of Conduct; the Student Code of Conduct; Athletic Training Rules and Regulations; OHSAA Requirements; the Drug testing policy, or any other rules or regulations of the Mapleton School District, School, coach, or Advisor that are applied to students, student athletes, or students participating in athletics or extracurricular activities.

Prior to any denial of participation in athletics, the athlete and their parent will be given an opportunity to informally meet with the coach and the Athletic Director to challenge the reason for the denial of participation or to otherwise explain his or her actions. Any denial of participation will be determined by the Athletic Director. The provision of the informal meeting or any other due process is not applicable in the case of normal disciplining procedures in which a student/athlete is removed from athletic activity for one day or less.

VIOLATION CATEGORIES

A. Insubordination and Criminal Offenses

Any athlete who is insubordinate or shows disrespect to a coach or other authority figure will be in violation of the training rules. Also any athlete who embarrasses or dishonors the school, the team, the coach, or themselves is in violation of the rules. Vandalism is also a violation of training rules. The head coach and/or the administration will determine these types of behaviors. Said athlete will be denied participation as determined by the coach and or administration and awards may be denied as well. This includes felony and/or first degree misdemeanor. Maximum penalty will be denied of participation for a period of one calendar year from date of infraction.

B. Social Networking Policy

Participation in interscholastic sports at Mapleton Local Schools is a privilege and not a right. As a condition of being a student-athlete at Mapleton Local Schools, student-athletes must abide by the following rules related to the use of the internet and social networking sites. Failure to do so will result in said athlete being denied participation as determined by the coach, and or administration and awards may be denied as well. The maximum penalty will be the denial of participation for a period of one calendar year from the date of infraction. Any felonious social networking activity may be turned over to the authorities as deemed necessary by school administration.

1. Student-athletes may not post any pictures, information or other content that might cause embarrassment to themselves, fellow student-athletes, teams, coaches, athletic department or school (examples: obscene images or language, pictures of illegal substances, or references to drugs or sex) online.
2. Student-athletes may not post any content online that is unsportsmanlike, derogatory, demeaning or threatening toward any other individual or entity (examples: derogatory comments regarding another institution; taunting comments aimed at a student-athlete, coach or team at home school or any other member school). No posts should depict or encourage unacceptable or illegal activities (examples: hazing, sexual harassment/assault, gambling, discrimination, fighting, vandalism, academic dishonesty, underage drinking or illegal drug use).

C. Hazing

1. Hazing activities of any type are inconsistent with the educational and athletic process and will be prohibited at all times. No administrator, faculty member, or other employee of the district shall encourage, permit, condone, or tolerate any hazing activities. No student, including leaders of student organizations, may plan, encourage, or engage in any hazing.
2. Hazing is defined as doing any act of coercing another, including the victim, to do or initiate any act to any student or other organization that causes or creates a substantial risk of causing mental or physical harm to any person. Permission, consent, or assumption of risk by an individual subjected to hazing does not lessen the prohibition contained in this policy.

D. Absences

1. Excused absences are to be determined by the head coach. Any athlete with an excused absence from a practice, scrimmage, or event may have his/her participation limited or denied.

- a) Any absence without prior direct communication with the coaching staff will be considered unexcused.
 - b) Athletes excused for school sanctioned activities will miss no more than half of the next scheduled contest upon return.
 - c) Athletes that have an **unexcused absence** on Friday will not be able to participate in any athletic event on that weekend.
2. Any athlete who has an **unexcused absence from a practice or scrimmage** will be considered in violation of the athletic training rules.
- a) Head Coaches of each school sponsored sport will determine a procedure for handling unexcused absence that will be distributed to athletes/parents in their preseason team meetings and included in the team rules. Any athlete in violation of these team rules in regards to unexcused absences may be denied participation as determined by the coach, and or administration.
3. Any athlete who has an **unexcused absence from an athletic contest** will be considered in violation of the athletic training rules.
- a) **1st unexcused absence** will result in the denial of participation for 1/3 of the athletic season contests or if 1/3 of the season does not remain he/she will be removed from the team and forfeit all awards.
 - b) **2nd unexcused absence** will result in dismissal from the team.
4. Vacation policy
- Vacations by athletic team members during a sports season are discouraged. Parents/athletes wishing to do so may wish to reassess their commitment to being an athlete. In the event an absence due to vacation is unavoidable, an athlete must:
- a) Be accompanied by their parents or legal guardian while on vacation.
 - b) Contact the head coach prior to the vacation at least **two weeks in advance**.
 - c) Practice one day for each practice or contest day missed prior to resuming competition (contest day will count as a practice day).
 - d) Be willing to assume the consequences related to their status on the squad.

EJECTION'S FROM INTERSCHOLASTIC CONTESTS

Any student/athlete or coach that is ejected from an interscholastic contest for unsportsmanlike conduct shall be subject to penalties put forth by OHSAA and Mapleton Schools. The OHSAA penalty for ejection is a denial of participation in 10% of the scheduled season. **In addition, the Mapleton Athletic Department will also deny participation in contests another 10% of the scheduled season.**

EXAMPLE: Football player is ejected from game. He will receive 1 game suspension mandated by the OHSAA plus he will be suspended another game mandated by the Mapleton Athletic Department Code of Conduct Policy. Basketball player ejected from a game. He/she is suspended 2 games mandated by OHSAA plus he/she will be suspended another 2 games mandated by the Mapleton Athletic Department Code of Conduct Policy. The bottom line is that being ejected from a contest is a serious offense.

OHSAA Regulations for Unsporting Conduct (Disqualification for unsporting conduct or flagrant violation)

Any coach ejected or disqualified from an interscholastic contest for unsporting conduct shall be suspended from coaching in all contests for the remainder of that day. In addition, the coach shall be suspended from coaching for all contests at all levels in that sport until two regular season/tournament contests (one in football) are played at the same level as the ejection or disqualification and shall be fined \$100.00. In addition, the coach

shall take the National Federation of State High School Association's "Teaching and Modeling Behavior" course, which must be completed within 30 days of the ejection and can be taken at www.nfhslearn.com.

If the ejection or disqualification occurs in the last contest of the season, the coach shall be ineligible for the same period of time as stated above in the same sport during the following season in the next school year.

A coach who has been suspended from coaching may attend the contest, but must be seated in the spectator area and may not give instructions to the players or to the individual who has been assigned to coach the team any time prior to or during the contest including halftime or any intermission. A suspended coach shall not travel with the squad to an away contest. A coach who has been ejected or disqualified for unsporting conduct for the second time shall be suspended indefinitely and required to attend a mandatory conference with the Commissioner at the OHSAA headquarters. The principal of the school shall be required to attend this conference as well. Any penalty shall be determined in accordance with Bylaw 11. It is the responsibility of the local school authorities to ensure this regulation is enforced. When a suspended coach is allowed to participate, forfeiture of the contest is mandatory. This regulation shall apply to all regular season and tournament contests and shall in no way limit the discretionary authority of the Commissioner as specified in the OHSAA tournament regulations. In accordance with Bylaw 8-3-1, the decisions of contest officials are final.

TRAINING RULES AND REGULATIONS

Medical research clearly substantiates the fact that the use of tobacco, alcohol, and any type of mood modifying substance produces harmful effects on humans.

The community of the Mapleton School District is concerned with the health habits of student/athletes and is convinced that athletes and the use of these substances are not compatible. It is also a fact that when students have a strong interest to participate in athletics, their desire to use substances is greatly reduced.

Students have to decide if they want to be athletes. If you wish to be an athlete, you must make the commitment in order to be a competitor. A big part of this price is following a simple set of training rules which the Mapleton Athletic Department believes to be fair.

USE OF TOBACCO

Research states that the use of tobacco, in any form, is physically harmful to young adults. The harm done by this is not only a health problem. **The people of the school district follow the progress of young athletes.** Any deviation from accepted training rules that makes one unwilling to pay the price of being an athlete will not be tolerated. If one squad member breaks the rules, the whole team is branded as non-trainers. (The rule is in effect for 12 months of the year, in or out of season.)

NO ALCOHOLIC BEVERAGES

There is no way to justify athletes using alcoholic beverages, even though social pressures may be hard to resist. The people who would like to draw the athlete into their drinking situations will be the first to criticize the athlete if they do not come through in the game. (This rule is in effect 12 months of the year, in or out of season.)

NO USE OF DRUGS

Simply stated, drug abuse is the consumption of any chemical substance or smoking of some plant derivatives for the purpose of mood modification. The use or misuse of drugs is a social problem. Students with a strong sense of purpose have no need for the mood modifiers. (This rule is in effect for 12 months of the year, in or out of season.)

ILLEGAL DRUGS OR DRUGS/DRUG PARAPHERNALIA

Any substance which an individual may not sell, offer to sell, exchange, give, possess, use, distribute, or purchase under State or Federal Law: This definition also includes all prescription drugs obtained without authorization, and all prescribed and over-the-counter drugs being used in any way other than for medical purposes in accordance with the directions for use provided in the prescription or by the manufacturer. This includes anabolic steroids. Possession of drug paraphernalia is not allowed and penalties will be the same as those of other drug/alcohol/tobacco violations.

MAPLETON ATHLETIC DEPARTMENT ALCOHOL/TOBACCO POLICY

Any student using or possessing alcohol or tobacco shall be denied participation in interscholastic athletics. This rule is in effect for 12 months of the year. This is also to include attendance at functions or parties in which peer group/underage alcohol consumption or illegal drug use takes place. Nor shall a Mapleton student ride in a vehicle where alcoholic beverages and/or illegal or counterfeit drugs are being consumed. Students who remain in attendance and do not make an attempt to leave from a function/situation immediately in which peer group underage alcohol or illegal drug use take place will be considered in violation of this rule.

USE OR POSSESSION – FIRST VIOLATION

1. **Restriction from athletic participation (competition) for a minimum of 50% of the scheduled contest of that season. Any remaining percentage of the denial of participation not served shall be applied toward the next sport in which the athlete participates. An athlete disciplined for the first time will practice with the team but cannot travel with the team or sit on the team bench during contest. All training rules and requirements of the sport team must be followed by the athlete during the period of denial of participation.**
2. **The Athletic Director, upon request of the athlete and their parents, may reduce the denial to a minimum of 20% (10% if athlete is self referred) of the athlete's current and/or next occurring season's athletic contests provided the athlete fulfills all of the following:**
 - **The athlete agrees to a meeting(s) (3 total hours) with school liaison to access the pressures, additions and consequences of tobacco and alcohol in our student/athletes environment. Assessment must be completed prior to reinstatement with evaluation reports for documentation available to the Athletic Director.**
 - **The athlete agrees to have revoked any leadership positions such as, but not limited to, team captain, and will not hold any leadership positions on athletics teams for the remainder of the school year.**
 - **The athlete must attend all practices and all training rules and requirements of the sport team must be followed. They must travel and sit on the team bench with the team but not in uniform.**
 - **The athletic department has the right to have the athlete randomly drug tested twice over the course of one calendar year from the time of the violation. These drug tests will also be at the expense of the athlete and their family. If the athlete fails the drug test this would be considered a second violation of the drug/alcohol policy and subject to second violation penalties.**

USE OR POSSESSION – SECOND VIOLATION

- 1. Upon confirmation of the second violation, athletic participation (practice and competition) will be denied for one full calendar year of when the violation occurred.**
- 2. The Athletic Director, upon request of the athlete and their parents, may reduce denial of participation to a minimum of 50% of the athlete's current and/or next occurring season's athletic contest provided the athlete fulfills all of the following:**
 - The athlete agrees to an evaluation at the Ashland County Council on Alcohol and Drug Abuse (ACCADA) at the athlete's expense. They must also agree to fulfill the assessment recommendation completely. Assessment must be completed prior to reinstatement with evaluation reports for documentation available to the Athletic Director.**
 - For tobacco violations, the athlete must participate in a professional counseling clinic, workshops or seminar as approved by the Athletic Director. This will be at the expense of the athlete and must be completed prior to resuming athletic competition.**
 - The athlete agrees to have revoked any leadership positions such as , but not limited to, team captain and will not hold any leadership positions on athletic teams the remainder of the school year.**
 - The athlete must attend all practices and all training rules and requirements of the sport team and must be followed. They must travel and sit on the team bench with the team but not in uniform.**
 - The athletic department has the right to have the athlete randomly drug tested twice over the course of one calendar year from the time of the violation. These drug tests will also be at the expense of the athlete and their family. If the athlete fails the drug test this would be considered a third violation of the policy and third violation penalties would apply to the athlete.**

USE OR POSSESSION – THIRD VIOLATION

The student/athlete found in violation of the alcohol/tobacco policy for a third time shall be denied participation in interscholastic athletics for the reminder of their athletic careers while a student in the Mapleton School system.

MAPLETON ATHLETIC DEPARTMENT DRUG POLICY

Any student using or possessing, buying or selling counterfeit drugs, look-alike, illegal drugs, or any substance represented to be an illegal drug, shall be denied participation in interscholastic athletics. This rule is in effect for 12 months of the year.

USE OR POSSESSION – FIRST VIOLATION

- 1. Restriction from athletic participation (competition) for a minimum of 50% of the scheduled contest of that sport. Any remaining percentage of the denial of participation not served shall be applied toward the next sport in which the athlete participates. An athlete disciplined for the first time will practice with the team but cannot travel with the team or sit on the team bench during contests. All training rules and**

requirements of the sport team must be followed by the athlete during the period of denial of participation.

2. The Athletic Director, upon request of the athlete and their parents, may reduce the denial to a minimum of 20% of the athlete's current and/or next occurring season's athletic contests provided the athlete fulfills **all of the following**:
 - The athlete agrees to an evaluation at the Ashland County Council on Alcohol and Drug Abuse (ACCADA) at the athlete's expense. The athlete must also agree to fulfill the assessment recommendation completely. Assessment must be completed prior to reinstatement with evaluation reports for documentation to the Athletic Director.
 - The athlete agrees to have revoked any leadership positions such as, but not limited to, team captain and will not hold any leadership positions on athletic teams for the remainder of the school year.
 - The athlete must attend all practices and all training rules and requirements of the sport team must be followed. They must travel and sit on the team bench with the team but not in uniform.
 - The athletic department has the right to have the athlete randomly drug tested twice over the course of one calendar year from the time of the violation. These drug tests will also be at the expense of the athlete and their family. If the athlete fails the drug test this would be considered a second violation of the drug/alcohol policy and subject to second violation penalties.

USE OR POSSESSION – SECOND VIOLATION

1. Upon confirmation of the second violation, athletic participation (practice and competition) will be denied for one full calendar year of when the violation occurred.
2. The Athletic Director, upon request of the athlete and their parents, may reduce denial of participation to a minimum of 50% of the athlete's current and/or next occurring season's athletic contest provided the athlete fulfills **all of the following**:
 - The athlete agrees to an evaluation at the Ashland County Council on Alcohol and Drug Abuse (ACCADA) at the athlete's expense. The athlete must also agree to fulfill the assessment recommendation completely. Assessment must be completed prior to reinstatement with evaluation reports for documentation to the Athletic Director.
 - For tobacco violations, the athlete must participate in a professional counseling clinic, workshop, or seminar approved by the Athletic Director. This will be at the expense of the athlete and must be completed prior to resuming athletic competition
 - The athlete agrees to have revoked any leadership positions such as, but not limited to, team captain and will not hold any leadership positions on athletic teams for the remainder of their high school athletic career.
 - The athlete must attend all practices and all training rules and requirements of the sport team must be followed. They must travel and sit on the team bench with the team but not in uniform.
 - The athletic department has the right to have the athlete randomly drug tested twice over the course of one calendar year from the time of the violation. These drug tests will also be at the expense of the athlete and their family. If the athlete fails the drug test this would be considered a third violation of the drug/alcohol policy and subject to third violation penalties.

USE OR POSSESSION – THIRD VIOLATION

The student/athlete found in violation of the drug/alcohol/tobacco policy for a third time shall be denied participation in interscholastic athletics for the remainder of their athletic career, while a student in the Mapleton School system.

SALE OR DISTRIBUTION –FIRST VIOLATION

The student/athlete in first violation of sale or distribution will be treated the same as a second violation for use or possession. (1 year – 50%)

SALE OR DISTRIBUTION – SECOND VIOLATION

The student/athlete found in second violation of sale or distribution will be treated the same as a third violation for use or possession.

PENALTY DEFINITIONS

1. To calculate the percentage of penalty for suspension, the number of **regular- season** contest scheduled will be used for each respective sport.
2. When a penalty results in a denial of partial contest, the fraction will be rounded off to the nearest whole contest. **EXAMPLE: 3.49 contests will be 3 contest, 3.5 contests will be 4 contests.**
3. A suspended athlete who has a carry-over penalty in to a succeeding sport must complete the season in that sport in good standing in order for the suspension to be credited to that sport.
4. Penalties accumulated in Junior High will carry over in High School.
5. Any Junior or Senior athlete who is serving a suspension from participation will not be permitted to serve their suspension by going out for a sport for the first time.
6. If a parent, by way of formal meeting with the Athletic Director, turns their own child in for a violation of the policy the student/athlete will not be penalized by the policy. However, the student/athlete will have to be evaluated by ACCADA and agree to carry out the assessment recommendations with documentation sent to the Athletic Director. This student/athlete will then be randomly drug tested twice during a one calendar year time period from the time that they were turned in, A student/athlete can only be turned in once by their parents during their athletic career as a member of the Mapleton School system. All assessments and so on are to be done at the athlete's expense.

ATHLETIC DEPARTMENT GENERAL POLICIES

COMPLAINT/CONFLICT PROCEDURE

If a parent has a complaint or conflict with a particular sport and or coach, the parent should deal with the complaint/conflict in the following way:

1. Set up a meeting with the immediate coach/head coach.
2. Set up a meeting with the Athletic Director.

The parent should only move to the next level if the complaint/conflict has not been resolved at the level before. In all complaints/conflicts you must begin by meeting with the coach first.

JOINING A SPORT:

An athlete **has 5 days** from the first official start date of the current season to join the team. After 5 days approval must come from the coach, Athletic Director and Principal.

DROPPING, QUITTING OR TRANSFERRING SPORTS

Quitting is an intolerable habit to acquire. There is no place in athletics for quitters. On occasion, however, an athlete may find it necessary to drop a sport for a good reason. If this is the case, the following procedure must be followed:

1. Talk to your immediate coach and then the head coach.
2. Report your situation to the Athletic Director.
3. Turn in all equipment issued to you to the head coach.
4. After the first official contest in either sport has been completed, athletes will no longer be able to transfer sports.

In the event of someone quitting a sport **after the first official contest**, that athlete cannot then attend conditioning, open gym, or weightlifting sessions of another sport until the current sport they quit has completed their entire season (Including tournaments). Once all Mapleton teams and individuals in the sport in which the athlete has quit have been eliminated or concluded, that athlete will be reinstated to begin training in the next sport of their choosing. **He/she will forfeit any awards for that sport.**

If the athlete wishes to change sports after they have been with that sport 14 days, he/she must receive approval of both coaches involved and the Athletic Director. Failure to follow this procedure can result in loss of athletic privileges.

CONFLICTS IN EXTRA-CURRICULAR ACTIVITIES

An individual student who attempts to participate in too many extra-curricular activities will be in position of a conflict of obligations.

The athletic department recognizes that each student should have the opportunity for a broad range of experiences in the area of extra-curricular activities. Therefore, every attempt will be made to schedule events in a manner so as to minimize conflicts.

Students have the responsibility to do everything they can to avoid a continuous conflict. This would include being cautious about belonging to too many activities where conflicts are bound to happen. It also means notifying the faculty sponsors involved immediately when a conflict arises.

When conflicts arise the sponsors/coaches will get together and work out a solution so the student is not to be put in the middle. If a solution cannot be found, then the principal will have to make a decision based on the following:

1. The relative importance of each event.
2. The relative contribution the student can make.
3. How long each event has been scheduled.
4. Talk with the parents.

Once the decision has been made and the student has followed that decision, he/she will not be penalized in any way by the faculty sponsor or coach. If it becomes obvious that a student cannot fulfill the obligation of a school activity, they should withdraw from that activity.

Student athletes currently involved in a sport will not participate in out-of season workouts of other sports until their current season has been completed.

PARTICIPATING IN TWO SPORTS IN THE SAME SEASON

Athletes will not be permitted to participate in two sports in the same athletic season, for example, a student/athlete cannot participate in football and cross country during the fall season. The demands of being involved in one sport is enough let alone participating in two sports in the same season.

The exception to this policy is that Cheerleaders will be permitted to be a Cheerleader and participate in a sport in the same season. The justification for this is that the time constraints involved with Cheerleading are not as great and there are far fewer conflicts between both activities. In order for a cheerleader to be able to participate in a sport along with cheerleading they must make every effort to make sure they communicate with both coach & advisor involved to minimize schedule conflicts. If both coaches agree that it is workable then the student/athlete may do both. If either coach decided that it is not workable then participation in one or the other may not be possible.

FINANCIAL OBLIGATIONS AND EQUIPMENT

1. Participation/Transportation fee – The fee schedule is on page 3 of this document.
2. Uniforms – In some sports, the athlete will be required to purchase a portion of the game uniform, which will become their property.
3. Equipment – All athletes are responsible for the proper care and security of equipment issued to them. School furnished equipment is to be worn only for contest and practice. All uniforms and equipment not returned in good condition or not returned at all at the end of the season will be subject to a financial penalty and/or post-season awards being withheld until all uniforms and equipment are properly returned or replaced at current replacement cost.

GROOMING AND DRESS POLICY

A member of an athletic team is expected to be well-groomed. Appearance, expression and action always influence people's opinions of athletes, the team and the school. Once you have volunteered to be a member of a squad, you have made a choice and a commitment to uphold certain standards expected of athletes in the community. Athletes will not be permitted to participate until deviations of above rules are satisfactorily corrected.

The following grooming and dress rules will be adhered to by team members:

1. Hairstyles and facial hair are to be maintained in a neat and clean manner so as to present a positive image for both the team and the school.
2. An athlete shall dress presentably at all times, on trips, or at assemblies and banquets. This includes not wearing a hat in a building at any time.
3. Only uniforms issued or approved by the athletic department will be permitted to be worn for contests. The uniform will be worn in the way it was designed and intended to be worn.

MISSING PRACTICE

An athlete should consult their coach before missing practice. Missing practice or a game without good reason will be dealt with severely by each individual coach. Sudden illness or some other emergency would be good reason for missing a game or practice.

TRAVEL

All participating school personnel (coaches, players, cheerleaders, stats, managers, etc.) must be transported by school-provided transportation to and from games. Any special arrangements for individual transportation must be requested by the parent or legal guardian and approved by the Athletic Director or coach in charge. Coaches' team policies on returning on the bus after competitions may vary from coach to coach. Coaches can, if specified in their team policy, require players to return home from contests on the bus with the rest of the team.

ATTENDANCE

In order for a student to be eligible to participate in any extra-curricular activities outside of the school day they must be in attendance for ½ day in the day of the event. Students who leave school ill at any time during the day are not permitted to participate in any activities on that day. **Students must be in school by 11:30 a.m. or they cannot participate in activities as well.**

BANQUETS/AWARDS NIGHT

There will be Individual Sports banquets at the completion of each season Fall, Winter and Spring. These are very important to the athletes, their families and the coaching staff. It is a great way to close the season and for the team to recognize individual and team accomplishments. **It is for this reason that attendance is mandatory. Athletes who do not attend without approval for the Athletic Director in advance will not receive their awards for that sport season.** Athletes will be expected to be properly attired for the banquet. This includes not wearing hats during the banquet. Athletes may be sent home to change clothes if not properly dressed.

COMMUNICATING WITH THE COACH/CHAIN OF COMMAND

Communication You Should Expect From Your Child's Coach

1. Philosophy of the coach.
2. Expectations the coach has for your child as well as all players on the squad.
3. Locations and times of all practices and contests.
4. Team requirements (fees, special equipment, off-season conditioning).
5. Procedure should your child be injured.
6. Discipline that results in the denial of your child's participation.

Communication Coaches Expect from Parents

1. Concerns expressed directly to the coach.
2. Notification of any schedule conflicts, **well in advance.**

Issues Not Appropriate to Discuss with Coaches

1. Playing time.
2. Team strategy and play calling.
3. Other student athletes.

Appropriate Procedure for Discussing Concerns/Proper Chain of Command

1. Athlete should first speak with the coach.
2. Call to set up an appointment with the coach (contact the athletic administrator to set up the meeting if unable to reach the coach).
3. Do not confront a coach before or after a contest or practice (these can be emotional times for all parties involved and do not promote resolution).

What if the Meeting with the Coach Did Not Provide a Satisfactory Resolution?

1. Call to set up an appointment with the athletic administrator.
2. Determine the appropriate next step at this meeting.
3. Actual steps to take in the "Chain of Command":
 - A. meet with the head coach and Athletic Director
 - B. meet with the principal and athletic council
 - C. meet with the superintendent

PARENT/COACH RELATIONSHIP

We are very pleased that your son or daughter has chosen to participate in the Mapleton High School Athletic Program. We will do all we can to make it a positive experience. Possibly the most important ingredient to achieve this outcome is to insure that lines of communication are developed to allow for free and easy resolution of questions before they become conflicts. As a parent, you have the right to know what expectations are placed on athletes. The following section has been written to help spell out all levels of communication so that parents, athletes and coaches are aware of the steps they have available to resolve anything they think is, or might become, an issue.

PARENTAL INVOLVEMENT

In order for our athletic events to be successful, we depend on parents to be involved by volunteering. Volunteers play an important role by helping with tickets, line judging, timing, clock, chain crew, etc. Unfortunately, we don't always get the volunteers we need; therefore, parents may be assigned to help with their son's/daughter's athletic events. Your cooperation and help in this matter is greatly appreciated.

COMMUNICATION YOU SHOULD EXPECT FROM YOUR CHILD'S COACH

1. Philosophy of the coach.
2. Expectations the coach has for your son or daughter.
3. Locations and times of all practices and contests.
4. Team requirements, e.g. fees, special equipment, off-season conditioning, etc.
5. Procedures to follow in the event of an injury.
6. Team Rules.
7. Requirements to earn a letter.
8. Bus policy.

COMMUNICATION COACHES EXPECT FROM PARENTS

1. Concerns expressed directly to the coach **FIRST. Not before, during or after a game. Set up a meeting with the coach.**
2. Notification of any schedule conflicts well in advance which may include vacations, doctor appointments, etc..

** There will be times when things do not go the way you or your child wishes. At these times discussion with the coach may be desirable to clear up this issue and avoid misunderstandings. **

APPROPRIATE CONCERNS TO DISCUSS WITH COACHES

1. The treatment of your child mentally and physically.
2. Ways to help your child improve.
3. Concerns about your child's behavior.

It is very difficult to accept the fact that your child is not playing as much as you would want. Coaches are professionals. They make judgment decisions based on what they believe to be best for all students involved. These decisions are also based on what the coach observes every day at practice and competitions. Certain things can and should be discussed with your child's coach. Other things, which will be mentioned in a moment, must be left to the discretion of the coach.

ISSUES, IN MOST CASES, NOT APPROPRIATE TO DISCUSS WITH COACHES

1. Playing time.
2. Team Strategy.
3. Play Calling.
4. Matters concerning other students/athletes.

There are situations that may require a conference between the coach and the parents. These are encouraged. It is important that both parties involved have a clear understanding of the person's position. When these conferences are necessary, the following procedure should be followed to help promote a resolution to the issue of concern.

IF YOU HAVE A CONCERN TO DISCUSS WITH A COACH, PLEASE FOLLOW THE PROCEDURE BELOW

1. Call to set up an appointment.
2. If a coach cannot be reached after a reasonable time, call the Athletic Director and they will arrange the appointment for you.
3. **PLEASE DO NOT ATTEMPT TO CONFRONT A COACH BEFORE OR AFTER PRACTICE OR A CONTEST. THESE CAN BE EMOTIONAL TIMES FOR BOTH THE PARENT AND COACH. MEETINGS OF THIS NATURE DO NOT PROMOTE RESOLUTION AND USUALLY COMPLICATE THE ISSUE.**

THE NEXT STEP – WHAT CAN A PARENT DO IF THE MEETING WITH THE COACH DOES NOT PROVIDE A SATISFACTORY RESOLUTION?

1. Call and set up an appointment with the Athletic Director to discuss situation.
2. At this meeting the appropriate step can be determined.

MAPLETON FOLLOWS THE CHANNELS OF COMMUNICATION LISTED BELOW. WE ASK THAT YOU OBSERVE THEM IF YOU ELECT TO PURSUE ANY CONCERN YOU HAVE REGARDING THE ATHLETIC PROGRAM.

1. Assistant Coach
2. Head Coach
3. Athletic Director
4. Building Principal
5. Superintendent
6. Board of Education

Mapleton High School Varsity Letter Requirements

Athletic Awards

The requirements for an athlete to receive any awards are:

- 1. He or she must be in good standing at the end of the season and present at the awards ceremony, or have a valid excuse for not attending*
- 2. Return all issued equipment and uniforms in clean and proper condition as stated by the coach.*

Cross Country Score as one of the top seven runners within the team in at least half of the varsity meets

Cheerleading Determined during tryouts as to which squad the individual is assigned , varsity or JV

Football A player must play in over ½ of the quarters in a season, this number is usually 21, however if a player is on track and gets injured & stays part of the team, at coach's discretion the athlete can be awarded a varsity letter.

Soccer 16 games in a season, there are a total of 32 halves. An athlete needs to play in at least 16 halves for a varsity letter, or under certain circumstances, if an athlete who lettered the previous year is injured and does not meet the 16 halves, it is at the coaches discretion to award a varsity letter.

Volleyball Student/athletes need to play in ½ of the total matches for the season, example: 22 games equal 66 matches, the student/athlete would need to have been in for 33 of those matches to earn a varsity letter, a student/athlete injured during the course of the season will be at the coaches discretion.

Golf Compete in half of the varsity matches scheduled, including invitationals and special tournaments

Boys/Girls Basketball Play in one-third (1/3 or 33.3%) of the total varsity quarters in which they are physically able to play. (Example: 25 total games/100 possible quarters-the player would need to play in at least 34 quarters to earn a letter.) Be a senior and have been part of the basketball program for four (4) yrs, not having earned a varsity letter prior.

Wrestling Place in a wrestling tournament and/or wrestle in 20 matches

Track and Field 25 points to earn your letter. 20 points if you are solely a shot put and discus athlete. Points can be earned through the following ways:

- Placing in a meet. The athlete will earn the same number of points scored for the place that they finish at any meet.
- Participation points. The athlete will earn one point towards their letter for each meet that they compete in.
- PR Points. The athlete will earn one point for improving on a performance during the course of the season.

Baseball/Softball The player must begin practicing with the team, a minimum of two weeks before the first contest, and continue through the entire season. (In the case of injury or participation in a prior sport, start time may be waived.)

- A player must compete in one-half the games played at the varsity level. Participation in a game consists of two complete innings. JV contests do not count towards a letter.
- A player that is a pitcher for the team may be eligible for a letter if he/she pitches in one fourth of the number of varsity games.

DRUG TESTING POLICY MAPLETON HIGH SCHOOL

The Mapleton Board of Education Drug Testing Policy was formed because of a concern that alcohol and illicit drugs may be used by Mapleton High School students. The Mapleton Board of Education desires to implement a policy which will attempt to provide this district with a safe and healthful student program. This policy reflects the Mapleton Board of Education and the community's strong commitment to establish a truly drug and alcohol free school program. Because of the pervasive nature of drug use in our local schools, Mapleton has selected student athletes, students who participate in extra-curricular activities, student drivers, and students who, along with consent from their parents, volunteer to be tested, for inclusion in the testing pool. This policy applies to all athletes, volunteers, drivers and extracurricular activities from grades 9-12.

PURPOSE OF THIS POLICY SHALL BE:

1. To provide a healthy and safe environment to all students participating in the athletic and extracurricular program.
2. To discourage all students from using drugs and alcohol.
 - a. Students will assume all responsibility for regulating their personal lives in ways that will result in their becoming healthful members of a team and worthy representatives of the school and community.
3. To provide students with the opportunity to become leaders in the student body for a drug free school.
4. To provide solutions for the student who does use drugs and alcohol.
5. To provide the school with positive guidelines and disciplinary policies for violations of the drug free policy.
6. To encourage those students who participate in athletic and extracurricular programs to remain drug free and alcohol free.

The program does not affect the current policies, practices, or rights of the District regarding student drug and/or alcohol possession or use, where reasonable suspicion is established by means other than drug testing through this policy. The drug testing policy is non-punitive.

Students involved in extra-curricular activities need to be exemplary in the eyes of the community and other students. The drug testing and education policy is designed to create a safe, drug free environment for students and assist them in getting help when needed. Although students risk the loss of continued participation in extra-curricular activities, no student shall be suspended or expelled from school as a result of any certified "positive" test conducted by his/her school under this program.

No student will be penalized academically for testing positive for banned substances. The results of drug tests will not be documented in any student's academic record.

Any student is grades nine (9) through twelve (12) and his/her parent(s) or legal guardian(s) must first sign a drug testing registration/consent form in order to be eligible to participate in any one (1) or combination of the following:

- A. drive a motorized vehicle to school
- B. driver education
- C. athletics
- D. extra-curricular activities other than athletics
- E. curriculum related activities

DEFINITIONS

1. STUDENT ATHLETE

Any person participating in the MAPLETON High School athletic program and/or contests under the control and jurisdiction of the MAPLETON Schools and/or the Ohio High School Athletic Association (OHSAA). This policy also includes cheerleaders and members of the Wrestling Spirit Club.

2. EXTRACURRICULAR

Any activity of a competitive nature that does not involve a grade.

3. ATHLETIC SEASON

In-season start dates will begin as published by the Ohio High School Athletic Association or sanctioning organization and continue until the completion of awards program for that sport for the MAPLETON Schools. There are three athletic seasons: Fall, Winter, Spring. Once entered, the student will participate in the drug testing program for 1 year from date of signing consent.

4. RANDOM SELECTION

A system of selecting athletes for drug and alcohol testing in which each athlete shall have a fair and equitable chance of being selected each time selections are required.

5. ILLEGAL/ILLCIT DRUGS

Any substance included in U.S.C. 802 (6), which an individual may not sell, offer to sell, possess, give, exchange, use, distribute, or purchase under State or Federal Law. This definition also includes all prescribed and over-the-counter drugs being used in any way other than for medical purposes in accordance with the directions for use provided for in the prescription or by the manufacturer. We may also test for Nicotine and Steroids.

6. ALCOHOL

Any intoxicating liquor, beer, wine, mixed beverage, or malt liquor beverage as defined in the Ohio Revised Code Section 4301.01. The term "alcoholic beverage" includes any liquid or substance, such as "near beer" which contains alcohol in any proportion or percentage. The term "alcoholic beverage" does not include a substance used for medical purposes in accordance with directions for use provided in a prescription or by the manufacturer and in accordance with school district policy and rules related to the use of prescription and non-prescription drugs, provided the substance is a) authorized by a medical prescription from a licensed physician and kept in the original container, which shall state the student's name and directions for use or b) an over-the-counter medicine.

TYPES OF TESTING

1. SEASON TESTING

At the beginning of each season (Fall, Winter, Spring), 25% of all eligible students will be randomly selected to submit a urine or saliva drug and alcohol testing sample. This testing will be completed within the first two weeks of each season on a specified date and time. The collection process will take place on school property or at a Board of Education approved testing facility. The Head Coach is responsible for ensuring that all student athletes and their parent/guardian/custodian properly sign the INFORMED CONSENT AGREEMENT prior to testing. Any student moving into the District shall be tested prior to the time he/she joins the team.

2. RANDOM TESTING

In-session random testing shall be done throughout the season. Each in-session test will pull up to 10-20% of the eligible students tested per random selection. A student may be tested more than once per season. In the event of a positive result, the specimen will be sent to a laboratory for confirmation of results and a certified Medical Review Officer will determine the results.

a. Random selection of student athletes:

The Athletic Director, under the Principal's supervision, will use a system to ensure that students are selected in a random fashion. This system may include computer generated random numbers or names or by pulling numbers from a pool of numbers equal to the number of eligible student athletes.

b. Scheduling of random testing:

Random testing will be unannounced. The day and date will be selected by the Athletic Director and confirmed with the building administrator. Random testing may be done at any time during the year.

3. DRUGS FOR WHICH ATHLETES MAY BE TESTED:

LSD, Alcohol, Marijuana, Amphetamines, Methadone, Anabolic Steroids, Methaqualone, Barbiturates, Nicotine (Tobacco), Benzodiazepines, Opiates, Cocaine, Propoxyphene (Darvon), or any substance included in U.S.C. 802 (6), which an individual may not sell, offer to sell, possess, give, exchange, use, distribute, or purchase under State or Federal Law. This definition also includes all prescribed and over-the-counter drugs being used in any way other than for medical purposes in accordance with the directions for use provided for in the prescription or by the manufacturer.

4. COLLECTION PROCESS (Urine Screens) Other testing types may apply.

The student will be notified to report to the collection site. A specimen from the student will be collected as follows and all students must follow this process:

All students must have a picture ID or be identified by the Athletic Director or Principal. No exceptions will be allowed.

Drug testing area must be secured during the testing.

Only lab technicians, designated school administrator and students will be witness to the test.

Privacy must be kept for all students.

The Athletic Director is responsible for ensuring that all of the forms are completed and signed by both parent/guardian/custodian and student. No student is to enter the collection site until forms, money and proper ID are completed.

When students arrive and cannot give a sample, they will need to start drinking water, pop or juice. After 36 oz. the human body will need to urinate.

No bags, backpacks, purses, cups, containers or drinks will be allowed to enter the collection area. All coats, vests, jackets, sweaters, hats, scarves or baggy clothing must be removed before entering the collection site. Only pants and t-shirts or dresses may be worn in the collection area. Any infringement of the rules will result in the student taking the test over.

Students processed by the lab technician who cannot produce a sample will be kept in a secured area to wait until they can test. If they leave this area they will not be allowed to test. They are not to have contact with anyone until after the sample is given.

Students will be asked to hold out their hands and a sanitizer will be put on their hands or will wash hands with water. The bathroom personnel will add a dye to the toilet.

Students will be asked to urinate directly into the collection cup given to them by the lab personnel. The lab technician will stand outside the stall and listen for normal sounds of urination.

Any and all adulterations of the specimen will be detected and considered the same as a test refusal or 1st time infraction. (The lab checks every sample for adulteration, such as additives you drink or add to urine to change the sample.)

Adulterations: We will treat adulterations and diluted samples as first time offenses. They are not called positives but have the same consequences. Any suspicion of tampering with the sample will be brought to the tester's attention. The sample will be screened or sent to the lab for immediate confirmation of tampering.

The sample must be taken in one attempt and be at least 30 ml in size. The student must hand the cup to the lab technician.

Students are not to flush the toilets or urinals. In the event that a student flushes the toilet he or she will be required to give a new sample immediately or the sample will be invalid.

With student watching, the lab technician will recap the sample and hand it to the student who must then return it to the intake technician. In the event that the student does not hand the cup directly to the intake technician, the sample is invalid and a new sample must be taken. If the student leaves the collection area or has contact with anyone, the sample will be invalid and the student will have to give another sample.

This collection procedure is subject to change because of procedural requirements by the testing agency. The School Board reserves the right to change the collection procedure to coincide with the testing guidelines set forth by the testing agency.

When using rapid screens, all non-negative screens will be sent out with a chain of custody to a certified laboratory for confirmation. A Certified Medical Review Officer will verify the positive test.

Any student that tests positive will have to be tested in each of the subsequent testing dates. Testing will be done by Great Lakes Biomedical only so long as this is the company the school selects.

5. RESULTS OF A POSITIVE TEST

Any positive urine drug test results will be made known to the building administrator, who in turn will notify the parents/guardians/custodians and student.

6. IF A POSITIVE TEST OCCURS:

The first violation

For the first positive result, the student athlete will be given the option of:

- A) The student will have to make an appointment with the appropriate counselor or agency as dictated by the administrative team. The parent/guardian/custodian is responsible for documentation that the athlete completed all recommendations of the administration and appropriate counseling agency/program requirements. The athlete will be denied participation

for a minimum of 20% of the season, if suspension results in student/athlete not meeting varsity letter criteria then varsity status will not be given. The parent/guardian/custodian and student will meet with the Athletic Director, the coach, and a building administrator to determine reinstatement. The student may be required, at parent/guardian/custodian expense, to submit to random testing for the remainder of the current athletic season. Non-athletic extra-curricular will result in a thirty (30) day non-participation suspension from related activities and forfeiture of awards for the school year if suspension involves missing a mandatory program or failure to complete appropriate counseling.

OR

- B) Denial of participation for the remainder of the current season and for that year.

The 2nd violation

The student is denied participation for a sixty (60) day period from the date of notification of the violation. Student will, at their cost, have bi-weekly drug testing from an administrative approved site. Non-athletic extra-curricular participants will automatically forfeit any program awards for current school year.

The 3rd violation

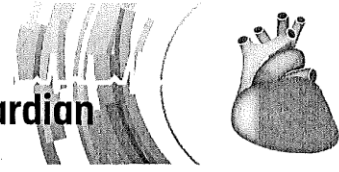
The student is permanently denied participation in athletics/ extra-curriculars while attending Mapleton High School. Non-athletic extra-curricular participants will not be permitted to participate in any activities or events outside of the regular school day.

Violations are accumulative throughout the student's secondary school career.

7. SELF REFERRALS

An athlete will have a one-time Self-referral during grades 9-10 & one-time Self-referral grades 11-12 for their high school careers. Any student moving into the district in 10th grade will follow the regular schedule of Self-referrals, any student moving into the district in 11th or 12th grade will only have one (1) Self-referral. Self-referrals can only happen before a test is taken. Counseling and additional testing are required and no other punitive action is taken.

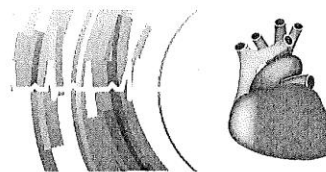
Sudden Cardiac Arrest and Lindsay's Law Information for the Youth Athlete and Parent/Guardian



- Lindsay's Law is about Sudden Cardiac Arrest (SCA) in youth athletes. This law went into effect in 2017. SCA is the leading cause of death in student athletes 19 years of age or younger. SCA occurs when the heart suddenly and unexpectedly stops beating. This cuts off blood flow to the brain and other vital organs. SCA is fatal if not treated immediately.
- "Youth" covered under Lindsay's Law are all athletes 19 years of age or younger that wish to practice for or compete in athletic activities organized by a school or youth sports organization.
- Lindsay's Law applies to all public and private schools and all youth sports organizations for athletes aged 19 years or younger whether or not they pay a fee to participate or are sponsored by a business or nonprofit. This includes:
 - 1) All athletic activities including interscholastic athletics, any athletic contest or competition sponsored by or associated with a school
 - 2) All cheerleading, club sports and school affiliated organizations including noncompetitive cheerleading
 - 3) All practices, interschool practices and scrimmages
- Any of these things may cause SCA:
 - 1) Structural heart disease. This may or may not be present from birth
 - 2) Electrical heart disease. This is a problem with the heart's electrical system that controls the heartbeat
 - 3) Situational causes. These may be people with completely normal hearts who are either are hit in the chest or develop a heart infection
- Warning signs in your family that you or your youth athlete may be at high risk of SCA:
 - o A blood relative who suddenly and unexpectedly dies before age 50
 - o Any of the following conditions: cardiomyopathy, long QT syndrome, Marfan syndrome, or other rhythm problems of the heart
- Warning signs of SCA. If any of these things happen with exercise, see your health care professional:
 - Chest pain/discomfort
 - Unexplained fainting/near fainting or dizziness
 - Unexplained tiredness, shortness of breath or difficulty breathing
 - Unusually fast or racing heart beats
- The youth athlete who faints or passes out before, during, or after an athletic activity **MUST** be removed from the activity. Before returning to the activity, the youth athlete must be seen by a health care professional and cleared in writing.
- If the youth athlete's biological parent, sibling or child has had a SCA, then the youth athlete must be removed from activity. Before returning to the activity, the youth athlete must be seen by a health care professional and cleared in writing.
- Any young athlete with any of these warning signs cannot participate in practices, interschool practices, scrimmages or competition until cleared by a health care professional.

- Other reasons to be seen by a healthcare professional would be a heart murmur, high blood pressure, or prior heart evaluation by a physician.
- Lindsay's Law lists the health care professionals who may evaluate and clear youth athletes. They are a physician (MD or DO), a certified nurse practitioner, a clinical nurse specialist or certified nurse midwife. For school athletes, a physician's assistant or licensed athletic trainer may also clear a student. That person may refer the youth and family to another health care provider for further evaluation. Clearance must be provided in writing to the school or sports official before the athlete can return to the activity.
- Despite everyone's best efforts, sometimes a young athlete will experience SCA. If you have had CPR training, you may know the term "Chain of Survival." The Chain of Survival helps anyone survive SCA.
- Using an Automated External Defibrillator (AED) can save the life of a child with SCA. Depending on where a young athlete is during an activity, there may or may not be an AED close by. Many, but not all, schools have AEDs. The AEDs may be near the athletic facilities, or they may be close to the school office. Look around at a sporting event to see if you see one. If you are involved in community sports, look around to see if there is an AED nearby.
- If you witness a person experiencing a SCA: First, remain calm. Follow the links in the **Chain of Survival**:
 - ❖ Link 1: Early recognition
 - Assess child for responsiveness. Does the child answer if you call his/her name?
 - If no, then attempt to assess pulse. If no pulse is felt or if you are unsure, call for help "someone dial 911"
 - ❖ Link 2: Early CPR
 - Begin CPR immediately
 - ❖ Link 3: Early defibrillation (which is the use of an AED)
 - If an AED is available, send someone to get it immediately. Turn it on, attach it to the child and follow the instructions
 - If an AED is not available, continue CPR until EMS arrives
 - ❖ Link 4: Early advanced life support and cardiovascular care
 - Continue CPR until EMS arrives
- Lindsay's Law requires both the youth athlete and parent/guardian to acknowledge receipt of information about Sudden Cardiac Arrest by signing a form.

Sudden Cardiac Arrest and Lindsay's Law Information for the Coach



- Lindsay's Law is about Sudden Cardiac Arrest (SCA) in youth athletes. This law went into effect in 2017. SCA is the leading cause of death in student athletes 19 years of age or younger. SCA occurs when the heart suddenly and unexpectedly stops beating. This cuts off blood flow to the brain and other vital organs. SCA is fatal if not treated immediately.
- "Youth" covered under Lindsay's Law are all athletes 19 years of age or younger that wish to practice for or compete in athletic activities organized by a school or youth sports organization.
- Lindsay's Law applies to all public and private schools and all youth sports organizations for athletes aged 19 years or younger whether or not they pay a fee to participate or are sponsored by a business or nonprofit. This includes:
 - 1) All athletic activities including interscholastic athletics, any athletic contest or competition sponsored by or associated with a school
 - 2) All cheerleading, club sports and school affiliated organizations including noncompetitive cheerleading
 - 3) All practices, interschool practices and scrimmages
- Coaches have specific responsibilities under Lindsay's Law:
 - 1) Annual completion of the required SCA training course approved by the Ohio Department of Health
 - 2) Preventing the following students from participating in athletic activities until the coach receives written clearance by a licensed health professional. This written clearance must be shared with any school or sports official:
 - a) A youth whose biological parent, sibling or child has previously experienced SCA
 - b) Any youth athlete that experiences syncope or fainting before, during or after a practice, scrimmage, or competitive play
- Any of these things may cause SCA:
 - 1) Structural heart disease. This may or may not be present from birth
 - 2) Electrical heart disease. This is a problem with the heart's electrical system that controls the heartbeat
 - 3) Situational causes. These may be people with completely normal hearts who are either are hit in the chest or develop a heart infection
- Warning signs in a youth athlete's family that indicate the youth athlete may be at high risk of SCA:
 - o A blood relative who suddenly and unexpectedly dies before age 50
 - o Any of the following conditions: cardiomyopathy, long QT syndrome, Marfan syndrome, or other rhythm problems of the heart
- Warning signs of SCA. If any of these things happen with exercise, the youth athlete should be seen by a health care professional:
 - o Chest pain/discomfort
 - o Unexplained fainting/near fainting or dizziness
 - o Unexplained tiredness, shortness of breath or difficulty breathing
 - o Unusually fast or racing heart beats

- The youth athlete who faints or passes out before, during, or after an athletic activity **MUST** be removed from the activity. Before returning to the activity, the youth athlete must be seen by a health care professional and cleared in writing.
- If the youth athlete's biological parent, sibling or child has had a SCA, then the youth athlete **MUST** be removed from activity. Before returning to the activity, the youth athlete must be seen by a health care professional and cleared in writing.
- Any young athlete with any of these warning signs cannot participate in practices, interschool practices, scrimmages or competition until cleared by a health care professional.
- Other reasons to be seen by a health care professional would be a heart murmur, high blood pressure, or prior heart evaluation by a physician.
- Lindsay's Law lists the health care professionals who may evaluate and clear youth athletes. They are a physician (MD or DO), a certified nurse practitioner, a clinical nurse specialist or certified nurse midwife. For school athletes, a physician's assistant or licensed athletic trainer may also clear a student. That person may refer the youth and family to another healthcare provider for further evaluation. Clearance must be provided in writing to the school or sports official before the athlete can return to the activity.
- Despite everyone's best efforts, sometimes a young athlete will experience SCA. If you have had CPR training, you may know the term "Chain of Survival." The Chain of Survival helps anyone survive SCA.
- Using an Automated External Defibrillator (AED) can save the life of a child with SCA. Depending on where a young athlete is during an activity, there may or may not be an AED close by. Many, but not all, schools have AEDs. The AED may be near the athletic facilities, or the AED may be close to the school office. Look around at a sporting event to see if you see one. If you are involved in community sports, look around to see if there is an AED nearby.
- If you witness a person experiencing a SCA: First, remain calm. Follow the links in the **Chain of Survival**:
 - ❖ Link 1: Early recognition
 - Assess child for responsiveness. Does the child answer if you call his/her name?
 - If no, then attempt to assess pulse. If no pulse is felt or if you are unsure, call for help "someone dial 911"
 - ❖ Link 2: Early CPR
 - Begin CPR immediately
 - ❖ Link 3: Early defibrillation (which is the use of an AED)
 - If an AED is available, send someone to get it immediately. Turn it on, attach it to the child and follow the instructions
 - If an AED is not available, continue CPR until EMS arrives
 - ❖ Link 4: Early advanced life support and cardiovascular care
 - Continue CPR until EMS arrives
- Lindsay's Law requires both the youth athlete and parent/guardian to acknowledge receipt of information about Sudden Cardiac Arrest by signing a form.

MAPLETON DRUG TESTING INFORMED CONSENT AGREEMENT

STUDENT NAME _____

GRADE _____

AS A STUDENT:

I understand and agree that participation in athletic activities is a privilege that may be withdrawn for violations of the Mapleton Drug Testing Policy.
I have read the Drug Testing Policy and thoroughly understand the consequences that I will face if I do not honor my commitment to the Drug Testing Policy.
I understand that when I participate in any covered program I will be subject to initial and random drug & alcohol testing, and if I refuse, I will not be allowed to practice or participate in any covered program activities. I have read the informed consent agreement and agree to its terms.
I understand this agreement is binding while I am a student in the MAPLETON system.

STUDENT SIGNATURE

DATE

AS A PARENT/GUARDIAN/CUSTODIAN:

I have read the Mapleton district drug testing policy and understand the responsibilities of my son/daughter/ward as a participant in athletic activities in the Mapleton district.
I pledge to promote healthy lifestyles for all student athletes in the Mapleton system.
I understand that my son/daughter/ward, when participating in any covered program, will be subject to initial and random urine drug and alcohol testing, and if he/she refuses, will not be allowed to practice or participate in any covered activities. I have read the informed Consent Agreement and agree to its terms.
I understand this agreement is binding while my son/daughter/ward is a participant in athletics in the Mapleton district.

PARENT/GUARDIAN/CUSTODIAN SIGNATURE

DATE

PARENT GUARDIAN/CUSTODIAN PRINTED NAME

WORK PHONE

INFORMED DRUG TESTING CONSENT AGREEMENT

We hereby consent to allow the student named on the reverse side to undergo drug testing for the presence of illicit drugs, alcohol, or banned substances in accordance with Policy and Procedures for Drug Testing of the Mapleton District.

We understand that testing will be administered in accordance with the guidelines of the Mapleton District Drug Testing Policy for student/athletes, students involved in extra-curriculars & students who drive to school.

We understand that any sample taken for drug testing will be tested only by a Board approved company.

We hereby give our consent to the company selected by the Mapleton Board of Education, its employees, or agents, together with any company, hospital, or laboratory designated to perform testing for the detection of drugs.

We further give our consent to the company selected by the Mapleton Board of Education, its employees, or agents, to release all results of these tests to designated School District employees or agents. We understand that these results will also be available to us upon request.

I, the student, hereby authorize the release of the results of such testing to my parent/guardian/custodian.

We hereby release the Mapleton Board of Education, its employees or agents from any legal responsibility or liability for the release of such information and records.

This will be deemed a consent pursuant to the Family Educational Rights and Privacy Act of 1974, 20 U.S.C. 1232g as amended, and the Ohio Revised Code 3319.321, for the release of the test results as authorized by the Informed Consent Agreement or as required by law.

STUDENT AND PARENTAL VERIFICATION FORM

ATHLETIC CODE OF CONDUCT

I have received, read and agree to adhere to the Mapleton Athletic Code of Conduct and the additional team guidelines given by the coach to all participants in the athletic program. I may or may not agree with these rules and regulations, but I agree to follow these guidelines as a member of an athletic squad.

Athlete's Printed Name: _____ Grade: _____

Student Signature _____ Date _____

Parent/Guardian Signature _____ Date _____

NOTE: This form must be signed and returned to the coach before any athlete is permitted to participate in conditioning, practice or game.

ACKNOWLEDGEMENT OF RISK

Risk in sports is a topic which has received great publicity recently. All human activities including sports, have a potential for causing injury to individuals. Sports injuries can range from simple cuts and bruises to serious conditions such as fractures and severe sprains possibly requiring surgery, to catastrophic occurrences which include blinding eye injuries, neck and back injuries with resulting paralysis, and although rare, death. Proper conditioning, correct techniques, training and well-fitted equipment can greatly reduce your child's risk of injury. The coaches in the Mapleton Schools will do our best to prevent, protect and treat injuries to your son or daughter.

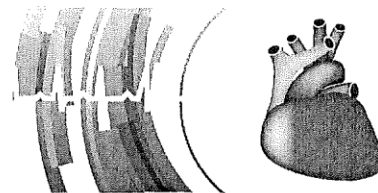
We acknowledge the fact that the risk of injuries detailed above is present in sports offered at Mapleton Schools. We grant our child permission to assume these risks while participating in these sports. We assume these risks with the understanding that Mapleton School Coaches will do everything in their power to reduce the injury potential to my/our child.

Student Signature _____ Date _____

Parent/Guardian Signature _____ Date _____

Sudden Cardiac Arrest and Lindsay's Law

Parent/Athlete Signature Form



What is Lindsay's Law? Lindsay's Law is about Sudden Cardiac Arrest (SCA) in youth athletes. It covers all athletes 19 years or younger who practice for or compete in athletic activities. Activities may be organized by a school or youth sports organization.

Which youth athletic activities are included in Lindsay's law?

- Athletics at all schools in Ohio (public and non-public)
- Any athletic contest or competition sponsored by or associated with a school
- All interscholastic athletics, including all practices, interschool practices and scrimmages
- All youth sports organizations
- All cheerleading and club sports, including noncompetitive cheerleading

What is SCA? SCA is when the heart stops beating suddenly and unexpectedly. This cuts off blood flow to the brain and other vital organs. People with SCA will die if not treated immediately. SCA can be caused by 1) a structural issue with the heart, OR 2) an heart electrical problem which controls the heartbeat, OR 3) a situation such as a person who is hit in the chest or a gets a heart infection.

What is a warning sign for SCA? If a family member died suddenly before age 50, or a family member has cardiomyopathy, long QT syndrome, Marfan syndrome or other rhythm problems of the heart.

What symptoms are a warning sign of SCA? A young athlete may have these things with exercise:

- Chest pain/discomfort
- Unexplained fainting/near fainting or dizziness
- Unexplained tiredness, shortness of breath or difficulty breathing
- Unusually fast or racing heart beats

What happens if an athlete experiences syncope or fainting before, during or after a practice, scrimmage, or competitive play? The coach **MUST** remove the youth athlete from activity immediately. The youth athlete **MUST** be seen and cleared by a health care provider before returning to activity. This written clearance must be shared with a school or sports official.

What happens if an athlete experiences any other warning signs of SCA? The youth athlete should be seen by a health care professional.

Who can evaluate and clear youth athletes? A physician (MD or DO), a certified nurse practitioner, a clinical nurse specialist, certified nurse midwife. For school athletes, a physician's assistant or licensed athletic trainer may also clear a student. That person may refer the youth to another health care provider for further evaluation.

What is needed for the youth athlete to return to the activity? There must be clearance from the health care provider in writing. This must be given to the coach and school or sports official before return to activity.

All youth athletes and their parents/guardians must review information about Sudden Cardiac Arrest, then sign and return this form.

Parent/Guardian Signature

Student Signature

Parent/Guardian Name (Print)

Student Name (Print)

Date

Date

MAPLETON LOCAL SCHOOLS EMERGENCY MEDICAL AUTHORIZATION FORM

Student Name: _____ Birth Date: _____ Grade: _____ Teacher (ES only): _____
Last First

Address: _____ City: _____ Zip Code: _____

Phone # for District Alerts: _____ Student's Cell Phone # (MS/HS only): _____

PARENT/GUARDIAN INFORMATION

Please indicate custodial parent by circling the option that applies: MOTHER FATHER BOTH OTHER

☐ Please check box if the following information contains a change in home address or phone number made in the last 6 months

MOTHER'S NAME: _____ **Daytime Phone:** _____ **Cell Phone:** _____

Address: _____ Email: _____

Place of Employment: _____ Military (please circle one): Active Duty Active National Guard N/A

Authorized to Pick Up Student (please circle one): Y N

FATHER'S NAME: _____ **Daytime Phone:** _____ **Cell Phone:** _____

Address: _____ Email: _____

Place of Employment: _____ Military (please circle one): Active Duty Active National Guard N/A

Authorized to Pick Up Student (please circle one): Y N

GUARDIAN'S NAME: _____ **Daytime Phone:** _____ **Cell Phone:** _____

Address: _____ Email: _____

Place of Employment: _____ Military (please circle one): Active Duty Active National Guard N/A

Authorized to Pick Up Student (please circle one): Y N

EMERGENCY CONTACTS

In case of emergency, illness or accident, the school is authorized to call as indicated, in the order listed below, if the above parent/guardian cannot be reached.

Call Order	Relationship	First and Last Name	Work Phone	Home Phone	Cell Phone	Authorized to Pick Up Student
1						Y N
2						Y N
3						Y N

Please indicate if your child has any of the following:

- 1) Allergies (please list): _____
- 2) Medications* (please list): _____
- 3) Inhalers* (please list): _____
- 4) Other medical concerns or conditions to which medical personnel should be alerted? _____

**Use and/or possession of any medications, whether prescribed or not, requires the appropriate documentation to be completed and on file with the school.*

Does your child currently wear:

	glasses	contacts
		hearing aids

Part I **OR** Part II **MUST BE COMPLETED**

PART I: TO GRANT CONSENT: I hereby give consent for the following medical care providers and local hospital to be called:

	Name	Office Phone	Address
Physician			
Dentist			
Medical Specialist			
Local Hospital			

In the event reasonable attempts to contact me have been unsuccessful, I hereby give my consent for: (1) the administration of any treatment deemed necessary by the appropriate medical professional; and (2) the transfer of the child to any hospital reasonably accessible. This authorization does not cover major surgery unless the medical opinions of two other licensed physicians or dentists, concurring in the necessity for such surgery, are obtained prior to the performance of such surgery.

Signature of Parent/Guardian for Grant to Consent

Date

PART II: REFUSAL TO CONSENT

I do **NOT** give consent for emergency medical treatment of my child. In the event of illness requiring emergency treatment, I wish the school authorities to take the following action:

Signature of Parent/Guardian for Grant to Consent

Date

☐ Check this box if you DO NOT want us to share pertinent medical information with staff involved with your child.

SECTION 3313.712, OHIO REVISED CODE
(Pursuant to Am.H.B.1175)

(A) Annually the board of education of each city, exempted village, local, and joint vocational school district shall, before the first day of October, provide to the parent of every pupil enrolled in schools under the board's jurisdiction, an emergency medical authorization form that is an identical copy of the form contained in division (B) of this section. Thereafter, the board shall, within thirty days after the entry of any pupil into a public school in this state for the first time, provide his parent, either as part of any registration form which is in use in the district, or as a separate form, an identical copy of the form contained in division (B) of this section.

When the form is returned to the school with Part I or Part II completed, the school shall keep the form on file, and shall send the form to any school of a city, exempted village, local, or joint vocational school district to which the pupil is transferred. Upon request of his parent, authorities of the school in which the pupil is enrolled may permit the parent to make changes in a previously filed form, or to file a new form.

If a parent does not wish to give such written permission, he shall indicate in the proper place on the form the procedure he wishes school authorities to follow in the event of a medical emergency involving his child.

Even if a parent gives written consent for emergency medical treatment, when a pupil becomes ill or is injured and requires emergency medical treatment while under school authority, or while engaged in an extra-curricular activity authorized by the appropriate school authorities, the authorities of his school shall make reasonable attempts to contact the parent before treatment is given. The school shall present the pupil's emergency medical authorization form or copy thereof to the hospital or practitioner rendering treatment.

Nothing in this section shall be construed to impose liability on any school official or school employee who, in good faith, attempts to comply with this section.

(B) The emergency medical authorization form provided for in division (A) of this section is as follows: (See information above).