

Suicide: How Postvention Becomes Prevention



Barbara Rubel

Suicide-loss Survivor, Author,
Trainer and Bereavement Specialist

November 5, 2018

6:30 pm

Southview High School Theatre

Free and open to the community

Sylvania Schools welcomes keynote speaker Barbara Rubel

- Author, *But I Didn't Say Goodbye: helping children and families after a suicide*.
- Highly regarded trainer on increasing self-awareness of skills and strengths that improve the ability to handle job burnout, secondary traumatic stress and vicarious trauma.

Join us as she shares a personal and powerful message about how POSTVENTION, what is done after a suicide, can PREVENT suicide.