

LWHS TIMES

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ONCE A MUSTANG, ALWAYS A MUSTANG

September 23, 2019

Varsity Boys Cross Country Wins Bennett County Invite

Nicollette Takes War Bonnett and Taylor Sierra

Sept. 12

The Mustang Varsity Cross Country Team placed first at the Bennett County Invitational. Shonna Hunter, Coach and High School Teacher, says, "The team with the lowest score wins the meet, but it depends on what the runners place in."

Taten Red Owl, Junior, has ran cross country for the past two years. He says, "I've improved a lot by believing in myself and putting the work in." Red Owl stayed in third place for a mile and then seized an opportunity to shoot ahead when he saw the hill. Red Owl ran to first place and did not look back.

Ralph Bear Killer came in second. Lucas Apple took third. Richie Pratt came in twelfth. Deryck Two Bulls came in fifteenth, followed by Alonzo Charging Crow in seventeenth.

Ms. Hunter has been coaching since 1985. She says, "This year's team is more experienced than last year's."



"We had the best runners and the best points," says Red Owl Ms. Hunter says, "The team's goal is to qualify for the team championship." Little Wound will be hosting the Lakota National Invitational (LNI) this year. Little Wound Cross Country will be having three upcoming meets this month.

Upcoming Events Hailey Kills Back

Sept. 23—Boys Golf BHC Conference @ Spearfish 10 a.m.
Volleyball @ Takini 4:30 p.m.
Sept. 24—Cross Country @ Hot Springs Invite 10 a.m.
Volleyball @ Oelrichs 4 p.m.

Sept. 26—ASVAB SEPT. 26 @ 9 A.M.
Sept. 26—Volleyball @ St. Francis 4:30 p.m.
Sept. 27—Cross Country Hart Ranch @ Rapid City 10 a.m.
Football vs. Red Cloud @ Sioux Park 11 a.m.
Sept. 28—Cross Country LNI @ Rapid City 10 a.m.

SEE REVERSE SIDE FOR MORE MUSTANG NEWS!

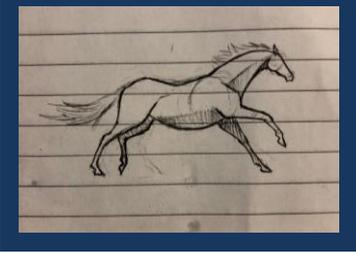
Poem of the Week, Counselor's Corner, Chrispiracy, Why Students Cannot Access Wifi, Volleyball, and Senior Spotlight!



Poem of the Week

Enola Running Hawk

Summer Evenings *Hanna Brunsch*



*I love summer evenings.
I love it when the air gets
warm as the sun inches
towards the horizon, with
colors that fill the sky.
I love the deep sea of golden
grass that waves with every
breeze.
I love my horse who prances
at the sight of open fields,*

*waiting to race her
shadow.
I love the trust I give her
with my life by simply
giving her the reins,
letting her go as fast as
she desires.*

Hanna Brunsch, Sophomore, got her inspiration from finding her happy place in nature and her love for horses.

Brunsch says, "Being by herself is peaceful."

Counselor's Corner

Antonio Rojas

Meet Counselor Rochelle "Shelly" Iron Crow! Ms. Iron Crow has a Dual Master's Degree in Human Services with an emphasis in Clinical Mental Health and School Counseling through Sinte Gleska University. She received a Bachelor's Degree in Human Services with an emphasis in Community Support Services and an AA degree in Chemical Dependency from Oglala Lakota College. She also graduated from Little Wound School in 1984. She is currently a Licensed Addiction Counselor and an Internationally Certified Alcohol and Drug Counselor. Ms. Iron Crow has been in the field of Substance Abuse and Mental Health for 27 years. Her passion is to educate people on Neurobiology of Trauma and teach people of all



ages to develop internal coping mechanism in response to psychological stress. She has been in recovery since 1992 from her own traumas and is passionate and understanding when people are experiencing their own unprocessed trauma. She has a belief that one can heal from adverse childhood experiences from a cultural perspective with a belief that all cultures can integrate cultural interventions to heal their spirit through identifying somatic cues in our body by utilizing mindfulness techniques.

Chrispiracy: Is the Earth Flat?

Chris Cuny

When asked, 24 percent of randomly selected Little Wound students believe the Earth is flat. But why? Time and time again, it's been proven that the Earth is in fact a sphere. The existence of this conspiracy theory was bothering me so I confided in the teachers of LWHS. Ms. Heather Hinkle, English Teacher, says "Yes, I believe the Earth could be flat." However, the keyword from Ms. Hinkle is "could." Ms. Hinkle continues to say, "People used to believe that cigarettes were healthy for you until 1953. 'Studies' were backing cigarette companies on the health benefits of smoking. Only to find out, it was a ploy to get people to smoke. Question everything." From this, Ms. Hinkle admitted that Earth is in fact a sphere, but is skeptical. Ms. Hinkle refers to Kyrie Irving, NBA basketball player and Duke graduate, who believes the Earth is flat because "he suspects the satellite photos of Earth showing Earth as a sphere are suspected to be fabrications of a 'Round Earth Conspiracy.'" If the Earth was flat, the satellites that took those images would not be able to stay in orbit. Ariel Lattanzi, Science Teacher, says that there is overwhelming evidence showing that the Earth is spherical. Ms. Lattanzi is offering to conduct experiments in science class just to prove it. Ms. Lattanzi wants to know "What are the motivations of the Flat Earth Society? What do they hope to gain by convincing people the Earth is flat, contrary to all evidence?"

Why students cannot access Wifi?

Antonio Rojas, Benjamin Mills, Deryck Two Bulls, and Martin One Horn

To gain access to the Internet all students under the age of 18 must obtain parental permission. The Little Wound Parent and E-Mail permission form states, "The use of the internet and electronic mail is a privilege and not a right and inappropriate use of this privilege will result in cancellation of these privileges." According to Damon Rooks, IT Specialist, if students were to access Wifi on their personal devices, "it would have to go to the School Board to have a guest WiFi that is monitored."

LWMS Volleyball

Mary Kate Martinez and Hailey Kills Back

Shay Janis, Middle School Volleyball Coach, has been coaching for three years at Little Wound. Janis fell in love with coaching because of the team bonding aspect. The team is there for one another. Janis is teaching the girls how to communicate with one another and is looking forward to good attitudes, encouragement from other girls, and having the girls enjoy their volleyball. Janis left us with an encouraging quote from Ray Lewis: "Whatever the majority of people were doing, I found myself doing the opposite. I wanted to chase something great."

Tough Loss for the Lady Mustangs

Laticia White Woman and Larae White Crane

Sept. 17. The Lady Mustangs travelled to Pine Ridge where the C-Team, JV, and Varsity came up short in all three sets. The Varsity had a tough competition against the Lady Thorpes. After the game, Macy Rouillard, Senior, commented, "I feel like we didn't know what to expect, but we tried our best. It was a home court advantage." Rouillard is excited for the upcoming games because her team is becoming stronger. Coach Kelsey Brave Eagle says, "They did everything they were supposed to, we just came up short." "We have to keep working hard, can't let one loss bring us down," says Coach Brave Eagle.

Senior Spotlight Angelina Rojas

Grace Eagle, Senior at Little Wound High School, says "being a senior is very overwhelming, because it is the jumpstart to your life after high school. After you become an adult you will start making a life for yourself." Her advice for her classmates would be to take your time, don't try to grow up fast and join everything you can, make lots of friends, and get to know your peers. Also, be sure to stay true to yourself, regardless of what's going on in your life, there is always going to be better days. After high school Eagle has two plans in the making. Her first idea would be to go to college and study tribal law. Her other plan is to either join the Navy or Airforce.