

LWHS TIMES

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ONCE A MUSTANG, ALWAYS A MUSTANG

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Are school dress codes fair?

Larae White Crane, Enola Running Hawk,
and Laticia White Woman

"Student dress should meet standards of health and safety, not be obscene or disrupt the educational process, nor wear clothing that promotes illegal substances or/and alcohol or gang activity or be of a revealing nature," Little Wound High School Student Dress Code Policy 4.34.

"The wearing of clothing that does not fit within the dress code guidelines," will be considered a dress code violation according to the Student Handbook.

The rules for dress code must meet the standards given by the administration. All students are expected to dress properly out of respect for themselves. Kira Barnett, National Education Association says, "Many school dress codes use gendered language, such as 'girls must not wear spaghetti straps or show cleavage.' The reasoning? These things are distracting to other students, particularly males." Some people believe that high schools with this policy makes most girls feel as if they cannot express themselves by choosing their wardrobe and that dress codes have a tendency to target females.

Student Handbook Policy 4.34:

Examples of inappropriate items or clothing are (but not limited to):

1. Sagging pants (pants worn below the waist)
2. Obscene/ Profane clothing (pictures, emblems, words)
3. Drug, alcohol or tobacco-related items on clothing
4. Very short skirts/shorts (hem must be 2 inches below fingertips when arms held parallel to the body.)
5. Translucent clothing
6. Tight clothing, or clothing that reveals your underwear.
7. Underwear (worn as outerwear)
8. Shirts that do not meet or fall below the waistband of your pants
9. Halter tops, midriff tops, spaghetti straps or otherwise revealing clothing
10. The exhibition of gang related clothing including gloves, scarves, colors, bandanas, headbands, caps, hoods, head wraps, etc. will not be tolerated.
11. No heavy chains or chain style belts will be allowed.
12. Coats and jackets meant for outerwear.
13. No oversized coats that could cause a security problem. (Hooded sweatshirts may be worn as a second layer when the temperature is cold. Hooded sweatshirts must be clean and appropriated sized.)
14. If a student comes to school with visible hickeys they must cover them up or they may be excluded from the classroom and sent to ISS.

For example, inappropriate clothing item number four says, "Very short skirts/shorts (hem must be 2 inches below fingertips when arms held parallel to the body)." Every person is different. Some females may have longer arms than others, making this policy ignorant to individual body type. Inappropriate clothing item number six prohibits tight clothing or clothing that reveals underwear. Number nine forbids halter tops, midriff tops, spaghetti straps or other revealing clothing. Females are policed for wearing tight clothes or showing bra straps, while boys who show their boxers certainly are not sexualized or condemned which is against inappropriate clothing item number one. Boys do not tend to wear clothes that are sexualized. When there is a problem with boys clothing, it is more likely to be clothing that is profane or gang related.



See page 3 for more on student dress code!

SEE REVERSE SIDE FOR MORE MUSTANG NEWS!

Handgames, Counselor's Corner, Movie Making, Movie Review, Chrispiracy, and Art Contests!



Handgame team wins Teca Wacipi Tournament

Hailey Kills Back



The Handgames team went to Crazy Horse and competed at the Teca Wacipi Tournament. To qualify, the team had to have knowledge of the game, know the songs, and the history. Handgames is a guessing game in which you guess which hand the bones are in. John "Chepa" Little Sky, Special Education Student Assistant, has coached handgames for 13 years. He says his goal is to practice Wolakota, good sportsmanship, and to become a family with the team.

Jaelyn McBride, Junior, has been playing handgames since 8th grade. She says, "It's a good feeling to know we overcame the other teams." Elizabeth Iron Horn, Junior, says, "It was really fun and tiring. It was nerve-racking." Iron Horn has been playing since 7th grade and is a fancy dancer for the team. Iron Horn continues to say, "Winning was a very big expectation and it was more of an experience than just winning." Handgames is a traditional activity in which our students enjoy. "We practice our techniques, we practice the Lakota values," Iron Horn says.

Counselor's Corner

Angelina Rojas

We have all dealt with anxiety or stress in our lives, at least once.

We all have our own ways to handle these situations that have caused us to feel stressed out or anxious.

In some cases, we may not know how to deal with it and end up ignoring our emotions.

This is something Counselor's Corner wants to provide guidance for our students and faculty to learn about good coping mechanisms.

Here are some positive coping mechanisms:

- Exercise and eat regularly
- Avoid excess caffeine
- Learn relaxation exercises
- Decrease negative self talk
- Take a break from stressful situations
- Talk to friends that you trust to help you cope in a positive way



Tiryli Apple aspires to make an original film

Nicollette Takes War Bonnett and Taylor Sierra

Tiryli Apple, Junior, is in the process of making a movie. Apple is currently undecided on what his movie title will be. He says the movie is going to be about "a friend who is jealous of the other friend because he was hanging out with someone else." The film will be categorized as a short comedy drama. He will be making the movie with a camera he will borrow from Journalism class. This is his first time making a film. Apple explains, "When this film is made, it'll feel like I've achieved something." After watching his favorite movie, *The Real Thing*, he was inspired to make a film of his own. *The Real Thing* is about a father who comes back from the military and finds out that his son is transgender. Apple says, "I like the film because of how interesting the story is and that the genre is a war drama like film." Apple is currently in the process of writing the script before the production. However, he will not be appearing in the film. He plans to be the director. The film will be 13 minutes long and if the film is a success, he will make a longer film, up to an hour and thirty minutes.

Insidious Movie

Review Cheyenne Whiting, Tyrell Whiting, and Jodey Bear Killer

In the movie, *Insidious*, there is a family that moves into a house. The family puts a baby monitor up so that they could check on their baby sleeping. Suddenly, voices start coming from the monitor. One morning, the mom told the dad to go wake up their son, but he wouldn't wake, resulting in a doctor's visit. Back home, they were under the impression that their son was in a coma. Upon hearing voices again on the baby monitor coming from the baby's room. Thus, several paranormal events unravel. Overall, this movie is an 8 out of 10 for the suspense and plot.

Chrispiracy: Why is Chris Cuny obsessed with Dan Snethen?

Enola Running Hawk

In the past few weeks, Chrispiracy has been questioning our science teacher, Mr. Daniel Snethen. This week, we question why our Chrispiracy reporter is so obsessed with Mr. Snethen. Christopher Cuny, Senior, finds Mr. Snethen to be a very interesting man. Cuny says, "Dan's thinking process is intriguing because Dan doesn't think or have the same point of view as everyone else." Mr. Cuny wants to know, "Why does Dan stay around the reservation and what made him be here for 25 years? Also Dan is a 'thicc' man." But, what does Mr. Snethen think about all this?

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Chrispiracy Continued:

Mr. Snethen says that Cuny absolutely has an obsession with him. "He calls me every night after midnight and he might have a shrine of me," Mr. Snethen says. Mr. Snethen noted that Cuny has renamed Christmas "Snethenmas." Ultimately, Snethen thinks that Cuny's obsession is hilarious and creative. "He is just in love with Santa Clause and deep down, I think he wants to be an elf," Mr. Snethen says.

What does the buffalo mean to you?

Antonio Rojas

This year's art and essay contest, sponsored by the Intertribal Buffalo Council, the questions posed is, "What does the return of the buffalo mean to you?" Art and essay submissions will be reviewed by the Council. Deandra Mills, Senior, submitted her work. She says, "They are important to me because through the buffalo we have our way of life, culture, and our traditions. Without them, we wouldn't have our way of life." Hanna Brunsch, Sophomore, also entered the contest. She says, "The return of the buffalo means they are home, where they belong." We can all rest peacefully knowing that our relatives are returning.

More on bullying

Mary Kate Martinez and Hailey Kills Back

Last week we talked about bullying at Little Wound School. This week, we will be talking about staff and how they deal with the bullying.

Nearly 53 percent of students stated that they have been bullied. Sixty-one percent of teachers say if they saw acts of bullying they would report it. Seventy-one percent of staff believes that the school enforces its bullying policy only sometimes.

Sharei Ricketts, Principal of Little Wound High School, says, "Students need to understand the difference between bullying and conflicts." The goal of bullying is to hurt, harm, or humiliate. A conflict is a disagreement or argument or in which both sides express their views, according to the National Bullying Prevention Center. Mrs. Ricketts continues to say that the majority of the issues start from

outside of the school. The conflicts have been brought into the school because of social media, such as Snapchat and Facebook.

Little Wound staff are calling for more education and awareness on bullying.

Richard Iron Cloud, Dean of Students, says, "At least 15 students report bullying every quarter." He mentions that Little Wound does have reliable resources and are introduced when they are needed. Little Wound High School has two sources of counseling services, the Project AWARE program, and three therapists. Additionally, conflict resolution, mediation, signing of the Wolakota agreement, in some cases, behavior contracts, and parent/student meetings are used to resolve any bullying issue that arises.

Student Dress Code Continued...

The dress code policy was originally posted in all the restrooms of the school. However, for an unknown reason, it is now only in the girls' restroom.

Shauna Pomerantz of Brock University says, "dress coding" students for being distracting is a form of victim-blaming. It's saying "the male response is your fault. Your body is causing negativity," says Pomerantz. "Sexist rules set a precedent for men," she adds. It is offensive to men. It suggests they don't have the ability to talk to a female student without going wild.

Students and school staff who have been "dressed coded" expressed opinions based on how they feel regarding the dress code policy. There is input from both genders.

Shantasia Young Bull Bear, Senior, says, "I felt embarrassed when they told me I got dress coded." Young Bull Bear felt as if it was unfair because similar outfits were worn by other females that were not considered a dress code violation.

Taelin Clifford, Senior, says, "Boys don't really wear clothes that show a lot of skin like girls do." Clifford believes that because girls have "more body" that interests people, it can be distracting to their peers. However, Young Bull Bear believes, "Boys should get dressed coded for wearing 'cut shirts'". Some boys have "more body" than some of the girls and it really shows when they wear that type of shirt, Young Bull Bear continued to explain.

According to Education Find Law, "The first school dress code law was established in 1969 by the U.S. Supreme Court." High school students wore black armbands to school as a planned protest against the Vietnam War. Because of this protest, a dress code policy was enforced. A group of students who simply wanted to have a voice in a situation got shut down because of authority figure's concerns and differing beliefs. This seems to say that

students cannot have autonomy over their wardrobe because it may empower them to speak their truth.

From a teacher's point of view, Ms. Ariel Lattanzi, Science Teacher, says, "Dress code is a way to police women's bodies. It's like

women's bodies are sexualized at a young age."

"We shouldn't be teaching young women to cover up, we should be teaching young men to control themselves," Lattanzi continues.

Lattanzi also noted on how she has seen multiple boys wear clothing that is against the dress code, but they did not get dress coded.



Boys will be boys is a saying that ages back as far as the 1500s. It originally meant "Children (boys) are Children (boys) and do childish things". But it became such a bigger deal. Instead of it being pointed towards young boys, it somehow grouped teenage and

adult men into the saying. When people hear that saying, it means that you should not be surprised when you see young men act out in a childish or inappropriate manner. Ms. Marla Herman, English Teacher, says, "Boys will be boys is an excuse or dismissal for not taking responsibility for boy's actions. Like, it's okay they are boys, they can do whatever they want." Because "boys will be boys" is a popularly used slang, it is as if boys are excused for being inappropriate while girls are being held to a higher standard.

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Trevin Vasquez, Sophomore, says, "That (boys will be boys) does not apply to all of us, we are not the same." Vasquez

"(Boys will be boys) does not apply to all of us, we

does not want to be coupled into a category that insinuates all boys are inherently the same. Alonzo Lamont, Sophomore, believes 'boys will be boys' simply means "that boys make mistakes and learn from them." While being dress coded a student was told that she was "showing her goodies", which confused her

because she would never think of her body in that way.

Kaylyn Davis, Senior, who was also dress coded, says, "I felt like it was unfair because all these others girls walked around like that and I got dress coded because I'm too curvy compared to other girls. It's discriminatory against females."

"People always have something to say about women. The staff comes from a different era so it's understandable. They grew up in a more modest age," Davis says. Melvin Young Bear, Lakota History Teacher, says, "I think the dress code should be like uniforms. Schools in Sioux Falls are all required to wear uniforms." Mr. Young Bear urges students to dress in a way that "should represent and show Mustang pride."

"Let girls be girls."

Hilary Clinton says, "embrace whatever it might be that makes them girls in a way that will sustain rather than constrain them."

Students are urging for updated dress code for this new generation.

Let Girls Be Girls