

# LWHS TIMES

Editor: Antonio Rojas and Angelina Rojas

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ONCE A MUSTANG, ALWAYS A MUSTANG

November 25, 2019

## Cross Country Runners State Bound

Laticia White Woman and Larae White Crane

Oct. 17.

Little Wound High School Cross Country team ran the Regionals at Pine Ridge to see who would qualify for state.

Out of all the runners, only two qualified to run at state: Taken Red Owl, and Kobe Gay. Both have a strong passion for the sport.

In order to qualify for State, you have to place in the top twenty at Regionals. Red Owl placed 10<sup>th</sup> and Gay took 19<sup>th</sup>. Red Owl, Junior, says, "It took a good mindset and preparation to earn spot at state." Competing at state was a new experience for Red Owl and he was proud of his accomplishment. Gay, Junior, says, "Making it to state is a new feeling for me. It felt different than when I made it (to state) for track."

"It took heart and dedication to get through the race," Gay describes his region experience.

Shonna Hunter, Coach and High School Teacher, says, "I felt proud of my two boys and I felt disappointed because I wanted my whole team to make it. I really thought they could make it."



Ms. Hunter focused on the mentally of the two runners more than the physical. She had to get them in a good, confident mindset.

Gay participated in football and cross country. He had to juggle both practices.

"I know his ability. He is a good runner, but he wanted to try football this year, so I let him try to both," Hunter says. "Even though he didn't run all the meets, he still made it to state."

On the other hand, Red Owl ran the entire year. He started with a hurt knee, but he worked hard and made it.

Overall, Ms. Hunter is very proud of her two runners!

### Upcoming Events:

Nov. 26: Oral Interp Regions V Class A @ Rapid City  
Community Thanksgiving Meal @ 11 a.m.

### Hailey Kills Back

Nov. 28: HAPPY THANKSGIVING DAY!!

Be sure to check out page 3 for information on the school to prison pipeline, Oral Interp, and Teacher of the week!

### SEE REVERSE SIDE FOR MORE MUSTANG NEWS!

Football, Counselor's Corner, Football Players, Poem of the Week, Ask Angie, and How do schools operate?



## Football players visit Senior Citizen Center

Hailey Kills Back



Nov. 13 Members of the Little Wound High School football team went to the Senior Citizen to serve food. The members were: Acacia Witt, Mason No Neck, Marty One Horn, Deryck Two Bulls, Terry Middletent, Emilio Cespedes, and head coach, James Pratt.

As they entered the Senior Center, No Neck carried in the Wojapi, while the rest of team brought chicken noodle soup, skillet bread, and cake.

The team quickly made their way to the kitchen where they started cutting the cake and Witt stirred the soup.

The cooks welcomed the football team by shaking their hands and giving out hugs.

After they got the plates set up, the football players started passing out the courses to the Seniors.

James Pratt, Football Coach, says, "As a coach you want to teach them more than football. You want to teach them values and connect them with the elderly."

All the players wished that they could do more for the community.



## Counselor's Corner

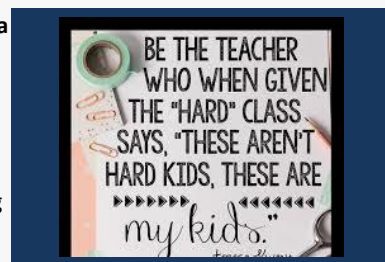
Angelina Rojas

### Attention Teachers: How to create a good relationship with your students

First, you want to have a friendly classroom environment so that your students can feel welcomed. During class you can share personal information about yourself and why you became a teacher. This will help your students connect with you and encourage them to share about themselves.

Another great tip to know is to gather information about your students such as their hobbies, activities, or clubs they are in or even interests. This information will help you interact with your students and be more approachable.

Not only do you want to have a good



relationship with your students, but also you want them to learn. By incorporating humour into your lessons this will provide comfort in learning and students will be able to contribute to the lessons. Every teacher and classroom is different, but the mission to provide an education will always be the same, by following these tips it can make it easier to connect with your students.

## LWHS Football makes it to State Semi-Finals

Nicollette Takes War Bonnett and Taylor Sierra

On Nov. 1<sup>st</sup>, the Little Wound Mustang football team went up against Tiospa Zina in the second round. Our Mustangs won 48-12 and prepared for the championship game. It was a tough loss for the Mustangs against Crow Crew in the semi-final game on Nov. 8<sup>th</sup>. The score was 54-0. Most of the football players felt disappointed and sad. James Pratt, Coach and Special Education Teacher, says he felt pretty good and proud because of how hard they played. Running back Martin One Horn, Sophomore, says, "It felt challenging and I personally could have done better." Quarterback, Trevin Vasques, Sophomore, says, "I felt bad that it didn't go well." Mr. Pratt is optimistic though. The team still made it to the championship game and that is an accomplishment. "I know the boys tried their best and put so much effort in it. They did a good job plus they never gave up," Pratt says.

### Poem of the Week

Enola Running Hawk

#### Listen

Latiesha Winters

*Music is around us  
it's in nature is always around us  
to kids tapping  
to the sound coming from your  
earbuds  
it doesn't matter what music  
you like because we're all  
connected by sound*

Ms. Latiesha Winters loves the topic of music and that's where she found her inspiration. When she looks at others, she sees the peace that people find with their love of music.

### Ask Angie: How to cure a sore throat?

Angelina Rojas

So you have a sore throat and you want to know the tricks and tips to recovery. First, you can try drinking teas. Honey tea has antibacterial properties that can be used as antibiotic which can be helpful to your immune system.

Ginger root tea is mainly known for it's use as spice in traditional medicine. It's anti-inflammatory properties can be very beneficial to the throat.

Peppermint and chamomile tea are both good home remedies.

### Ask Angie Continued:

Peppermint tea has anti-inflammatory properties which soothe. Though it will leave a slight numbness, but will relieve the pain.

Chamomile tea has been used for ages and comes from the daisy-like family. These flowers are dried and then infused into hot water. Not only do they help with sore throats, they also help lower the risk of heart disease, cancer, digestion, and they help you sleep.

I hope this was very helpful and can prepare us for the upcoming cold season.

### How does a school operate?

Antonio Rojas and Martin One Horn

In this seemingly perfect school, one has to wonder how it operates. Not only does it provide an education for youth, but it is also a safe haven. Our faculty makes sure our students feel welcomed and safe. They provide fulfilling meals as well as fast and efficient educational services for our online program. Because of this we have to recognize our custodians, security, kitchen staff, and IT. When interviewing Little Wound Faculty an astounding number stated that they would recommend the job to their friends or family. It provides a welcoming work environment and a loving community that you know will have your back. So at the end of the day they do a good job at keeping the school well maintained.

# School to Prison Pipeline: What is it?

## Larae White Crane

The school to prison pipeline is a national criminalization pipeline where children are funneled out of public schools and into the juvenile and criminal justice system. In other words, it is a process of criminalizing youth that puts students into contact with law enforcements, through the use court referrals, as a means fo disciplining kids in school. This is more apparent with Native American, African American, Hawaii Native, and Hispanic students. Specifically, Native American students are 3.5 times more likely to to get suspended or expelled than non-native students.

Many of those children have inherited generational trauma. (Cultures that have been lost and those individuals who lost their cultural identities.)

Incarcerated Indian youth are much more likely to be subjected to the harshest punishment.

Instead of working to heal these children when they act out, they lock them up, and consequently destroying their self-esteem.

Instead of training them how to love, they train them to hate themselves. They deal with them through an unjust court system, rather than through the tribe or community. Therefore, stereotypes are created in regards to students of color.

In a way, it's just another pipeline crossing through Indian Country that threatens our resources.

"It doesn't carry oil or gas, it carries Native people that have irreparable damage in a world where it is one of the nation's growing industries: the adult prison system."

Source: Indian Country Today

## Teacher Poem of the Week

Christopher Cuny

### NEAL by Daniel G. Snethen

*I've met a few men  
in my fifty-four years  
of living, but not many.*

*One of them was named Neal.*

*He wasn't the biggest man  
or the fastest man on Earth,  
but he had the biggest heart  
of any man I ever met.  
Didn't matter if you were  
a homeless kitter  
or a wormy dog  
or a down and out person  
In Neal's massive heart  
there was a place for you.*

*Neal was a 19th centry cowboy  
living in the 21st centry.  
He carried a knife big enough*

*to make Dundee smile  
and had a quick draw  
that would make Arness sweat.*

*In Wyoming he wrangled a ranch  
that did everything with horses.  
Rode line-fence from dawn to dusk.  
Even the haying was done with  
horses.*

*My sister, twice divorced,  
his best friend, confidant and wife...  
hit a grand-slam homerun  
with that cowboy of a man.*

*Yes, I've a few men  
in my fifty-four years of living.  
But none, quite like Neal*

*Yes, Neal, was most definitely a  
man.*

This poem was written with love and gratitude by the science teacher himself, Dan Snethen. Mr. Snethen says, "You meet a lot of people in your life some leave a big impact, but I believe Neal transcended all of that."

After reading the poem, I think Mr. Snethen took a lot from Neal. The poem speaks volumes about how much one person's kindness and selflessness can have a huge impact on your life. Maybe people should be more like this instead of going against each other. So word of advice: try being selfless and more like Neal.

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## Oral Interpretation Blast

By Mary Kate Martinez

Oral interpretation is an activity where students perform dramatic readings of poems and other works of literature.

Daniel Snethen, Oral Interpretation coach, says his current team is very inexperienced, but they know not to be scared of the other competitors. He has always expected them to do their best in each meet, and hopes they advance to state this season.

We asked Mr. Snethen if his team has improved since the beginning of the season. He says, absolutely, with no hesitation.

Although Snethen states that his team may not be ready for Regionals, but the only way to make them ready is to have our extravaganza, which took place on Nov. 21. Team members can challenge those selected for Region who think they can perform better and advance to state on Monday, Nov. 25. Mr. Snethen does expect several categories to advance to state.

Mr. Snethen describes his team as, "Heyoka's on Steroids" and his encouraging word to the team for regions is "Kill, Smash, Kill, Win, Kill."

Please enjoy a comic strip from Taylor Sierra!



## Do crocodiles make good pets? Cheyenne Whiting

Crocodile, crocodile, lorder crocodylia, crocodylia, whichever of the 23 species you would want as a pet, are generally large, ponderous amphibious animals of lizard like appearance. Crocodiles have powerful jaws with many teeth and are equipped with short legs and clawed webbed toes.

Currently, there are two species of crocodiles that could be kept as a pet: regular crocodiles and freshwater crocodiles. Both need similar environments to live in. In order to keep a crocodile as a pet, you must obtain a permit. So if you're going to get a crocodile, make sure you live near a pond or a lake and keep it legally with a permit.

Crocodile's diet mainly consists of fish. Generally, they will eat anything they can overpower which includes: turtles, snakes, birds, and livestock. So you better be an expert fisherman to feed this massive animal or expect your cows to be eaten.