

*Do you ever feel like you have one nerve left... and your child is on it?!*

*Have the daily battles and conflict struggles increased in your home?*

*Are you baffled by what motivates your child to do the things he/she does?*

*Would you like to gain confidence and enhance your skills as a parent?*



Then this workshop series is for you!

**Edison Elementary School  
is proud to offer**

**Systematic Training for Effective Parenting of Elementary Students**  
a FREE 7-week workshop series

Tuesdays from 6-7:30 pm  
Edison Elementary School Library

Session 1: Understanding Yourself and Your Child	Nov. 27
Session 2: Understanding Beliefs and Feelings	Dec. 4
Session 3: Encouraging Your Child and Yourself	Dec. 11
Session 4: Listening and Talking to Your Child	Dec. 18
Session 5: Helping Children Cooperate	Jan. 8
Session 6: Discipline That Makes Sense	Jan. 15
Session 7: Choosing Your Approach	Jan. 22

\*Parents must be available to attend all 7 sessions of the program.

RSVP by completing and returning the below registration form. Space is limited.  
Limited childcare will be available, so please indicate whether you will need childcare.

\*This program is being funded in part through a grant from the Mylander Foundation and child care is being provided by the Edison High School Teen Leadership Corp.

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Parent Name(s): \_\_\_\_\_

Child(ren)'s Name(s) and Ages: \_\_\_\_\_

Will you require childcare?    Yes    No

Best Phone: \_\_\_\_\_    May we text you at this number?    Yes    No  
*\*We will be creating a text reminder for this class*

E-Mail Address: \_\_\_\_\_