

# WHAT'S HAPPENING?!

## *Focus On Renewal's*

(Y)OUR FAMILY SUPPORT CENTER'S NEWSLETTER



### POSITIVE PARENTING PROGRAM



#### OUR TEAM:

**ADRIENNE ROBERTS**  
PROGRAM DIRECTOR



**CHRISSIE BUPP**  
FAMILY ENGAGEMENT SPECIALIST



**ALEXIS ZAK**  
FAMILY DEVELOPMENT SPECIALIST  
HOME VISITOR



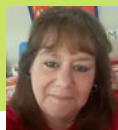
**BRIDGET TRUSS**  
FAMILY DEVELOPMENT SPECIALIST  
KINDERGARTEN READINESS



**RYAN WESTWOOD**  
PROGRAM ASSISTANT



**KELLY CINKAN**  
CENTER AIDE



### POSITIVE PARENTING PROGRAM: WHO WE ARE & WHY WE'RE HERE

### PROVIDING FAMILY SUPPORT THROUGH:

Field Trips

Family Fun  
Nights

Parent Groups

HOME VISITS

KINDERGARTEN  
READINESS (PRE-K)

& More!

Contact Chrissie for more information, and to enroll in our Positive Parenting Program, today!

412-331-1685 x115



## COME AND JOIN US!

### COFFEE CONVERSATIONS: WEEKLY, PARENT & FAMILY GROUP

*Organized by parents for parents, parent-driven, and parent-led*, our weekly sessions are designed to provide opportunities for families to: socialize with other parents and family members, discuss topics that affect all families, practice *Positive Parenting Skills*, explore different points of view within a safe space, bring in guest speakers on topics of their choosing, and develop healthy habits and increase self-care.

Group activities have included: scrap-booking, bingo, D.I.Y. spa day, various arts & crafts, tie-dye shirts, viewing & discussion groups, and always more to happen! Guest speakers have included: financial workshops, healthy parenting program, cooking classes, employment workshops, and various, local, community partners.

### HOME VISITS: CALL TO ENROLL AND MAKE AN APPOINTMENT!

*Bringing the Parents As Teachers (PAT) and Nurturing Parenting Program (NPP) models to you, for your and your child(ren)'s benefit* is our goal with our Home Visit program. Employing the curriculum of both the PAT and NPP models, our home visitor is best able to provide evidence-based, family support through proven assessments and educational tools. This program allows for focused and attentive learning and growth between you and your child(ren). Initially facilitated by our home visitor, each monthly (at the minimum) visit is designed to further the idea that parents are the first and most influential teachers of a child. The curricula provide the information, support, and encouragement parents need to help their child(ren) develop optimally during the crucial, early years of life.

### KINDERGARTEN READINESS (PRE-K): LIMITED SPACE AVAILABLE

*We offer morning or afternoon preschool class, based out of two sites located in our community, Mondays through Thursdays.* Our Kindergarten Readiness program focuses on nurturing and growing cognitive, fine-motor, and socialization skills, as well as literacy, through a variety of activities, including free-play, circle-time, table-work, and more! Various field trips occur throughout the year, as well, to enhance parent-child interactions and playtime!

Our morning class is from 9:00am to 12:00pm at the Meyers Ridge Community Center, located at 901 Gray Street, McKees Rocks, PA 15136.

Our afternoon class is from 12:45pm to 3:45pm at the Hays Manor Community Center, located at 205 Locust Street, McKees Rocks, PA 15136

Space is limited, so please contact Ms. Chrissie for more information and to enroll your child(ren), today... call 412.331.1685 x115, or email [cbupp@forstorox.org](mailto:cbupp@forstorox.org).

**Wednesdays  
1:00 to 3:00pm**

@

**Focus On Renewal  
420 Chartiers Avenue**

**FREE FOOD & CHILDCARE**

**CONTACT CHRISSIE TO  
REGISTER:**

**412.331.1685 X115**

**CBUPP@FORSTOROX.ORG**

### Home Visiting Models:

**Parents As Teachers  
(PAT)**

&

**Nurturing Parenting  
Program (NPP)**

**MONDAYS THROUGH  
THURSDAYS**

**Meyers Ridge  
Community Center**

**9:00 AM TO 12:00 PM**

**or**

**Hays Manor  
Community Center**

**12:45 PM TO 3:45PM**





## (Y)OUR CENTER CALENDAR

SEE WHAT'S HAPPENING HERE WEEKLY!

### Drop-In Hours

FOCUS ON RENEWAL  
2ND FLOOR  
420 CHARTIERS AVENUE

MONDAYS & FRIDAYS  
10:00AM - 4:00PM

TUESDAYS - THURSDAYS  
10:00AM - 6:00PM

DROP IN TO SAY HELLO, GET  
SOME ALONE TIME, WORK ON A  
PROJECT, UTILIZE OUR  
COMPUTERS, OR SIMPLY JUST  
TO HANG OUT!

WE HAVE A WONDERFUL PLAY  
SPACE, SO CHILDREN ARE  
WELCOME TO JOIN AND ENJOY  
THEMSELVES, TOO!

BE SURE TO CALL AHEAD, JUST  
TO BE SURE WE'LL BE HERE!  
HOURS MAY VARY DUE TO  
STAFFING AND EVENTS.

412.331.1685 X115 OR X244

MONDAYS - THURSDAYS:  
9:00AM - 12:00PM

KINDERGARTEN  
READINESS (PRE-K)  
PROGRAM

MEYERS RIDGE  
COMMUNITY CENTER  
1ST FLOOR @ 901 GRAY  
STREET

MONDAYS - THURSDAYS:  
12:45PM - 3:45PM

KINDERGARTEN  
READINESS (PRE-K)  
PROGRAM

HAYS MANOR COMMUNITY  
CENTER  
205 LOCUST STREET

WEDNESDAYS: 1:00PM - 3:00PM

COFFEE CONVERSATIONS, PARENT GROUP  
& CHILDCARE

FOCUS ON RENEWAL  
FAMILY ENGAGEMENT ROOM  
2ND FLOOR, 420 CHARTIERS AVENUE

Call/Visit us for more  
information and to  
register for upcoming  
events!

412.331.1685  
X115 OR X244

FOCUS ON RENEWAL  
2ND FLOOR  
420 CHARTIERS AVENUE





# Positive Parenting Program's

Open Play /  
Rainbow Room  
&  
Family  
Engagement  
Room

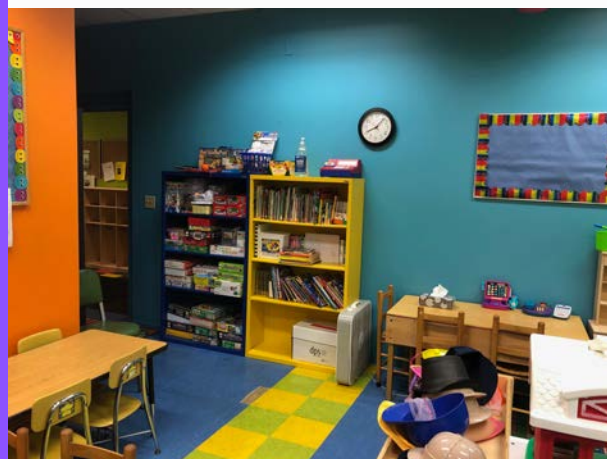
Focus On Renewal  
420 Chartiers Avenue  
2nd Floor

McKees Rocks, PA  
15136



**(Y)OUR UPDATED SPACE(S)!**  
COME AND SEE WHAT'S NEW...

**Come and  
Join Us for  
Open Play  
Time!**



**Weekday  
Hours!**



**Come  
for  
Coffee,  
Stay for  
Convo!**



## Kindergarten Readiness Classroom: Hays Manor Community Center



@  
205 Locust Street  
McKees Rocks

## Kindergarten Readiness Classroom: Meyers Ridge Community Center



@  
901 Gray Street  
McKees Rocks



# SUMMER / PREVIOUS EVENT PICS!

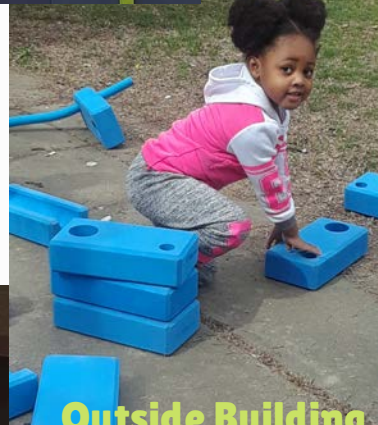
SEE SOME OF WHAT WE'VE DONE...



Classroom Fun!



Fresh-Air, Sunny Play!



Outside Building Blocks!



Classroom Smiles!



Sand-table Time!



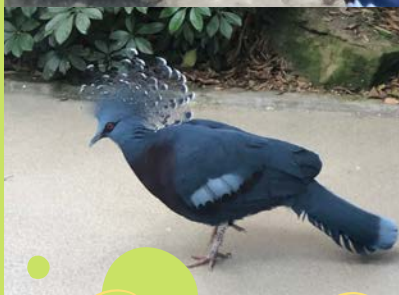
Job Dress-Up Activity!





# Field Trip Time!

Snapology





# Family Support Annual Outing

