

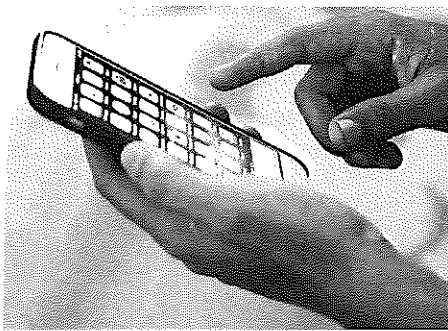


FREE COMMUNITY PROGRAM

SOCIAL MEDIA, GAMING AND THE DEVELOPING BRAIN

WEDNESDAY, FEBRUARY 27, 2019

6:00 P.M. TO 7:00 P.M



HOW DOES TECHNOLOGY AND MEDIA AFFECT OUR CHILDREN'S DEVELOPMENT, OR LACK OF DEVELOPMENT, YOUNG ADULTS INTER-SOCIAL SKILLS, PEOPLE OF ALL AGES' QUALITY OF SLEEP, AND POTENTIAL ADDICTIONS TO TECHNOLOGY?

JOIN US FOR A COMMUNITY FORUM WITH A PANEL OF EXPERTS TO ADDRESS QUESTIONS AND CONCERNS REGARDING POSSIBLE EFFECTS OF TODAY'S TECHNOLOGY AND MEDIA ON OUR COGNITIVE, PHYSICAL AND SOCIAL-EMOTIONAL WELL-BEING. THE PANEL WILL CONSIST OF A SLEEP SPECIALIST, BEHAVIORAL HEALTH COUNSELOR, AND PEDIATRIC THERAPY SPECIALISTS.

FIRELANDS REGIONAL MEDICAL CENTER
SOUTH CAMPUS COMMUNITY RESOURCE ROOM
1912 HAYES AVENUE, SANDUSKY, OHIO

PLEASE REGISTER BY EITHER CALLING 419-557-7410
OR EMAIL MIHALIC@FIRELANDS.COM