

Erie County Suicide Prevention Coalition

Wednesday, February 12, 2025

WELCOME!

*Thank you,
Carrie!*



VIBE VIRTUOSO

Will watch the tone of the conversation and speak up when things get off track. Throughout the discussion, asks themselves “What would our clients think about this?”

How does what we are hearing serve our clients interests?



Calls out any violations of the meeting rules.





*Thank you, Keri
for helping!!*

TIME WIZARD

Ensures all time limits are respected, including time for discussing specific topics and for ending on schedule.

Meeting Magician

Note-Taker for meeting minutes to be shared for future reference.



Responsible for confirming and stating the decision so it can be documented before the meeting ends.



Keeps track of all the promises made during the meetings as a list of action items or tasks.



Thank you, Marissa for your help!

MISSION

To decrease suicide attempts and deaths in Erie County through collaboration, advocacy, education, training, and evaluation.





QPR BROWN BAG LUNCH:
FOLLOW-UP FROM COALITION
QPR TRAINING HELD IN
OCTOBER 2024

Date: February 10, 2025

Time: 11:00 a.m. to 1:00 p.m.


Location: Erie County Community
Foundation, 135 E. Washington Row,
Sandusky, Ohio

Please bring your own lunch (brown bag style).

For any coalition member who had a certificate of participation for a QPR Training.

Interactive Training: Learned more about the QPR methods through interactive discussions.

- **Breakout Groups:** Participated in small group discussions to deepen their understanding and share insights with peers.
- **Role Plays:** Practiced real-life scenarios in a safe and supportive environment to build confidence in applying QPR techniques.
- **Networking Opportunity:** Connected with colleagues and community members who are passionate about mental health and suicide prevention.




EXTENDING
ON-SITE
QPR TRAINING
FOR ORGANIZATION,
INDIVIDUAL AGENCY,
OR OFFICE TEAM

Kalahari Resorts will be participating as the first Coalition's onsite sponsored **QPR Training** to help raise awareness and equip their employees with the skills needed for suicide prevention.

The training will be led by Firelands Health: Sheena Lutz.

If any agency and/or organization is interested in hosting an on-site QPR Training session for their employees, please reach out to one of the Strategic Workgroup members.

This training can be incredibly valuable for suicide prevention and mental health awareness.



As many of us in attendance today have learned through QPR Training, recognizing the signs and knowing how to respond can make a significant difference in preventing suicide.

To further emphasize the importance of this topic, we have a special guest with us today who has bravely chosen to share her personal story, which underscores the real-life impact of suicide.

Guest Speaker: Stephanie Neidler

Regan Neidler Foundation, which was established in memory of her son, Regan Jonathon Neidler, who passed away in April 2022. The foundation aims to honor Regan's legacy and support causes related to mental health and community relief efforts.

The foundation regularly stresses the importance of mental health awareness and provides essential resources for those in need. This dedication underscores the family's desire to make a positive impact in the community, especially after their personal loss.

[Regan Neidler Memorial Fund, Inc.](#)



YOUTH LED GRANT

- OSPF is looking for young leaders in Ohio who are passionate about mental health and suicide prevention.
- Opportunity to make a real impact through a youth-led suicide prevention grant. This is the chance to bring innovative ideas to life and help shape the future of mental health initiatives in Erie County.
- Deadline for applications is February 21, 2025

Discussion led by: Marissa, Julie and Meghan



YOUTH ADVISORY COUNCIL

OSPF: 2025 Youth Advisory Council.

- Youth-Led Grant Review Day on March 1st in Columbus.

Developing a youth and young adult peer-to-peer initiative in Erie County.

Discussion led by: Madeline and Meghan

Man's Therapy is an engaging online resource that provides stress management tips for working aged men.

“Each man is on their own journey of well-being, trying to navigate their own issue and opportunities. Man's Therapy takes a comprehensive, upstream approach and meets men where they are.”

“Man's Therapy Campaign”

- **evidence-based effort to reduce male suicide www.mantherapy.org**

Discussion led by David

“Got Your Back” conversation on how the Coalition can be supportive of the farmers/mental health of Erie County.

- **Ohio Farmer’s mental health #gotyourback campaign: gotyourbackohio.org)**

Agriculture is the number one industry in Ohio. We know our Erie County farmers give so much of themselves to keep the industry strong. We also know so many factors in farming are out of a farmer’s control, and that can be stressful. Wondering if the weather will cooperate, long hours working alone – it can all affect the well-being of the farm family.

Discussion led by Amanda Denes-Diedrick

FAITH-BASED INITIATIVE

- Developing and launching a faith based mental health support system focused on information, support, building resilience and understanding trauma informed care.
- Partnering with leaders in the faith communities.
- Provide education of evidence-based practice and self care.

Discussion led by: Julie Hammond, President of the
Advisory Board NAMI Erie

ERIE COUNTY SUICIDE PREVENTION WEBSITE/RFP

Writing a grant proposal to start a website for a coalition involves several key components.

Discussion led by Marissa

- Executive Summary: Providing a brief overview, purpose of the website, the coalition's mission, and the amount of funding request.
- Needs Statement: Explain why website is essential for your coalition's goals and how it will benefit the community.
- Goals and Objectives: Increase community engagement, provide resources and information.
- Project Description: Detail the strategies and methods to develop and maintain the website. Include timelines, key activities, and the roles of members involved in the project.

ERIE COUNTY
SUICIDE
PREVENTION
WEBSITE/RFP

Budget: Provide a detailed budget that outlines the costs associated with developing and maintaining the website. Include expenses such as web development, hosting, content creation, and ongoing maintenance.

Evaluation Plan: Describe how we will measure the success of the website. Include methods for data collection and analysis to track progress and demonstrate the impact of the project.

Sustainability Plan: How will we ensure the website remains functional and relevant after the grant period ends. This could include plans for ongoing funding, partnerships, or volunteer support.

Supporting Documents: Any supporting documents, letters of support from coalition members and/or community organizations.

LEGISLATIVE ADVOCACY DAY

OSPF holding day of advocacy. Local coalitions, survivors, and community leaders will gather to support strategies that prioritize the needs of individuals and families in decisions about prevention services and long-term recovery supports in the state budget.



February 25, 2025 (Columbus).



Strategic Workgroup Session

Date: March 12, 2025

Location: ADAMHS Board, Conf Rm 213, Sandusky

Time: 2:00 p.m. to 3:30 p.m.

Suicide Prevention Coalition Meeting

Date: April 9, 2025

**Location: Erie County Health Department
Lower-Level Conference Center
420 Superior St, Sandusky**

Time: 2:00 p.m. to 3:30 p.m.

[Coalition Meeting Dates & Minutes](#)

OPEN FORUM

Questions and
Comments?



In the Know: Follow-Up and Event News

1. We reviewed our mission statement.
2. Feedback was given regarding the brown bag lunch follow-up for the QPR Training. Discussed future trainings and the ability to provide time to consider role play or break out groups.
 - Kalahari will be having a QPR training for employees in March 2025.
 - Erie Shore will be scheduling their QPR training for employees , date tbd.
 - If any employer/agency/organization is interested in having a QPR Training at your location, please reach out to Sheena Lutz at Firelands Health.
 - Will review QPR training for first responders. Discussion of someone within the community being delegated to provide this to first responders. Cheryl will contact ECSO to f/u for possible trainer.
2. Youth Led Grant will not occur this year. However, we have a student that is interested in becoming part of a suicide prevention youth led initiative.
3. Youth Advisory Council: Meghan, and Madeline (student) will be collaborating with Mollie from the Erie County Community Foundation to take lead roles in exploring the development of a youth and young adult peer-to-peer initiative in Erie County.
4. Due to the presenter's illness, the Man's Therapy presentation has been rescheduled to occur during the April Coalition meeting.

In the Know: Follow-Up and Event News continued...

5. Amanda, representing Erie County farmers, provided statistics and shared feedback as it pertains to farmers in Ohio. Discussed highest stressors in farmers and provided handouts. Also provided farmstateofmind.com for members to visit. will be speaking with the Farm Bureau Board to initiate a collaboration with the Coalition. The goal is to attend a meeting to present opportunities, provide resources, and discuss how we can assist.

6. Faith-Based Initiative: Julie informed the coalition that NAMI has been awarded a grant from the ADAMHS Board and will be moving forward with this initiative in March.

7. We discussed coalition branching off from MH Board and creating its own website. Marissa will be following-up on next steps with Cheryl and will be reviewing funding opportunities by board to help cover start-up costs.

8. Advocacy Day to be held on Tuesday, February 25 – the Coalition at this time has chosen not to participate.

9. Discussion of new grant opportunities- recent ones being a 5k grant to promote 988 awareness.

Events:

The Coalition has agreed to discuss further the collaboration with the Regan Neidler Foundation, which would include the Ice Cream Social and the Walk in the Fall Events.

Erie County Suicide Prevention Coalition

ADAMHS Board of Erie County

Attitude-N-Effort Coaching

Bayshore Counseling

BGSU Firelands

Cedar Point

Eats N' Treats

Erie County Community Foundation

Erie County Farm Bureau

Erie County Health Department

Erie Shore Network

Erie County Sheriff's Department

Family & Children First Council

Firelands Health

Greater Sandusky Partnership

Kalahari Resorts & Conventions

NAMI, Erie County

Sandusky Artisans Recovery Center

Serving Our Seniors

Veteran Services

Volunteers of America

4Ward Project



*Thank you,
Erie County!*