



# ERIE COUNTY INITIATIVE for SUICIDE PREVENTION





People who talk about suicide are only trying to get attention.

They won't really do it.

True or False.

FALSE. Over 70% who threaten suicide either try or die by suicide.



Of people who kill themselves, most had given some clues and warnings to others of their intentions, though some of their clues may be non-verbal or difficult to detect.

True or False.

TRUE. Most people who die by suicide give clues that they are thinking about taking their lives and/or talk with at least one friend about it.

Once a person is suicidal, he or she is suicidal forever.

True or False.

FALSE. If they get help, most times they don't attempt again.



Adults between the ages of 65 and 70 are more likely to consider suicide than any other age group.

True or False.

FALSE. Young adults ages 18-24 think about suicide more than any other age group. In fact, 1 out of every 12 college students has planned to die by suicide at some point during their college career.



Males are more likely to die by suicide.

True or False.

TRUE. Male teens die more often than females, but females attempt more often than males.



How many deaths by suicide do you believe occurred between 2020-2024 in **Erie County?** 

Year	2020	2021 **	2022 **	2023 **	2024 **	Total
External Injury Intent	Death Count					
Suicide	7	13	10	13	1	44
Total	7	13	10	13	1	44

Males Females 5 <u>39</u> Asian/Pacific Islander 1 White <u>37</u> Black <u>5</u> Age 25-34 Age 45-54 Age 35-44 <u>6</u> Age 15-24 <u>6</u> Age 65-74 Age 55-64 Age 75-84 Age 85+

Deaths by Suicide, Erie County, 2020-2024

WHY FORM A SUICIDE PREVENTION COALITION?



Suicide is a serious public health problem that can have lasting harmful effects on individuals, families and communities. There are many factors that contribute to suicide. The goal of suicide prevention is to reduce factors that increase risk and increase factors that promote resilience.

Suicide and suicide attempts cause serious emotional, physical, and economic impacts. People who attempt suicide and survive may experience serious injuries that can have long-term effects on their health. They may also experience depression and other mental health concerns.

#### **OBJECTIVE**

To concentrate on the community's focus of working together to prevent suicide, encourage alliances, and create consistency in the community's approach to the root causes of suicide. To reduce the number of suicides every year to no loss of life.

#### STAGES OF DEVELOPMENT

- 1. PARTNERING
- 2. PURPOSE
- 3. TASKS DEVELOP A SUCCESSFUL STRUCTURE
- 4. EDUCATION
- 5. ACTION PLAN PLANNING FOR SUCCESSION AND SUSTAINABILITY
- 6. EVALUATION



### stage one: PARTNERING

Community Partners have a significant role to play in suicide prevention.

We can provide support to people who are vulnerable and to those who have made an attempt on their life.

We can provide comfort to people who have lost someone to suicide and can also help fight stigma.

## **Guest Speaker: Daniel Bennett**

Director of Coalitions and Strategic Initiatives at the Ohio Suicide Prevention Foundation.



Serves as an Ambassador for the Life Side Ohio Campaign.



# stage two: PURPOSE

Next meeting will be a workgroup session for anyone interested in data and facts. This workgroup session will help us to reach consensus on the purpose of the coalition.

- Identify how data can be used for planning efforts.
- Share and report local-level suicide-related data.
- Data to better identify individuals at risk of suicide and improve prevention strategies.

The workgroup will be every other month.



Connect the data to our purpose so that there is clarity, consistency of purpose and direction, while also setting our strategic direction.

- \* Vision and Mission Statements
- \* Bylaws
- \* Begin to work on a list of the resources you know about that already exists in the community.



At the workgroup session, a decision will be made on whether there should be an executive committee, sub-committees and/or workgroups.



Do Wednesdays work for everyone's schedule for future Coalition Meetings? Every other month for the Coalition Partners.

#### STAGES OF DEVELOPMENT



1. PARTNERING: May 1<sup>st</sup> at 11:30 a.m.

2. PURPOSE: Workgroup, May 15<sup>th</sup> at 11:00 a.m.

3. TASKS – DEVELOP A SUCCESSFUL STRUCTURE: Workgroup present findings and discuss decisions with All, June 5th at 11:00 a.m.





