

Erie County Suicide Prevention Coalition

Wednesday, December 11, 2024

WELCOME!

*Thank you,
Stephanie!*




VIBE VIRTUOSO

Will watch the tone of the conversation and speak up when things get off track. Throughout the discussion, asks themselves "What would our clients think about this?"

How does what we are hearing serve our clients interests?



Calls out any violations of the meeting rules.

A pocket watch with a white face and black numerals, resting on a textured brown surface. The watch has a small seconds sub-dial at the 6 o'clock position and a metal ring at the top. The background is a dark, textured brown material.

*Thank you, Stephanie
for helping!!*

TIME WIZARD

Ensures all time limits are respected, including time for discussing specific topics and for ending on schedule.

Meeting Magician

Note-Taker for meeting minutes to be shared for future reference.



Responsible for confirming and stating the decision so it can be documented before the meeting ends.



Keeps track of all the promises made during the meetings as a list of action items or tasks.



Thank you, Coalition Members for your help!

MISSION

To decrease suicide attempts and deaths in Erie County through collaboration, advocacy, education, training, and evaluation.



As we gather today, let's start our meeting on a positive note.

If you'd like, please share one thing you are grateful for.

It could be something personal or professional.



Strategic Workgroup Meeting, November 6

Reviewed Short & Intermediate Goals & Topics:

Importance of Community Engagement & Awareness

Mental and Behavioral Health is a top priority for residents in Erie County, with 57% of respondents ranking it as a critical health issues.

This statistic underscores the urgency of our discussions today and the importance of our collective efforts to address this pressing need.

A significant concern that has emerged per the 2024 Erie County Community Health Assessment

Erie County Community Mental Health

Over half of the respondents to the community survey reported either having been diagnosed with an anxiety disorder or depression themselves or having an immediate family member who has experienced these conditions.

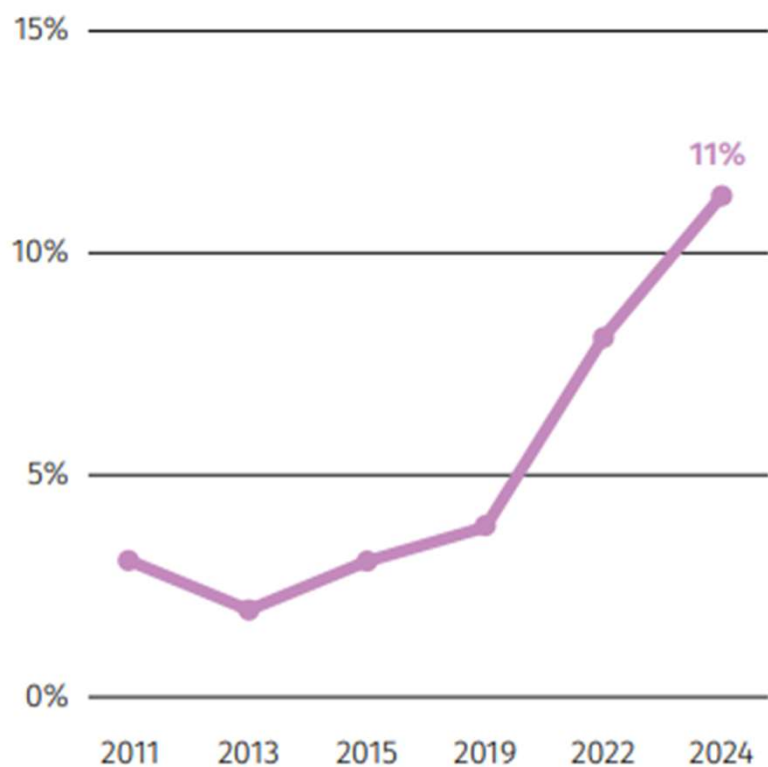
Declining Mental Health Status

There has been a notable increase in feelings of hopelessness for two weeks or more that impacts daily life.

There was a 21% increase from 2019 to 2024.

There has also been an increase in respondents who have seriously considered attempting suicide in the last year.

Respondents who seriously considered attempting suicide



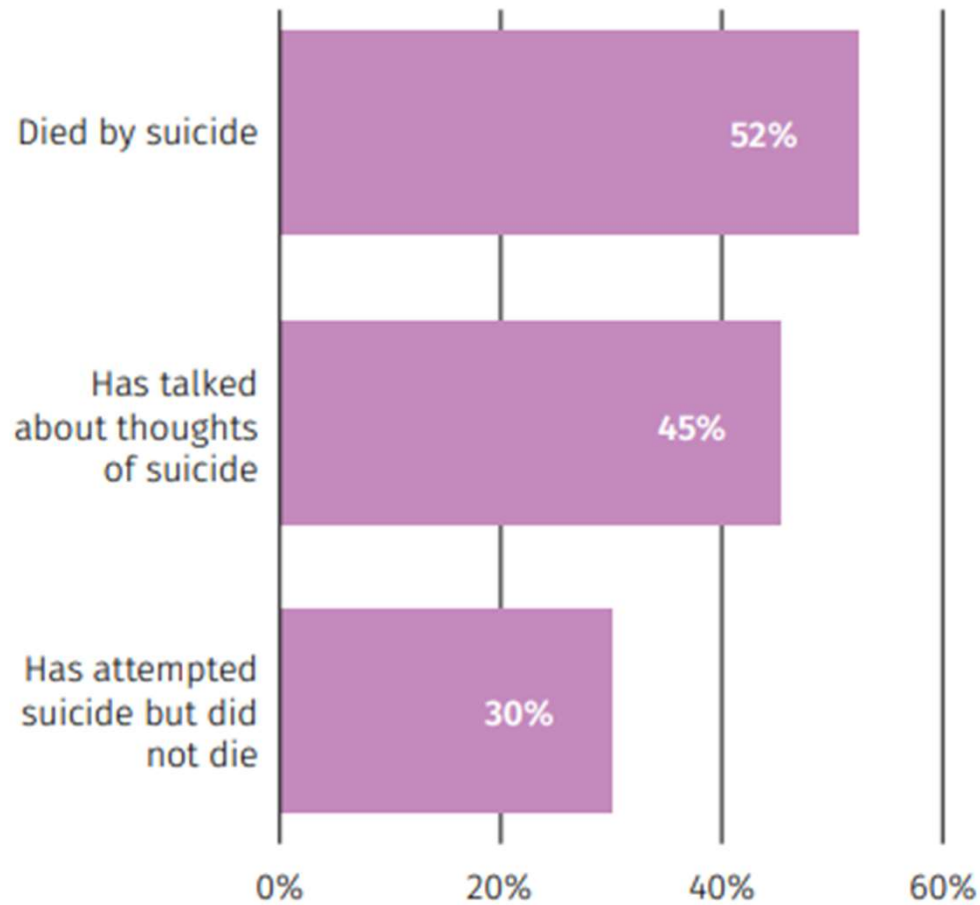
5%

of people in the United States seriously considered attempting suicide in 2022 (*National Institute of Mental Health*)



(2024 Erie County Community Health Assessment).

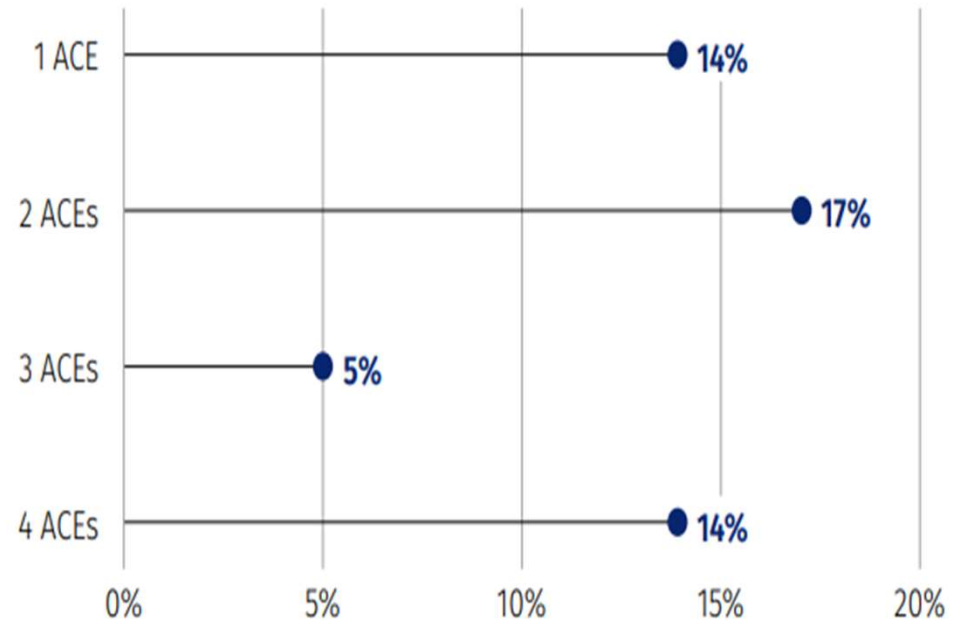
Percent of respondents who know someone who has done the following:



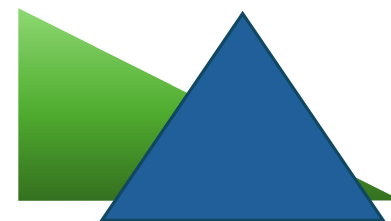
Adverse Childhood Experiences (ACEs) are potentially traumatic events that occur in childhood (0-17 yrs.) (cdc.gov).



Adults who experience 4 or more ACEs show a 12 times higher prevalence of health risks such as alcoholism, drug use, depression, and suicide attempts (<https://www.ncbi.nlm.nih.gov>).



Rates of Erie County, Ohio respondents suffering one or more adverse ACEs in their Lifetime.



During the past 12 months, did you ever seriously consider attempting suicide?

Yes	46
No	389

Do you know someone who:

	Yes	No
Has died by suicide	226	203
Has talked about thoughts of suicide	197	222
Has attempted suicide but did not die	129	289

**October 2, 2024, QPR Gatekeeper Training was presented by Sheena Lutz,
Firelands Health**

It is a suicide prevention program designed to teach individuals how to recognize the signs of someone in crisis and how to intervene effectively.

QPR stands for:

Question

Learn how to ask someone if they are thinking about suicide.

Persuade

Understand how to persuade them to seek help.

Refer

Know how to refer them to appropriate resources for support.



Presented by:
Sheena Lutz, Grant and Special Funds Coordinator

Today, we have the honor of hearing from David White, a courageous individual who has faced and overcome immense challenges. David's journey is a testament to his strength and resilience. He is here to share his story with us, offering insights and hope to those who may be struggling. Please join me in welcoming David.



FAITH-BASED INITIATIVE

- Developing and launching a faith based mental health support system focused on information, support, building resilience and understanding trauma informed care.
- Partnering with leaders in the faith communities.
- Provide education of evidence-based practice and self care.

Presented by: Julie Hammond, Lead, NAMI Erie

Welcome Back to Erie County - Daniel Bennett, OCPS

Director of Coalitions and Strategic Initiatives at the Ohio Suicide Prevention Foundation (OSPF).

- In this role he focuses on the development and growth of Ohio's network of suicide prevention coalitions.

He also works on initiatives like the Ohio Coalition Institute and the Ohio Center of Excellence for Behavioral Health Prevention and Promotion.

He is the ambassador for the Life Side Ohio Campaign.

He is involved in the Sources of Strength Initiative and the QPR Gatekeeper Training.



The Ohio Suicide Prevention Foundation champions, advocates and coordinates strategies to reduce the risk of suicide and supports efforts to assist those individuals, families and communities impacted by suicide.



Life Side Ohio is a campaign of direct, suicide prevention outreach dedicated to the firearms community.

**Coalition's Strategic Workgroup
are reviewing the following initiatives for 2025**

- ☐ “Man’s Therapy Campaign” evidence-based effort to reduce male suicide www.mantherapy.org – to possibly post on the ADAMHS Board website**
- ☐ “Hope Squad” Developing a youth and young adult peer-to-peer initiative in Erie County.**
- ☐ “Got Your Back” work with the Erie County Bureau Board of Trustees – to review how the coalition can help (Ohio Farmer’s mental health #gotyourback campaign: gotyourbackohio.org)**



Strategic Workgroup Session

Date: January 8, 2025

Location: ADAMHS Board, Conf Rm 213, Sandusky

Time: 2:00 p.m. to 3:30 p.m.

Suicide Prevention Coalition Meeting

Date: February 12, 2025

**Location: Erie County Health Department
Lower-Level Conference Center
420 Superior St, Sandusky**

Time: 2:00 p.m. to 3:30 p.m.

[Coalition Meeting Dates & Minutes](#)

OPEN FORUM

Questions and
Comments?



Action Items and/or Tasks:

1. We will be scheduling a brown bag lunch in January for follow-up discussion. Attendees will also have the option to participate in role-playing scenarios. Cheryl will be working with Sheena to schedule.
2. Dr. Linda Waters will be sending a link for grant funding for Strategic Workgroup review.
3. Daniel Bennett mentioned there is an opportunity for grant funding through OSPF and that he will be sending more information soon.
4. Please contact Cheryl if you would like to attend the Legislative Day of Action, Tuesday, February 25, 2025, in Columbus, Ohio. Join OSPF for a day of advocacy and action! The event will kick off with breakfast and be followed by meetings with state legislators.
5. If you would like to assist with the Faith-Based Initiative with NAMI, please reach out to Julie, thejustsethfoundation@gmail.com
6. The Strategic Workgroup will be reviewing a grant opportunity through the ADAMHS Board for start-up funds to create a website that will encompass all of Erie County.

Erie County Suicide Prevention Coalition

ADAMHS Board of Erie County

Attitude-N-Effort Coaching

Bayshore Counseling

BGSU Firelands

Cedar Point

Eats N' Treats

Erie County Community Foundation

Erie County Farm Bureau

Erie County Health Department

Erie Shore Network

Erie County Sheriff's Department

Family & Children First Council

Firelands Health

Greater Sandusky Partnership

Kalahari Resorts & Conventions

NAMI, Erie County

Sandusky Artisans Recovery Center

Serving Our Seniors

Veteran Services

Volunteers of America



Thank you.

Erie County!



Happy

Holidays