

People who talk about suicide are only trying to get attention.

They won't really do it.

True or False.

FALSE. Over 70% who threaten suicide either try or die by suicide.



Of people who kill themselves, most had given some clues and warnings to others of their intentions, though some of their clues may be non-verbal or difficult to detect.

True or False.

TRUE. Most people who die by suicide give clues that they are thinking about taking their lives and/or talk with at least one friend about it.

Once a person is suicidal, he or she is suicidal forever.

True or False.

FALSE. If they get help, most times they don't attempt again.



Adults between the ages of 65 and 70 are more likely to consider suicide than any other age group.

True or False.

FALSE. Young adults ages 18-24 think about suicide more than any other age group. In fact, 1 out of every 12 college students has planned to die by suicide at some point during their college career.



Males are more likely to die by suicide.

True or False.

TRUE. Male teens die more often than females, but females attempt more often than males.



How many deaths by suicide do you believe occurred between 2020-2024 in Erie County?

Year	2020	2021 **	2022 **	2023 **	2024 **	Total
External Injury Intent	. Death Count	Death Count				
Suicide	7	13	10	13	1	44
Total	7	13	10	13	1	44

Males Females 5 <u>39</u> Black 5 White <u>37</u> Asian/Pacific Islander 1 <u>6</u> Age 45-54 Age 25-34 Age 35-44 Age 15-24 <u>6</u> Age 65-74 Age 55-64 Age 75-84 Age 85+

Deaths by Suicide, Erie County, 2020-2024

Suicide is a serious public health problem that can have lasting harmful effects on individuals, families and communities. There are many factors that contribute to suicide. The goal of suicide prevention is to reduce factors that increase risk and increase factors that promote resilience.

Suicide and suicide attempts cause serious emotional, physical, and economic impacts. People who attempt suicide and survive may experience serious injuries that can have long-term effects on their health. They may also experience depression and other mental health concerns.