

ERIE COUNTY SUICIDE PREVENTION COALITION

WELCOME!

April 09, 2025 Erie County Health Department, 420 Superior St., Sandusky Lower-Level Conference Center



Meeting Magician

Note-Taker for meeting minutes to be shared for future reference.

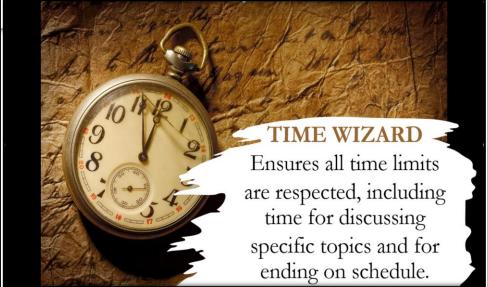
Responsible for confirming and stating the decision so it can be documented before the meeting ends.

Keeps track of all the promises made during the meetings as a list of action items or tasks.









MISSION

To decrease suicide attempts and deaths in Erie County through collaboration, advocacy, education, training, and evaluation.



We are connected like a puzzle.























Counseling & Recovery Services



Interconnectedness

Resilience



Cedar Point







ERIE COUNTY
FAMILY AND
CHILDREN FIRST
COUNCIL

Continuous Improvement

Hope





BGSU. Firelands

Empowerment

Awareness











Advocacy







SHORT-TERM GOALS: Collaboration and Training

INTERMEDIATE GOALS: Education

LONG-TERM GOALS: Advocacy and Evaluation

STRATEGY TEAM WORKGROUP SESSIONS - ROLES

- STRATEGIC PLANNING
- WHERE DATA-DRIVEN APPROACH BRINGS TO LIFE THE MISSION BY IDENTIFYING GOALS AND RESOURCES
- PRESENTS THE GATHERED INFORMATION AT COALITION MEETINGS
- CREATES THE AGENDA
- MANAGES THE MEETING PROCESS
- GUIDES NEXT STEPS



COALITION ROLES - BENEFITS

- NETWORK EXCHANGE INFORMATION, RECRUIT, STAY INFORMED
- ENGAGE AND MOBILIZE COMMUNITY MEMBERS INCREASED AWARENESS
- EQUITY SHARING RESOURCES & INFORMATION; EDUCATION & TRAINING
- COMMUNICATE MORE EFFECTIVE AND EFFICIENT DELIVERY OF PROGRAMS
- SUPPORT BRING ABOUT SUSTAINABLE COMMUNITY CHANGE
- MONITOR AND EVALUATE RECOGNIZE MILESTONES & ACHIEVEMENTS

As many of us in attendance today have learned through QPR Training, recognizing the signs and knowing how to respond can make a significant difference in preventing suicide.

To further emphasize the importance of this topic, we have a special guest with us today who has bravely chosen to share her personal story, which underscores the reallife impact of suicide.



Key Coalition Participants for the virtual learning community meetings, coaching and travel to celebration/graduation:

Carrie Kennedy, Cheryl Huss, David White, and Stephanie Salyer

Prevention Action Alliance

Lifetime Prevention | Lifetime Wellness

Acknowledgment of the Award

Attn: Erie County Suicide Prevention Coalition/ADAMHS Board of Erie County 2900 Columbus Avenue Sandusky, Ohio 44870

Category: Foundations in Community Coalitions Development

Award: \$3,000.00

The grant was made possible with support from the Ohio Department of Mental Health and Addiction Services.

• Marketing Tools: effective marketing is vital for raising awareness about our coalition's mission and activities. The budget for printed materials, such as brochures, flyers, and posters, will help disseminate information throughout the community. Digital marketing efforts, including social media campaigns and the initiation of our website, will ensure we reach a broader audience and engage with community members effectively. These tools are crucial for promoting our events, sharing success stories, and encouraging community involvement.

• Community Engagement: activities, such as workshops, webinars, and promotional items. These initiatives provide platforms for collaboration, sharing personal stories, and creating opportunities for QPR trainings. By engaging the community we can raise awareness about suicide prevention, educate participants, and advocate for mental health resources.

Grant Deliverables Discussion

Required Deliverables & Due Date

Each coalition will select one (1) deliverable set:

Due Date for Deliverable: Monday, April 28, 2025

Deliverable 1:

Coalition Structure, Mission & Vision, and Volunteer Position Descriptions

Deliverable 2:

Facilitator Checklist, Meeting Check In Survey, and Revision of agenda & minutes formatting to reflect learning community discussion

Creating a vision statement that aligns with our mission is crucial for guiding our coalition's efforts.

Top Choices by Strategic Workgroup:

Transforming Erie County into a beacon of hope and resilience through comprehensive mental health support.

Building a future where mental health is prioritized, and every life is cherished.

Other considerations for Vision Statement

A community where every individual feels supported, valued, and empowered to thrive.

Creating a safer, healthier Erie County through unwavering commitment to mental health advocacy and support.

A united Erie County dedicated to preventing suicide and fostering mental wellness for all.

EXTENDING
ON-SITE
OPR TRAINING
FOR ORGANIZATION,
INDIVIDUAL AGENCY,
OR OFFICE TEAM

The training will be led by Firelands Health: Sheena Lutz and Karen Russell.

If any agency and/or organization is interested in hosting an on-site QPR Training session for their employees, please reach out to one of the Strategic Workgroup members.

This training can be incredibly valuable for suicide prevention and mental health awareness.

Man's Therapy is an engaging online resource that provides stress management tips for working aged men.

"Each man is on their own journey of well-being, trying to navigate their own issue and opportunities. Man's Therapy takes a comprehensive, upstream approach and meets men where they are."

"Man's Therapy Campaign"

evidence-based effort to reduce male suicide <u>www.mantherapy.org</u>

David, taking lead on this campaign. He will be presenting at the June Coalition Meeting.

Ohio Farmer's mental health #gotyourback campaign on how to be supportive of the farmers/mental health: gotyourbackohio.org)

Agriculture is the number one industry in Ohio. We know our Erie County farmers give so much of themselves to keep the industry strong. We also know so many factors in farming are out of a farmer's control, and that can be stressful. Wondering if the weather will cooperate, long hours working alone – it can all affect the well-being of the farm family.



with Dr. Dee Jepsen
The Ohio State University
Ohio Agricultural Alliance.

go.osu.edu/FarmStress

FarmStateofMind.com

Amanda Denes-Diedrick, Organization Director Erie County Farm Bureau

Youth Peer-to-Peer

led by Melissa Bayer-Smith(FCFC), Meghen Erney(Bayshore) and Chesney Ianello (ECHD)

Faith-Based

led by Julie Hammond (NAMI), Abigail Echavarri (NAMI), and Julie Bath (NAMI)

WEBSITE/RFP

led by Caitlyn Erney (Bayshore), Carrie Kennedy (Bayshore), Cheryl Huss (ADAMHS), David White (Greater Sandusky), and Marissa Moore (Firelands),

FATALITY REVIEW:

Key Findings & & Data Trends Discussion by Erie County Health Department (Stephanie Salyer, ECHD)

YEAR		
2013	10	8.8%
2014	11	9.7%
2015	5	4.4%
2016	17	15.0%
2017	12	10.6%
2018	9	8.0%
2019	14	12.4%
2020	7	6.2%
2021	13	11.5%
2022	10	8.8%
2023	5	4.4%
*A p-value is a # that describes how likely it is that the data would have	113	
occurred by random chance.	p-value:	0.35

GENDER			Census
MALE	94	83.2%	49.4%
FEMALE	19	16.8%	50.6%
	113		
	p-value:	0.00	
AGE			Census
0-17	4	3.5%	20.1%
18-24	21	18.6%	6.9%
25-34	11	9.7%	11.9%
35-44	16	14.2%	11.2%
45-54	14	12.4%	11.6%
55-64	18	15.9%	14.3%
65+	29	25.7%	23.9%
	113		
	p-value:	0.00	

RACE			Census
CAUCASIAN/WHITE	105	92.9%	77.0%
BLACK/AFRICAN AMERICAN	6	5.3%	9.1%
ASIAN/PAC ISL	1	0.9%	0.9%
UNKNOWN	1	0.9%	_
	113		
	p-value:	0.05	
ETHNICITY			Census
NON-HISPANIC OR LATINO	109	96.5%	95.2%
HISPANIC OR LATINO	4	3.5%	4.8%
	113		
	p-value:	0.53	

EDUCATION			Census
LESS THAN HS	15	13.3%	9.9%
HS/GED	58		37.0%
SOME COLLEGE	15	13.3%	19.3%
ASSOCIATE DEGREE	9	8.0%	7.7%
BACHELOR DEGREE	12	10.6%	19.6%
DOCTORATE/PROFESSIO			
NAL	4	3.5%	6.5%
	113		
	p-value:	0.01	
MILITARY SERVICE			Census
YES	19	16.8%	7.1%
NO	93	82.3%	92.9%
UNKNOWN	1	0.9%	
	113		
	p-value:	0.00	***

MILITARY SERVICE		
Yes	19	
18-24	3	15.8%
35-44	1	5.3%
55-64	3	15.8%
65+	12	63.2%
Grand Total	19	

MARITAL STATUS			Census
NEVER MARRIED	50	44.2%	28.6%
MARRIED	37	32.7%	49.9%
DIVORCED	18	15.9%	13.7%
WIDOWED	8	7.1%	7.8%
	113		
	p-value:	0.00	

MANNER OF DEATH		
SELF INFLICTED GUNSHOT	71	62.8%
HANGING	19	16.8%
TRAIN	8	7.1%
INTENTIONAL OVERDOSE	8	7.1%
CO POISONING SELF INDUCED	3	2.7%
SELF INFLICTED STABBING	1	0.9%
SELF INFLICTED LACERATION	1	0.9%
SELF IMMOLATION	1	0.9%
SELF INDUCED POISONING	1	0.9%
	113	
	p-value:	0.00

MANNER OF DEATH		
MALE	94	
SELF INFLICTED GUNSHOT	64	68.1%
HANGING	16	17.0%
TRAIN	5	5.3%
INTENTIONAL OVERDOSE	3	3.2%
CO POISONING SELF INDUCED	3	3.2%
SELF INFLICTED STABBING	1	1.1%
SELF INFLICTED LACERATION	1	1.1%
SELF IMMOLATION	1	1.1%
FEMALE	19	
SELF INFLICTED GUNSHOT	7	36.8%
INTENTIONAL OVERDOSE	5	26.3%
TRAIN	3	15.8%
HANGING	3	15.8%
SELF INDUCED POISONING	1	5.3%
Grand Total	113	

Supporting/Sponsoring Ryan Neidler Foundation, Ice Cream Social

&

Erie County Awareness Activities



OPEN FORUM

Questions and Comments?



Action Items/Tasks

- 1. Thank you, Marissa and Stephanie for taking the lead and keeping us on target as the Meeting Magician, Vibe Virtuoso and Time Wizards! Your efforts are truly appreciated!!
- 2. Review of goals, roles/responsibilities, marketing tools, and community engagement.
- 3. Thank you, Julie Hammond for sharing your story.
- 4. After discussion on Prevention Action Alliance grant deliverables. The Coalition voted and chose this as the vision statement:

Building a future where mental health is prioritized, and every life is cherished.

- 5. Thank you, Kalahari Resorts & Conventions, Erie Shore Network for scheduling an employee leadership QPR. Thank you Firelands!
- 6. Erie County Farm Bureau will be collaborating efforts to provided resources for the farmers of Erie County. In addition, we will be discussing the possibility of FFA and 4H organizations to join the initiative. It was recommended by Margaret from OHMAS to reach out to Valerie Connoly-Leach for additional support regarding the Ohio Farm Bureau Federation.
- 7. Erie County Health Department Fatality Review Data/Stats can be found on their website:
 - <u>ASSESSMENTS & REPORTS Erie County Health Department</u>

Action Items/Tasks Continued

- 8. Mental Health Month Ice Cream Social and Awareness, in collaboration with the Ryan Neidler Foundation
 - We will invite Veteran Services to participate in our upcoming Mental Health Month event on May 18, 2025.
 - The event aims to promote mental health awareness and provide valuable resources to our community. We have planned a variety of activities, including mental health screenings, family-friendly activities, information sharing on mental health, suicide prevention, and substance use prevention. Additionally, we will host an ice cream social to foster a welcoming and supportive environment.
 - Thank you to several local businesses and mental health and substance abuse providers.
 - We are currently in the process of securing a venue for the event, and are discussing
 options such as the fairgrounds, local parks, and based on your suggestion, even the
 county parking lot and yard. If you have any other suggestions or contact information that
 may be helpful, your assistance and participation is greatly appreciated.



Strategic Workgroup Session

Date: May 14, 2025

Location: ADAMHS Board, Conf Rm 213, Sandusky

Time: 2:00 p.m. to 3:30 p.m.

Suicide Prevention Coalition Meeting

Date: June 11, 2025

Location: Erie County Health Department

Lower-Level Conference Center

420 Superior St, Sandusky

Time: 2:00 p.m. to 3:30 p.m.

Coalition Meeting Dates & Minutes

Erie County Suicide Prevention Coalition

ADAMHS Board of Erie County

Attitude-N-Effort Coaching

Bayshore Counseling

BGSU Firelands

Cedar Point

Eats N' Treats

Erie County Community Foundation

Erie County Farm Bureau

Erie County Health Department

Erie Shore Network

Erie County Sheriff's Department

Family & Children First Council

Firelands Health

Greater Sandusky Partnership

Kalahari Resorts & Conventions

NAMI, Erie County

Sandusky Artisans Recovery Center

Serving Our Seniors

Veteran Services

Volunteers of America

4Ward Project



Thank you. Erie County!