

Lynch Bustin Elementary Lunch May 2024

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What Makes a Meal?

You must choose at least 3 of 5 components available for the school lunch price.

Choice of Meat or Meat Alternate
Choice of Vegetable, Choice of Fruit*
Choice of Grain/Bread,
and Choice of Milk

*Students must choose at least one fruit or vegetable



Fresh Fruits and Vegetables Offered Daily

*Vegetables may include:
Broccoli Florets
Baby Carrots
Dark Leafy Greens
Legume Salads
Celery & Cucumber
*May choose two 1/2 cup servings



*Fruits may include:
Crisp Apple
Sliced Peaches
Mixed Fruit
Fresh Orange
Banana
Pineapple Tidbits
Diced Pears
Applesauce
*May choose one 1/2 cup serving

MENUS SUBJECT TO CHANGE



Milk Choices Offered Daily

Fat Free Chocolate, Fat Free Strawberry,
Fat Free White and Low Fat White

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	
		5/1 Meatball and Mozzarella Hoagie Green Beans Diced Peaches	5/2 Chicken & Gravy over Biscuit Mashed Potatoes Warm Apple Crisp	5/3 Chicken Patty Sandwich Mixed Vegetables Diced Peaches	Fresh Produce from Local Farms based on crop availability 
5/6 Corn Dog on a Stick Seasoned Potato Wedges Mixed Fruit	5/7 Taco Tuesday Chicken and Cheese Nachos BBQ Baked Beans Pineapple Tidbits	5/8 BBQ Rib Sandwich Diced Carrots Applesauce	5/9 Orange Kissed Chicken Bowl Steamed Broccoli Mandarin Oranges	5/10 Hot Dog on a Bun Mixed Vegetables Diced Pears	Sandwiches & Fresh Salads offered daily!
5/13 Dumplings & Orange Sauce w/ Chicken Fried Rice Green Beans Fresh Banana	5/14 Taco Tuesday Beef and Cheese Nachos Golden Corn Diced Pears	5/15 Wellness Wednesday! Grilled Cheese w/ Tomato Soup Diced Carrots Juicy Peaches	5/16 French Toast Sticks w/ Sausage Tater Tots Assorted Juice	5/17 Cheesesteak Hoagie Mixed Vegetables Mandarin Oranges	
5/20 Spaghetti w/ Meatsauce & Sliced Bread Steamed Broccoli Applesauce Cup	5/21 Taco Tuesday Sloppy Nachos w/ Fresh Bread BBQ Baked Beans Fresh Banana	5/22 Pierogies w/ Fresh Bread Diced Carrots Juicy Peaches	5/23 Lasagna Roll Up w/ Garlic Toast Sweet Peas Fresh Orange	5/24 No School	
5/27 No School	5/28 Field Day Hot Dog on a Bun Fresh Carrots Assorted Juice	5/29 Chef's Choice	5/30 Chef's Choice	5/31 LAST DAY OF SCHOOL! Chef's Choice	 Whole Grains Available Daily
Popcorn Chicken w/ Sliced Bread	Corn Dog Nuggets	Chicken Nuggets	Cheeseburger on a Bun	Cheese Pizza	Menu subject to change