

# Athens Middle School/ High School Lunch Menu May 2024



Director of Food & Nutrition: Leanne Young  
athens@thenutritiongroup.biz

## The Grille

Breaded Chicken Sandwich  
Cheeseburger on a Bun

## The Garden

Breaded Chicken Salad  
Chef Salad  
Popcorn Chicken Salad  
Buffalo Chicken Salad  
Garden Salad w/ Egg

## The Pizzeria

Cheese Pizza  
Pepperoni Pizza  
Sausage & Cheese Pizza  
Buffalo Chicken Pizza  
Broccoli Pizza  
Italian Dunkers

## Grab & Go

A wide variety of sandwiches, wraps, specialty salads and yogurt parfaits are available daily!

## Options

| Monday   | Tuesday  | Wednesday   | Thursday   | Friday  |
|--|--|---|--|---|
|  |  | 5/1<br>Buffalo Chicken Alfredo w/ Garlic Toast<br>Ham & Cheese on a Pretzel Bun<br>Steamed Broccoli<br>Mixed Fruit  | 5/2<br>Cheesesteak Hoagie<br>Corn Dog Nuggets<br>Seasoned Potato Wedges<br>Fresh Orange    | 5/3<br>Dumplings w/ Chicken Fried Rice<br>BBQ Rib Sandwich<br>Mixed Vegetables<br>Cinnamon Applesauce |
| 5/6<br>Saucy Meatballs w/ Rice<br>Spicy Chicken Sandwich<br>Steamed Broccoli<br>Fresh Apple                            | 5/7 <b>Taco Tuesday!</b><br>Beef & Cheese Nachos<br>Chicken & Cheese Nachos<br>BBQ Baked Beans<br>Diced Pears            | 5/8 <b>Action Station!</b><br>Hot Dog Bar<br>Grilled Cheese Sandwich w/ Tomato Soup<br>Green Beans<br>Juicy Peaches | 5/9<br>Ham & Cheese Stromboli<br>Corn Dog Nuggets<br>Golden Corn<br>Mixed Fruit            | 5/10<br>Turkey, Bacon, Ranch Panini<br>BBQ Rib Sandwich<br>Mixed Vegetables<br>Fresh Banana           |
| 5/13 <b>FEATURED FAV!</b><br>Penne Rosa w/ Garlic Breadstick<br>Spicy Chicken Sandwich<br>Diced Carrots<br>Fresh Apple | 5/14 <b>Taco Tuesday!</b><br>Beef & Cheese Nachos<br>Chicken & Cheese Nachos<br>Golden Corn<br>Pineapple Tidbits         | 5/15<br>Macaroni & Cheese w/ Garlic Toast<br>Ham & Cheese on a Pretzel Bun<br>Mixed Vegetables<br>Fresh Orange      | 5/16<br>Orange Kissed Chicken Bowl<br>Corn Dog Nuggets<br>Steamed Broccoli<br>Fresh Banana | 5/17<br>Teriyaki Chicken w/ Veggies & Rice<br>BBQ Rib Sandwich<br>Mixed Vegetables<br>Diced Pears     |
| 5/20<br>Lasagna Roll Ups w/ Garlic Toast<br>Spicy Chicken Sandwich<br>Steamed Broccoli<br>Juicy Peaches                | 5/21 <b>Taco Tuesday!</b><br>Beef & Cheese Nachos<br>Loaded Chicken Totchos Bowl<br>BBQ Baked Beans<br>Pineapple Tidbits | 5/22<br>Popcorn Chicken Bowl w/ Fresh Bread<br>Ham & Cheese on a Pretzel Bun<br>Mashed Potatoes<br>Applesauce       | 5/23<br>Wildcat-Fil-A Sandwich<br>Corn Dog Nuggets<br>Seasoned Potato Wedges               | 5/24<br>No School   |
| 5/27<br>No School  | 5/28 <b>Taco Tuesday!</b><br>Chicken & Cheese Tacos<br>Beef & Cheese Tacos<br>Golden Corn<br>Fresh Apple                 | 5/29<br>Chef's Choice<br>Steamed Broccoli<br>Fresh Orange   | 5/30<br>Chef's Choice<br>Diced Carrots<br>Applesauce                                       | 5/31 <b>LAST DAY OF SCHOOL!</b><br>Chef's Choice<br>Mixed Vegetables<br>Juicy Peaches                 |

## The Deli

Ham & Cheese Hoagie/Wrap  
Turkey & Cheese Hoagie/Wrap  
Breaded Chicken & Cheese Hoagie/Wrap  
Italian Hoagie/Wrap  
Buffalo Chicken Hoagie/Wrap

Whole Grains Available Daily

## Accompaniments

\*Must take at least one 1/2 cup of fruit or vegetable

**\*Vegetable Bar includes:**  
Broccoli Florets  
Baby Carrots  
Dark Leafy Greens  
Legume Salads  
Celery & Cucumber  
Peppers

**\*Fruits include:**  
Crisp Apple  
Sliced Peaches  
Mixed Fruit  
Fresh Orange  
Banana  
Pineapple Tidbits  
Diced Pears  
Applesauce

**Fresh Produce from Local Farms based on crop availability**

## Milk

Milk Choices Offered Daily:  
1% white, non-fat white, non-fat flavored

## Proud to manage your food service program

**LUNCH IS FREE FOR ALL STUDENTS!**

The School District does not discriminate on the basis of age, race, color, national or ethnic origin, sex or handicap in employment practices or in administration of any of its education programs and activities in accordance with applicable federal statutes and regulations. EOE

**MENUS SUBJECT TO CHANGE**