



Updated Quarantine Recommendations for Individuals Who Are Not Fully Vaccinated

This does not apply to Healthcare Personnel see PA-HAN 569 for HCP

Individuals who are not fully vaccinated against COVID-19, or have not had a positive COVID-19 test within 90 days, and are identified as a close contact of a COVID-19 case must quarantine.

An individual is considered fully vaccinated when 2 or more weeks have passed after the receipt of the second dose in a 2-dose vaccine series, or 2 or more weeks have passed after receipt of one dose of a single-dose vaccine.

Quarantine is used to separate someone who might have been exposed to COVID-19 away from others. The most protective recommended quarantine period remains at **14 days after the date of last exposure** (Day 0) to a person who is infectious with SARS-CoV-2.

CDC continues to endorse quarantine for 14 days and recognizes that any quarantine shorter than 14 days balances reduced burden against a small possibility of spreading the virus.

The following are options to reduce the 14-day quarantine:

- Quarantine can end on Day 11 without testing and if no symptoms have been reported during daily monitoring. Symptom monitoring and masking must continue through day 14.
- If diagnostic testing resources are sufficient and available, quarantine can end on Day 8 if a diagnostic specimen specifically RT-PCR) tests negative **AND** if no symptoms were reported during daily monitoring. Symptom monitoring and masking must continue through day 14.
 - The specimen must be collected and tested within 48 hours before the time of planned quarantine discontinuation (e.g., in anticipation of testing delays), but quarantine cannot be discontinued earlier than Day 8.

In order to discontinue quarantine on Day 8, specimens must be collected on or after Day 5. Specimens collected prior to this date will not be sufficient to allow quarantine to end early. Persons can discontinue quarantine at these time points only if the following criteria are also met:

- No clinical evidence of COVID-19 has been elicited by daily symptom monitoring during the entirety of quarantine up to the time at which quarantine is discontinued; AND
- Daily symptom monitoring continues through quarantine Day 14; AND,
- Persons need to adhere strictly to masking through Day 14 after exposure
 - If any symptoms develop, they should immediately self-isolate and contact the ECDH or their healthcare provider to report this change in clinical status.

[Science Brief: Options to Reduce Quarantine for Contacts of Persons with SARS-CoV-2 Infection Using Symptom Monitoring and Diagnostic Testing](#)
| CDC

PENNSYLVANIA DEPARTMENT OF HEALTH 2021 – PAHAN – 566 – 4-28-UPD

Effective: 6.9.2021