

news letter

Here's what's happening this month!



Welcome to our ADAMHS Board monthly newsletter! We are thrilled to share with you the latest developments in our mission to make a positive impact in our community.

PLANNING COMMITTEE

**TUESDAY,
NOVEMBER 4,**
9:00 A.M.
2900 COLUMBUS
AVENUE
2ND FLOOR, ROOM
213, SANDUSKY, OH
44870

Board Meeting

**TUESDAY,
NOVEMBER 18,**
4:00 P.M.
247 COLUMBUS
AVENUE
3RD FLOOR, ROOM
213, SANDUSKY, OH
44870



November is Carcinoid, Lung, and Pancreatic Cancer Awareness Month

This month, we recognize three critical forms of cancer and the importance of early detection and research:

- **Lung cancer** remains the leading cause of cancer-related deaths worldwide.
- **Pancreatic cancer** continues to have one of the highest mortality rates, often due to late diagnosis.
- **Carcinoid tumors** are slow-growing neuroendocrine tumors that commonly develop in the digestive tract or lungs.

Awareness, education, and early screening can make a life-saving difference. 💜💙💛

November is National Alzheimer's Disease Awareness Month

This month is dedicated to raising awareness, providing education, and supporting those affected by Alzheimer's disease.

- More than 6.2 million Americans currently live with Alzheimer's disease.
- It is one of the leading causes of death, particularly among women.

Throughout November, efforts focus on:

- Increasing public understanding of symptoms such as memory loss and confusion.
- Promoting brain health through lifestyle changes like regular exercise, healthy eating, and mental engagement.
- Encouraging support for research and the caregivers who provide essential care every day.

Together, we can help raise awareness and bring hope to those impacted by Alzheimer's. 💜

NOVEMBER IS



**CARCINOID,
LUNG &
PANCREATIC
CANCER**

AWARENESS MONTH

NOVEMBER IS

**National Homeless Youth
Awareness Month**

IT'S O.K. TO ASK FOR HELP!



**ALZHEIMER'S DISEASE
AWARENESS MONTH**

NOVEMBER

November is National Homeless Youth Awareness Month

This month brings attention to the challenges faced by young people experiencing homelessness and the urgent need for community support and prevention efforts.

- Millions of youth experience homelessness each year across the United States.
- Homeless youth face an increased risk of mental health issues, substance abuse, physical harm, and trauma.
- The lack of a high school diploma is strongly associated with a higher likelihood of experiencing homelessness.

Throughout November, communities are encouraged to raise awareness, advocate for resources, and support programs that help young people find stability, safety, and hope. 💙



Substance Use Disorders 101

Date: Saturday, November 8
Time: 10:00 AM – 11:00 AM EST
Location: Online

CEUs: Available for Ohio Counselors, Social Workers, and Marriage & Family Therapists.

Registration is required.

Register here: [Substance Use Disorders 101](#)

Signs, Symptoms, and Resistance

Date: Wednesday, November 12
Time: 12:00 PM – 1:00 PM EST
Location: Online

CEUs: Available for Ohio Counselors, Social Workers, and Marriage & Family Therapists.

Registration (required):

Register here: [Signs, Symptoms, and Resistance in Substance Use Disorders](#)

Visit Our Website
[HTTPS://WWW.ADHMSERIE.ORG](https://www.adamhserie.org)

