



# Middle School Monthly

## #bmsbethebest



Mr. Jeff Eckley - Principal  
Mrs. Jenna Hill - Assistant Principal

### Principal's Piece

Based on the recent weather, it seems spring is upon us! We love spring at middle school because it brings with it several opportunities for our students to showcase their hard work from the year. Students will be showing off their many skills through our spring concerts and spring sports contests, art shows, and upcoming state tests as well as our final MAP test. Be sure you are subscribed to our BMS public calendar, as well as the district calendar, to make sure you don't miss a thing this spring!

Be the Best  
Jeff Eckley -  
Principal, Bellbrook Middle School

### Class Highlight- Steam Night

Thank you so everyone that came out last Thursday for STEAM night- what an awesome event! We had over 35 vendors with 50-60 adult presenters plus student volunteers. Donations, the bake sale, and chili cookoff raised almost \$500 for our k-8 STEM programs. So, thank you to the 140 families that joined us to learn more about STEAM related events and projects! We hope to see everyone again next year!

\*Special shoutout to Mr. Eckley who kept his title as Chili champ!



### NJHS Application information for Current 7th and 8th Graders

#### Attention 7th & 8th Grade Parents:

Students who have received a 3.5 GPA or higher for the end of the 3rd quarter will qualify to apply for National Junior Honor Society (NJHS). NJHS serves to honor students who have demonstrated excellence in the areas of Scholarship, Leadership, Service, Character, & Citizenship!

#### Important dates to note:

3/20- List posted of students who qualify to apply, emails sent to students with instructions

3/20-3/24- Application pick-up from Mrs. Herlihy

4/14- Applications due to Mrs. Herlihy

\*A committee of teachers and administrators will review applications\*

4/26- Letters sent home to accepted applicants

5/3- NJHS Induction Ceremony (7:00 PM)

If you have any questions, you can email Mrs. Herlihy (shelby.herlihy@bss.k12.oh.us)!

# Bellbrook Golden Eagles, Soaring to be the Best!



## Students of the Month



Congratulations to the following students who have excelled in the classroom and were selected by their teachers as March's students of the month!



Aubrey Hahn, Delano Boyd, Emerson East, Connor Sprague, Luci Mescher, Luke Williams

## Counselor's Corner

March is full of pressure to perform, as we head into the thick of testing season. Plus, the warming weather means more shorts and short sleeves, which can be hard for students who struggle with body image. Read below to learn about the benefits of and the "How To" of Self-Esteem.

### Best Ways to Build Self-Esteem Right Now

- Focusing on the things we love about ourselves, and that make us great
- Helping others ( community service, random acts of kindness, supporting a friend)
- Affirmations ( "I am enough" or "I am loved" )
- Practicing problem solving and critical thinking skills
- Forming a positive self-image
- Showing gratitude
- Participating in social activities
- Spending time with loved ones
- Spending time doing the things you love

### Benefits of Building Self-Esteem

- Students with high self-esteem perform better in school
- Have an easier time making friends
- Have better relationships with adults and peers
- Are more likely to stick with something until they succeed
- Feel more in control of their lives
- Find it easier to deal with disappointment
- Enjoy life more

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### Community Service Opportunities

Family Resource Center  
Sisca  
Volunteer Match

# *Bellbrook Golden Eagles, Soaring to be the Best!*





# For Your Calendar

Thurs., March 2 - 6th Grade Band/Choir Concert at BMS 6 pm  
Mon. March 6 - Fri. March 10 Book Fair in Library  
Tuesday March - 7th - 7th and 8th Choir Concert at BHS 7pm  
Friday March 10th - End of 3rd Quarter  
Wed. March 15th - 2 hr late start  
Wed. March 15 - 7th and 8th Grade Band Concert at HS 7 pm  
Thurs. March 16th - BMS presents the Spring Musical Frozen 7pm  
Friday March 17th - BMS presents the Spring Musical Frozen 7 pm  
Saturday March 18th - BMS presents Spring Musical Frozen. 2 pm and 7  
Tuesday, March 21st - Incoming 6th Grade Parent Meeting 6pm  
Monday March 27th - Friday March 31st- SPRING BREAK

\*Ohio State Testing Dates: ELA April 17-20, Math and Science 8 May 1-4

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**BMS**

The graphic includes illustrations of a silver camera, two yellow pencils, and a spiral notebook with 'BMS' written on it. A curved arrow points from the 'PURCHASE ONLINE' text to the list of features.

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