Please scroll down to find your school menu!

Arbor Hills Junior High School Jan - May 2020 Menu

MONDAY TUESDAY WEDNESDAY THURSDAY FRIDAY Pepperoni or Pepperoni or **Beef Nachos** BBQ Pork on a Bun Beef Rigatoni Cheese Pizza Cheese Pizza Or Or or Hamburger or Or Chicken Nuggets Cheeseburger or Cheese Bread w Sloppy Joes Chicken Sandwich Hash browns Salad w/Cheese Broccoli **Baked Beans** Pineapple Green Beans Romaine Lettuce Applesauce Apple **Peaches Oranges** Garden Salad with vegetables, fruit and milk Offered Daily!!! Pepperoni or Grilled Cheese Walking Taco Pepperoni or MENU#2 Swedish Meatballs Cheese Pizza Cheese Pizza Or Or or Hamburger or Or Chicken Sandwich Corn Dog **BBQ Pork Sandwich** Cheeseburger or Beef Chili Cheese Fries Salad w/Cheese Corn **Tomato Soup** Corn Romaine Lettuce Mixed Fruit Apple Peaches Pears **Applesauce** Garden Salad with vegetables, fruit and milk Offered Daily!!! MENU#3 Pepperoni or Spicy Chicken Strips Beef Rigatoni Sloppy Joe Pepperoni or Cheese Pizza Cheese Pizza Or Or Or or Hamburger or Or Chicken Sandwich Meat Ball Sub Mac & Cheese Chicken Quesadilla Cheeseburger or Romaine Lettuce w/Roll Green Beans **Smiley Potatoes** Corn Applesauce Apple Banana Mixed Fruit **Pears** Garden Salad with vegetables, fruit and milk Offered Daily!!! Popcorn Chicken **Beef Nachos BBQ Pork Sand-**Pepperoni or Pepperoni or ENU #4 Cheese Pizza wich Cheese Pizza Or or Hamburger or Salisbury Steak w/Roll Or Or Chicken Sandwich Cheeseburger or Fiestada Pizza Mashed Potatoes w/ Hot Dog Salad w/Cheese Carrots **Refried Beans Baked Beans** Gravv Romaine Lettuce Apple Mixed Fruit Pineapple **Applesauce Applesauce** Grilled Cheese Pretzel & cheese Pepperoni or Asian Chicken Pepperoni or Cheese Pizza MENU#5 Or Cheese Pizza or Hamburger or Mac & Cheese w/Roll Or Chicken Sandwich Corn Dog Cheeseburger or Chicken Nuggets Salad w/Cheese **Green Beans Tomato Soup** Rice Broccoli Romaine Lettuce **Peaches** Apple Apples Applesauce Oranges Garden Salad with vegetables, fruit and milk Offered Daily!!! **JANUARY 2020**



Breakfast is served 7:45 am-8:00 am

BREAKFAST MENU OFFERED DAILY:

Choice of assorted whole grain cereals or Pop Tarts.

Assorted fruits and choice of milk

LUNCH MENU ITEMS OFFERED DAILY:

A variety of fresh fruits, red/orange & dark green vegetables and legumes.

Choice of Chocolate, Strawberry or

White milk

2019 -2020 Late Start Days: Sep 17, Oct 25 Mar 5, May 12

PRICES

BREAKFAST

Regular \$1.75 Reduced \$.30 Adults \$2.25 Milk \$.50

LUNCH

Regular \$3.00 Reduced \$.40 Adults \$3.75 Milk \$.50

Don't forget, parents are able to prepay for student meals using on-line payments at MySchoolBucks.com.

PLEASE NOTE: We will never turn away a student requesting a meal in our food lines. We will charge the meal, feed the student and settle with parents at a later date. Be assured, no child will ao hunary in Sylvania Schools!

- Free & Reduced Applications are available at any of the school offices. For the quickest processing, go to www.sylvania.heartlandapps.com
- Reminder, if you receive free lunches daily and your school serves breakfast, you may eat a free, healthy breakfast every morning!
- For questions or comments please contact Joe Shamy, Food Service Director at 419-824-8511 or jshamy@sylvaniaschools.org.

Meals Offered Daily

Soy nut butter and jelly sandwich with fruit, veggie and milk (sandwich a la carte \$1.50)

Follow the menu with its calendar day.

Each week is represented by a color and number and represents a 5-week cycle menu.

The last 6 days of school are manager's choice.

Menu options for these days will be announced in advance.

Menu may change at manager's

This institution is an equal opportunity provider.

discretion due to food supply.

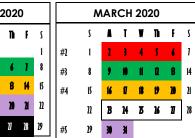
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* MANAGER'S CHOICE MENU

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SATWTHE

FEBRUARY 2020 SATWHES







McCord Junior High School JAN - MAY 2020 Menu

MONDAY TUESDAY WEDNESDAY THURSDAY FRIDAY Pepperoni or Chicken Drummy Hot dog/Chili dog Cheese or Pepperoni Grilled Cheese Cheese Pizza Pizza Tomato Soup Mashed potatoes Sloppy Joe Or Meat Ball Sub Cheeseburger French fries /w Spicy Chicken Pretzel w/ cheese Carrots Corn chili & cheese Apple Banana Apple Banana Orange Garden Salad or chef with Croutons or hummus with veggies, chips, pita bread! Sub sandwiches & bagels daily! Pepperoni or Chicken Wings Cheese or Pepperoni Teriyaki chicken Salisbury steak MENU #2 Cheese Pizza Pizza Fried rice Mashed potatoes Walking taco Cheeseburger Refried beans Pulled BBQ Pork Sandwich Chicken sandwich Chicken fries Corn Spanish rice Baked beans Broccoli Dinner roll **Apple** Apple Banana Pear Orange Garden Salad or chef with Croutons or hummus with veggies, chips, pita bread! Sub sandwiches & bagels daily! MENU#3 Beef chili & cheese w/ Grilled cheese Cheese or Pepperoni Chicken Drummy Pepperoni or Mashed Potatoes Tomato soup Cheese Pizza Potato wedge Pizza Cheeseburger Rotini w/ meat sauce Popcorn chicken Spicy chicken strips Buffalo chicken sub Broccoli Carrots Garlic bread

Garden Salad or chef with Croutons or hummus with veggies, chips, pita bread!!! Sub Sandwiches & bagels daily!

Chicken pot pie w/ biscuit END #4 Hamburger gravy Mashed potatoes Alfredo penne pasta Apple

Banana

Cheese or Pepperoni Pizza Breaded cheese sticks Cheese stuffed tater tots

Banana

Corn

Apple

Sweet & Sour Chicken Fried Rice Or Chicken sandwich Orange

Orange

2 soft beef tacos Or Chicken quesadilla Refried beans Spanish rice Apple

Pepperoni or Cheese Pizza Cheeseburger Broccoli Pear

Banana

Rotini w/ meat sauce MENU#5 Garlic bread Popcorn chicken Corn

JANUARY 2020

SATWDES

Cheese or Pepperoni Pizza Meat loaf Roasted garlic potatoes

Apple

FEBRUARY 2020

Beef & cheese nachos Mac & cheese Corn bread Green beans Orange

Popcorn chicken Mashed potatoes Corn dog Corn Pear

Pepperoni or Cheese Pizza Cheeseburger Carrots Banana

Garden Salad or chef with Croutons or hummus with veggies, chips, pita bread! Sub sandwiches & bagels daily!



An Expectation of Excellence

Breakfast is served 7:45 am-8:05 am

BREAKFAST MENU OFFERED DAILY:

Choice of assorted whole grain cereals, pancakes, or Pop Tarts. Assorted fruits and choice of milk

LUNCH MENU ITEMS OFFERED DAILY:

A variety of fresh fruits, red/orange & dark green vegetables and legumes.

Choice of Chocolate. Strawberry or

White milk

2019 -2020 Late Start Days:

Sep 17, Oct 25, Mar 5, May 12

PRICES

BREAKFAST

Regular \$1.75 Reduced \$.30 Adults \$2.25 Milk \$.50

LUNCH

\$3.00 \$.40 \$3.75 \$.50 Regular Reduced Adults Milk

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- Reminder, if you receive free lunches daily and your school serves breakfast, you may eat a free, healthy breakfast every morning!
- For questions or comments please contact Joe Shamy, Food Service Director at 419-824-8511 or jshamy@sylvaniaschools.org.

Meals Offered Daily

Hummus served with fresh dipping vegetables, fruit, pita bread, and milk. Hummus a la carte \$2.50

Soy nut butter and jelly sandwich with fruit, veggie and milk (sandwich a la carte \$2.50)

Follow the menu with its calendar day. Each week is represented by a color and number and represents a 5-week cycle menu. The last 6 days of school are manager's choice. Menu options for these days will be announced in advance.

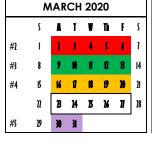
Menu may change at food supply.

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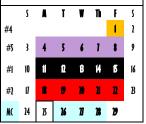
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* MANAGER'S CHOICE MENU

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MAY 2020

Timberstone Jr. High School JAN - MAY 2020 Menu

MONDAY TUESDAY WEDNESDAY THURSDAY FRIDAY Cheese or Pepperoni Walking Taco CHEESE OR PEPPERONI Corn Dog Cheesy Bread w/ Pizza Marinara PIZZA Or Chicken Fries Soft Taco HAMBURGER or Spicy Chicken Strips Chicken Sandwich Tomato Soup Corn **CHEESEBURGER Refried Beans** Carrots Banana **GREEN BEANS** Apple Oranges Pineapple APPLESAUCE CUP Rotini w/Meat Sauce Hot Dog on a Bun Cheese or Pepperoni CHEESE OR PEPPERONI MENU #2 Beef & Cheese Pizza Or PI77A Nachos Cheesy Bread w/ Beef BBQ Riblet Or HAMBURGER or Marinara Fiestada Pizza Chicken Sandwich Sandwich CHEESEBURGER Refried Beans Dinner Roll Carrots **Baked Beans GREEN BEANS** Apple Corn Pears APPLESAUCE CUP Banana Oranges MENU#3 Meatball Sub CHEESE OR PEPPERONI Cheese or Pepperoni Chicken Cheese Salisbury Steak Or Quesadilla PIZZA Pizza **Boneless Spicy** Or Cheese Bread w/Marinara HAMBURGER or Roll Chicken Sandwich Chicken Soft Taco CHEESEBURGER Corn Carrots Corn Refried Beans **GREEN BEANS** Oranges APPLESAUCE CUP Peaches Apple Banana Cheese or Pepperoni Boneless Chicken CHEESE OR PEPPERONI **EN** # Walking Taco Hamburger Pizza Or Or PIZZA Or Rotini w/Meat Sauce HAMBURGER or Fiestada Pizza Cheeseburger Chicken Sandwich Dinner Roll **CHEESEBURGER Refried Beans Baked Beans** Carrots Corn **GREEN BEANS** Apple Banana Pineapple APPLESAUCE CUP Oranges Chicken Cheese Cheese or Pepperoni CHEESE OR PEPPERONI Corn Dog Mac & Cheese Quesadilla MENU#5 Pizza Or PIZZA Or Or Meatball Sub HAMBURGER or **Boneless Chicken** Soft Taco Chicken Sandwich CHEESEBURGER Corn Corn Refried Beans Carrots Apple **GREEN BEANS Oranges** Banana Pears APPLESAUCE CUP



An Expectation of Excellence

Breakfast is served 7:45 am-8:05 am

BREAKFAST MENU

OFFERED DAILY:

Choice of assorted whole grain cereals, pancakes, or Pop Tarts. Assorted fruits and choice of milk

LUNCH MENU ITEMS OFFERED DAILY:

A variety of fresh fruits, red/orange & dark green vegetables and legumes.

Choice of Chocolate. Strawberry or

White milk

2018-2019 Late Start Days:

Sep 17, Oct 25 Mar 5, May 12

PRICES

BREAKFAST

Regular \$1.75 Reduced \$.30 Adults \$2.25 Milk \$.50

LUNCH

Regular \$3.00 Reduced \$.40 Adults \$3.75 Milk \$.50

Don't forget, parents are able to prepay for student meals using on-line payments at MySchoolBucks.com.

PLEASE NOTE: We will never turn away a student requesting a meal in our food lines. We will charge the meal, feed the student and settle with parents at a later date. Be assured, no child will go hungry in Sylvania Schools!

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- Reminder, if you receive free lunches daily and your school serves breakfast, you may eat a free, healthy breakfast every morning!
- For questions or comments please contact Joe Shamy, Food Service Director at 419-824-8511 or jshamy@sylvaniaschools.org.

Meals Offered Daily Hummus served with fresh dipping vegetables, fruit, pita bread, and milk. \$2.75 Hummus a la carte \$2.50

Follow the menu with its calendar day. Each week is represented by a color and number and represents a 5-week cycle menu. The last 6 days of school are manager's choice. Menu options for these days will be announced in advance.

Menu may change at manager's discretion due to food supply.

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* MANAGER'S CHOICE MENU

