

South Fayette Township School District

Athletic Handbook for Students, Parents and Coaches



2024- 2025

Revised: 7/24/24

Top Ten Reasons To Be A Designated Good Sport

10. Because taunting, trash talk and intimidating behavior have no place in high school sports -- or any level of sports.
9. Your admission is to watch the performances of highly impressionable 15 to 18-year old kids -- not a license to abuse coaches, officials, players and other spectators.
8. You want others to treat you the way you want to be treated -- and how many of us want to be treated with disrespect?
7. We need more positive role models for our kids.
6. People don't always remember the final score -- but they always remember the fan in Section Three who made a fool out of him or herself.
5. Because coaches and officials are also teachers. Why would you harass them in their classroom?
4. A national survey indicates kids play high school sports to have fun -- not to be number one!
3. It's how you play the game that counts.
2. It's simply the right thing to do.
1. Because sportsmanship begins with you!

South Fayette High School

3640 Old Oakdale Road • McDonald, PA 15057-2580
Phone 412-221-4542 • Fax 724-693-9843 • www.southfayette.org
Dr. Dirda, Ext. 242 Mr. Salopek, Ext. 265



Dr. Natasha K. Dirda
High School Principal
nkdirda@southfayette.org

Mr. Thomas J. Salopek
High School Assistant Principal
tjsalopek@southfayette.org

Dear Parents/Guardians:

This material is presented to you because your son or daughter has indicated a desire to participate in interscholastic athletics and you have expressed your willingness to permit him/her to compete. Your family interest in this important component of our school program is gratifying. We believe that participation in sports provides a wealth of opportunities and experiences that assist students in personal adjustments.

We are concerned with the educational development of boys and girls through athletics and feel that a properly controlled, well-organized sports program can meet student needs for self-expression, social, mental and physical growth. It is our intent to conduct a program that is educationally sound in purpose and will enhance each student's personal growth.

A student who elects to participate in athletics is voluntarily making a choice of self-discipline. These are the reasons we place such stress on good training habits. Failure to comply with the rules of training and conduct means exclusion from the squad. This concept of self-discipline and self-denial is tempered by our responsibility to recognize the rights of the individual within the objectives of the team. There is no place in athletics for students who will not discipline their minds and bodies for rigorous competition. We are striving for excellence and do not want our athletes to compromise with mediocrity. We expect our athletes to represent South Fayette Township School District with his/her highest standards concerning their athletic careers.

When your son/daughter enlisted in one of our sports programs, he/she committed our staff to certain responsibilities and obligations which are:

- A) to provide adequate equipment and facilities
- B) to provide well trained coaches
- C) to provide equalized contests with skilled officials

Likewise, we feel that you have committed yourselves to certain responsibilities and obligations. We would like to take this opportunity to acquaint you with specific policies that are necessary for a well-organized program of athletics.

It is the role of the department of athletics to make rules that govern the spirit of competition for the school. These rules need a broad basis of community support, which is achieved only through communication to the parent. It is our hope to accomplish this objective through this athletic publication for students and parents.

Sincerely,

Mark Keener
Athletic Director

/kld

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Dear Athlete:

Being a member of a South Fayette athletic team is a fulfillment of an early ambition for many students. The attainment of this goal carries with it certain traditions and responsibilities that must be maintained. A great athletic tradition is not built overnight; it takes the hard work of many people over many years. As a member of an interscholastic squad of South Fayette Middle/Senior High School, you have inherited a wonderful tradition which you are challenged to uphold.

Our tradition has been to win with honor. We desire to win, but only with honor to our athletes, South Fayette Township School District and our community. Such a tradition is worthy of the best efforts of all concerned. Over many years, our squads have achieved more than their share of league and tournament championships. Many individuals have set records and achieved All-American, All-State and All-Conference honors.

We hope that you will give 100 percent to contribute to such a great athletic tradition. When you wear the colors green and white, we assume that you not only understand our traditions, but are willing to assume the responsibilities that go with them. However, the contributions you make should be a satisfying accomplishment to you and your family. These responsibilities include:

- A) Responsibilities to Yourself: The most important of these responsibilities is to broaden and develop strength of character. You owe it to yourself to derive the greatest benefit from your high school experiences. Your academic studies, your participation in other extracurricular activities as well as in sports, prepare you for your life as an adult.
- B) Responsibilities to South Fayette Schools: Another responsibility you assume as a team member is to your school. South Fayette cannot maintain its position as having an outstanding school unless you do your best in the activity in which you engage. By participating in athletics to the maximum of your ability, you are contributing to the reputation of your school.

You assume a leadership role when you are on an athletic team. The student body and citizens of the community and other communities judge our school by your conduct and attitude, both on and off the field/court. Because of this leadership role, you can contribute significantly to school spirit and community pride. Make South Fayette proud of you and your community proud of your school by your consistent demonstration of these ideals.

- C) Responsibilities to Others: As a team member, you also bear a heavy responsibility to your family. When you know in your heart that you have lived up to all of the training rules, that you have practiced to the best of your ability everyday and that you have played the game all out, you can keep your self-respect and your family can be proud of you.

Keep in mind, the younger students in the South Fayette School System are watching you. They will copy you in many ways. Do not do anything to let them down. Set good examples for them. Please contact me if I can be of any further assistance at (412) 221-4542 Ext. 225 or by e-mail at mkeener@southfayette.org.

Sincerely,

Mark Keener
Athletic Director

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PHILOSOPHY

The Philosophy of the South Fayette Athletic Program is to provide wholesome, healthy, and enjoyable physical activities for the students of our school. It is hoped that through these activities, we will be able to develop in our student's self-discipline, pride, the values of fair play, and sportsmanship.

The conduct of a student-athlete should exemplify the highest ideals of citizenship, leadership, and sportsmanship and should be characterized by an enthusiasm for these ideals that will inspire all with whom he/she comes into contact to accept them as their own.

The athletic program should always be in conformity with the general objectives of the school, and the athletic administration should be in line with the general policies of the institution. At no time should the program place the total education curriculum secondary in emphasis; the program should function as a part of the whole curriculum and should constantly strive for the development of a well-rounded individual, capable of taking his/her place in modern society.

PHYSICAL EXAMINATION

*Forms are available in the athletic director's office and on the school district website: www.southfayette.org/athletics

Please note the following changes:

1. The PIAA (Pennsylvania Interscholastic Athletics Association Inc.) requires ONE COMPREHENSIVE PHYSICAL EXAM BY AN AUTHORIZED MEDICAL EXAMINER (MD, DO, PAC, CRNP OR SNP), thereby eliminating the seasonal physical requirement. This physical must be dated on May 1, 2024, or after and will expire May 1, 2025, or conclusion of PIAA playoffs.

This positive change assures a more thorough examination that can be fulfilled through the individual's annual medical exam by his/her family physician. Please note that ALL information for the comprehensive physical must be completed by the parent, student, and physician and Sections 1, 2, 3, 4, 5, 6 and 7 returned to the school district. **Only wrestlers must also have to fill out Section 10.** Please be sure to sign for ALL sports in which your son/daughter MAY compete during the 2024-2025 school season.

Please refer to the "Sports Physical Frequently Asked Questions" attached to this letter for further clarification.

2. Due to changes in this comprehensive physical form provided by the PIAA, athletes are responsible for obtaining their sports physical on their own. South Fayette School District *will not be providing sports physicals*. We encourage you to schedule a physical with your child's primary care physician, who is most familiar with your child's health history and immunization records. For your convenience, we have also included information (attached) of two local medical centers that offer physicals for high school athletes. Please note that physicals are mandatory for eligibility for all sports. This and all other paperwork must be turned in by the first official practice. The athlete must be participating by the first official date (**no grace period**).



Sports Physicals Frequently Asked Questions

1. How is the new physical requirement different from the one previously used?

Under the previous system, student athletes were required to obtain a physical and it was good for one calendar year.

Under the new system, a student can get one physical per school year and it counts for all of the sports they participate in. Example: A student who receives a physical in May 2024 meets all medical requirements, except otherwise noted for injury (providing he/she indicates sports on the form), for the 2024-2025 school year. The physical must be dated on May 1, 2024, or after.

2. What is different about the requirements for this physical compared to the previous system?

The new physical is expected to be a “comprehensive physical,” completed by the student athlete’s primary care physician, thereby creating a situation in which the student athlete’s personal medical history any other special conditions otherwise unknown by a school district physician can be taken into account. Physicals must be dated on May 1, 2024, or after.

3. For what period of time is the comprehensive physical applicable?”

Under the new system the comprehensive physical is sufficient for the 2024-2025 school year only. All physicals must be on May 1, 2024, or after.

4. Are there any circumstances that would require more than one physical or additional physician’s consent the 2024-2025 season?

Yes, under the following circumstances, the PIAA requires a physician re-certification:

- a. The student athlete suffers any illness or injury that requires treatment from a licensed physician following completion of the comprehensive physical.

Additionally, the school district may require a physician’s re-certification if the student athlete suffers an illness or injury outside of the season i.e. summer, club sports, etc. that debilitate him/her for a period of time.

In the event that any combination of one or more of these circumstances occurs, the PIAA Re-Certification by Parent/Guardian as well as the PIAA Re-Certification by Physician must be completed.

5. By what date must the comprehensive physical exams be completed and information submitted?

The Athletic Office will be providing deadlines for submission of all forms. This information will also be posted on the school district website under athletics. (www.southfayette.org).

6. Section two contains a long list of sports. Does South Fayette offer all of these sports?

No. South Fayette School District offers the following sports:

(Listed alphabetically as on the PIAA form)

Baseball (Spring)
Basketball (Winter)
Cross Country (Fall)
Football (Fall)
Golf (Fall) – Boys and Girls
Lacrosse (Spring) - Boys and Girls
Soccer (Fall) – Boys and Girls – SFHS does not have a spring girls' team
Softball (Spring)
Swimming and Diving
Tennis – Girls (Fall) w/Fort Cherry
Tennis – Boys (Spring) w/Fort Cherry
Track & Field (Winter)
Track & Field (Spring)
Volleyball – Girls (Fall) – Boys (Spring)
Wrestling (Winter)

7. What if I misplace the forms?

Additional forms are available in the South Fayette High School Athletic Office or may be downloaded from the school district website: www.southfayette.org/athletics

For any other questions or concerns, please contact the South Fayette High School Athletic Office at (412) 221-4542 Ext. 240 or Ext. 225 or by email at demnyan@southfayette.org or mkeener@southfayette.org.

PRACTICE/GAME REQUIREMENTS

A player must be present at 100% of the practices and contests occurring within the period of time beginning with that team's first interscholastic contest and ending with its last interscholastic contest of the season. Where the failure to meet the 100% requirement results from illness, injury, or a student's failure to meet another P.I.A.A. eligibility rule, the Athletic Director/Head Coach may waive the requirement. A coach may request verification from a physician etc., at his or her discretion.

The South Fayette Athletic Department does not recommend that a student athlete compete in more than one varsity sport within the same season; however, at the discretion of the varsity head coaches and with the Athletic Director's approval, the student may participate.

ATHLETIC INSURANCE -- HOW IT WORKS

Participants in all Interscholastic Sports at South Fayette Township High School are covered by a medical insurance program approved by the Board of School Directors. The coverage is not intended to replace the regular coverage provided by parents or guardians through their family insurance.

All injuries must be reported directly to the coach.

Claim forms should be secured from the Director of Finance, Mr. Brian Tony, (412) 221-4542 Ext. 406 or e-mail btony@southfayette.org or Director of Finance, Mr. Ryan Neely, (412) 221-4542 Ext. 421 or email rkneely@southfayette.org.

Any questions concerning the program should be directed to the Director of Athletics, Mr. Mark Keener (412) 221-4542 Ext. 225 or e-mail mkeener@southfayette.org.

ATHLETIC TRAINER/TRAINING ROOM

The Athletic Trainer will:

1. Work under the direct supervision of the Athletic Director and a UPMC licensed physician.
2. Be present for all high school athletic practices and home events (and also all away varsity football games).
3. Be responsible for making the final decision on the athlete's ability to compete unless previously stated by a physician.
4. Establish open communication and a solid working relationship with the entire coaching staff, team physician, Athletic Director, school nurse and administration.
5. Perform duties that are described by the National Athletic Trainer's Association for Certified Athletic Trainers.
6. Provide in-service training in basic first aid for entire coaching/athletic staff.
7. Communicate with parents, coaches, and injured athletes for medical referrals.
8. Maintain ongoing, accurately dated records of all injury information, treatment, rehabilitation progress, medical information and emergency medical personal data for each athlete.
9. Assist coaching staff in selection of protective equipment, strength training, flexibility, nutrition, and other general conditioning techniques.
10. Be responsible for: pre-event preparation of the athlete, necessary on-field management of injuries during games or practices, post-event treatment of minor injuries and medical referrals of major injuries.

ATTENDANCE

While representing South Fayette Middle/Senior High School in any sport, athletes will abide by the following code. Failure to do so will result in disciplinary action that may include dismissal from the team.

1. Practice, Meeting, Event Attendance:

A student athlete is to attend every practice, meeting, and team event, unless excused by his/her head coach or his/her medical doctor. Students **cannot** participate in any outside AAU or community teams unless given permission from the head coach of that particular in-season school sport.

On a non-school day, student athletes must report to their head coach at least thirty (30) minutes before the beginning of the scheduled practice if they are unable to attend a practice. Such contact must be by the student-athlete, a member of the athlete's family, or appropriate adult. On a school day, if the student-athlete is in school and is unable to attend practice, he or she must personally inform the head coach or Athletic Director of the inability to attend the practice no later than the beginning of the last scheduled class period that day.

If a student arrives tardy to school, it must be prior to 9:30 A.M. (Grades 9-12) and 10:30 A.M. (Grades 7 and 8) and must be an excused tardy as per District Attendance Policy. A student who must leave school early for excused reasons may not leave prior to 1:00 P.M. (Grades 9-12) and 2:00 P.M. (Grades 7-8), and must follow procedures as per District Attendance Policy. Exceptions to this rule may only be determined by the Athletic Director and/or School Principal.

If a student is absent the last school day of the week, and the competition is on a non-school day, the student must bring to the coach, a signed statement from the parent that permission is given to participate. It is recommended that the coach call the parent regarding the absence.

2. Training:

Any athlete known by his/her head coach to use alcoholic beverages or stimulant-depressive drugs during an athletic season could be dropped immediately from the squad for the remainder of that season. Any decision relative to participation in future athletic activities will be left to the discretion of individual head coaches, the Athletic Director and the Administrative Staff. The consequences of the Drug and Alcohol Policy as set forth by the Board of School Directors of the South Fayette Township School District will be adhered to for this offense in addition to those described above.

3. Discipline of Student Athletes:

In the event of a significant incident involving student athletes in season and on multiple teams either in or out of school, a panel of the head coaches of the sports in season, the Athletic Director and a representative of the school district administration will be convened

to determine what, if any disciplinary action should be taken against the student athletes involved. The purpose of the panel is to ensure that any sanctions placed upon student athletes are fair, consistent, and in accordance with team and/or school district policies.

A significant incident is defined as any incident that a coach has direct or indirect knowledge of in which student athletes violated team and/or school district policies. This includes but is in no way limited to violations of the drug and alcohol policy and tobacco policy.

Student athletes may be disciplined by their head coaches and high school administration if the incident occurred on campus.

If it is determined that given the location and/or nature of the incident the high school administration has no jurisdiction in the matter, student athletes may still be sanctioned by the head coach in accordance with team policies.

CODE OF ETHICS

It is the duty of all concerned with school athletics:

1. To emphasize the proper ideals of sportsmanship, ethical conduct, and fair play.
2. To eliminate all possibilities which tend to destroy the best values of the game.
3. To stress the values derived from playing the game fairly.
4. To show cordial courtesy to visitors and hosts.
5. To establish a good relationship between visitors and hosts.
6. To respect the integrity and judgment of sports officials.
7. To achieve a thorough understanding and acceptance of the rules of the game and the standards of eligibility.
8. To encourage leadership, use of initiative, and good judgment by the players on the team.
9. To recognize that the purpose of athletics is to promote the physical, mental, moral, social, and emotional well-being of the individual players.
10. To keep in mind that an athletic contest is only a game -- not a matter of life or death for player, coach, school, official, fan, community, state or nation.

CUTTING POLICY

Philosophy

In accordance with our philosophy of athletics and our desire to see as many students as possible participate in the athletic program while at South Fayette, we encourage coaches to keep as many students as they can while maintaining the integrity of their sport. Time, space, facilities, equipment, personal preference, and other factors will place limitations on the most effective team size for any particular sport. However, when developing policy with respect to team selection, coaches are encouraged to strive to maximize the opportunities for our students without diluting the quality of the program.

Responsibility

1. Choosing the members of athletic teams is the sole responsibility of the coaches or their designees of those teams.
2. Non-varsity coaches shall take into consideration the policies established by the head coach in that particular program when selecting final team rosters.
3. Prior to team selection, the coach shall provide the following information to all candidates for the team:
 - A. extent of try-out period
 - B. criteria used to evaluate and then select the team
 - C. number or range of numbers to be selected
 - D. practice commitment if they make the team
 - E. game commitments

Procedure

1. When a team cut becomes a necessity, the following procedures will be used:

Each candidate shall have competed in a minimum of three practice sessions and have performed in at least one intrasquad game (exception softball/baseball).
2. The coach will either post a list or talk to individuals not making the team. The coach will identify how he/she will communicate with individuals who have specific questions relative to try-outs.
3. If an athlete is cut from a team at the final roster selection, typically the first Saturday of the season, he/she may try out for a second team if the following criteria are met:
 - A. The cut athlete must contact the coach of the team he/she is seeking to join and the head coach of the team must agree to accept the athlete onto the team.
 - B. The athlete, the head coach of the team the athlete was cut by and head coach of the team the cut athlete is seeking to try out for, must contact the Athletic Department regarding the situation no later than the Wednesday after the first Saturday of the

season. Contact must include a document signed by the athlete and both head coaches indicating that the athlete was cut at final roster selection and that the athlete is now being "received" by the coach of another sport.

- C. The athlete and parent must submit a Section 7 document (physical verification) before the athlete can try out for the second sport.
- D. The athlete must be practicing with the Athletic Department's approval no later than the Wednesday after the first Saturday of the season.

ELIGIBILITY

Student eligibility is outlined in the P.I.A.A. Manual and must be followed. The basic rules provide that a student must:

- A. Meet Pennsylvania Interscholastic Athletic Association (P.I.A.A.) and W.P.I.A.L. eligibility rules:
 - 1. Be academically qualified.
 - 2. Be under 19 years of age. If the age of 19 is attained on or after July 1st, the pupil shall be eligible agewise to compete through that school year.
 - 3. Comply with residence rules.
- B. Submit to the health office, a dated and completed permission certificate with parental signature at least one day before the physical examination.
- C. Satisfactorily undergo a physical examination by a physician. Proper forms must be completed and submitted. These forms can be obtained at the Athletic Office.

You will lose your eligibility when you have been in attendance more than eight semesters beyond the eighth grade. If you repeat a grade after eighth, you will be ineligible as a senior. Also, only six years of eligibility in a sport from grades 7 through 12 is permitted.

You may participate only one season in each sport during each school year. (You cannot play 9th grade girls' basketball in the fall of the year and be eligible for the Junior Varsity or the Varsity during the winter season.)

EQUIPMENT

- A. All student-athletes are responsible for their equipment and uniforms. This includes cost for stolen or lost equipment and uniforms. Parents should follow instructions for care of uniforms. Damage to uniforms and their replacement (lost) will be the responsibility of the parent.

- B. No equipment and uniforms are to be taken from the school grounds by the students without the permission of the coach, except for use in a contest or for laundering purposes.
- C. All equipment and uniforms are to be worn as they were designed to be worn. Shirts or jerseys will be worn inside the pants or trunks. Socks will be uniform and properly adjusted (no black). No head bands are permitted. Girls may wear green, white or black (no wider than one inch) bands back in the hair crown and not the forehead. All team members should look like a team, not a group of individuals.
- D. No student shall be permitted to participate in a second sport until he/she has satisfied all equipment and uniform obligations in a previous sport.
- E. Head coaches are not permitted to add new players to any rosters after the first official practice date. All athletes must be at the first practice. Coaches may appeal this regulation by submitting the circumstances to the Athletic Director for a final ruling on that particular player.
- F. The use of cell phones or any other photographic equipment is prohibited from use in the locker room or any other area deemed by the head coach. Failure to do this can result in disciplinary actions.
- G. Athletes cannot quit one sport during the season to participate in another sport.

EXTRACURRICULAR ELIGIBILITY RULE

Participation

Participation in extracurricular activities at South Fayette is a privilege not a right. South Fayette Township School District encourages all students to participate in extracurricular activities. Participation is not limited to playing a sport, but also includes after school club meetings, attendance at school dances, athletic events, etc. It is the responsibility of each individual coach or sponsor to prohibit students who are ineligible from participating (this includes practice). Each coach or sponsor will be provided with a list of all students who are eligible. All students will be treated equitably.

The following classifications of Eligibility are in effect at South Fayette Township School District:

Weekly Eligibility

1. Teachers will be provided weekly with a list of students who are registered as a participant in each extracurricular activity. On Friday morning (8:15 A.M.) of each week, teachers will be required to indicate any students who are in danger of failing ("D" average) or failing their course. No student is to receive an "F" unless it was preceded by a "D" at some time during the nine week grading period. The weekly grade is cumulative for each nine week period.
2. The lists will be compiled by the Athletic Director. Any student (**Grades 7-12**) who fails two classes will be considered ineligible for the following week (Monday through Saturday). That student is not permitted to practice or participate during that time.

Nine-Week Academic Ineligibility

Any student in Grades 7 or 8 who fails six-week or nine-week courses that cannot be made up in summer school will be considered eligible. Seventh through twelfth grade students who fail two or more courses are ruled ineligible.

At the end of each nine-week period (at the end of the year, final grades will be used), report cards for all students will be reviewed. Grades 7-12 mid-term eligibility will be based on Q2 grades.

To be eligible for attendance and/or participation in extracurricular events, a student must pursue a curriculum approved by the principal and must have not failed two classes. Evaluation or subject credits shall conform with the standards established by the Pennsylvania Department of Public Instruction. A student ineligible for this reason will be ineligible for a period of fifteen (15) school days. Parents will be notified by mail of this ineligibility. At that time, eligibility will again be monitored on a weekly basis.

Attendance Ineligibility

A student who is absent from school during a semester for a total of twenty or more school days shall not be eligible to attend or participate in extracurricular activities until he/she has been in attendance for a total of forty-five (45) days following his/her twentieth day of absence, except that where there is a consecutive absence of five or more school days, due to confining injury, death in the immediate family, court subpoena, quarantine, or to attend a religious activity function which the church requires its members to attend, or an absence of five or more school days due to the same confining illness, such absence may be waived from the application of this rule by the District Attendance Committee. Parents/guardians of students in this category will be notified by mail of this ineligibility.

The student must fulfill the requirements of the school as well as those of the Pennsylvania Interscholastic Athletic Association and W.P.I.A.L. The school administration may revoke the privilege of participating in athletics at any time for disciplinary reasons, flagrant misconduct or poor sportsmanship, excessive absenteeism and the failure to meet minimum scholastic eligibility standards.

THE HEALTH INSURANCE PORTABILITY AND ACCOUNTABILITY ACT

The Health Insurance Portability and Accountability Act (HIPAA), which recently went into law, ensures the following:

- Prevention of health insurance discrimination based on a pre-existing condition
- Reduction of health care fraud and abuse
- Standards for health information
- Security and privacy of health information

Under the HIPAA law, South Fayette School District will not withhold the availability of its athletic insurance based on a pre-existing condition, and will maintain the accuracy and confidentiality of all athletic injuries that are reported to the medical insurance program.

INSURANCE AND INSURANCE CLAIM PROCEDURE

The South Fayette Township School District maintains a limited insurance policy on all students participating in interscholastic athletics. The coverage is not intended to replace the regular coverage provided by parents or guardians through their family insurance. The players should notify the head coach of any injury received while participating in an athletic activity. If the coach and/or parent feels medical advice or treatment is necessary, the player can go to a doctor of his choice. The injury should be recorded on an accident report form and turned in to the Director of Finance.

The injured player should report to the athletic trainer and coach so that an insurance claim form can be filled out and sent to the treating doctor or hospital. The limitations are set by the insurance company; therefore, it is urgent that claim forms be completed within 24 hours after the injury or accident.

LETTERMAN JACKETS

Once a student-athlete earns a varsity letter, that athlete will be eligible to order a letter jacket at the conclusion of that sport's season. Jacket fittings will be announced at the end of the fall and winter sport seasons only. An athlete is responsible for the entire cost of the jacket except for the school provided letter.

MIDDLE SCHOOL ATHLETIC AWARDS (GRADES 7-9)

Middle school athletes must meet the same requirements as the varsity athletes. That particular player must fulfill all requirements with the completion of that particular season. Every participant will receive a "Certificate of Participation" who did not earn an athletic letter/certificate.

Student-athletes who participate in middle school programs, with junior varsity and varsity teams, will be awarded participation certificates for junior varsity players and letters, if qualified, for varsity players.

PARKING/PICK-UPS

Parking is not permitted in the back stadium lot by parents or students during the fall and spring season (24/7). Athletes must be picked up or dropped off in the front of the stadium. Students who do not follow these directions can be punished or suspended. This is a safety feature.

TITLE IX COMPLIANCE OFFICER

Title IX law requires each school district that receives federal financial assistance to designate a Title IX Compliance Officer to assure compliance in all school district programs. South Fayette's compliance officer is Brian Tony or Ryan Neely. Brian Tony can be contacted either by email at btony@southfayette.org or by phone at (412) 221-4542 Ext. 406 for information, questions and/or concerns.

NCAA CLEARINGHOUSE

FAQ's about the NCAA Initial-Eligibility Clearinghouse

Student athletes must register with the NCAA Initial-Eligibility Clearinghouse to be eligible to play NCAA Division I or Division II Sports in college. (Athletes playing in NCAA Division III do not have to register.)

What is the NCAA Initial-Eligibility Clearinghouse?

The NCAA Initial-Eligibility Clearinghouse is the organization that determines whether prospective college athletes are eligible to play sports at NCAA Division I or Division II institutions. It does this by reviewing the student athlete's academic record, SAT or ACT scores, and amateur status to ensure conformity with NCAA rules.

What are NCAA Divisions I, II and III?

The NCAA is the governing body of many intercollegiate sports. Each college and university regulated by the NCAA has established rules on eligibility, recruiting, and financial aid, and falls into one of the three membership divisions (Divisions I, II and III). Divisions are based on school size and the scope of their athletic programs and scholarships.

When should students register with the clearinghouse?

The NCAA recommends that student athletes register with the clearinghouse at the beginning of their junior year in high school, but many students register after their junior year. There is not registration deadline, but students must be cleared by the clearinghouse before they receive athletic scholarships or compete at a Division I or Division II institution.

How do students register with the clearinghouse?

Students can register online at the NCAA Clearinghouse website. They will have to enter personal information, answer questions about their athletic participation, and pay a registration fee. The website will then prompt them to have their high school transcript and ACT or SAT scores sent to the clearinghouse.

Can students have the registration fee waived?

Students who have received a waiver for the SAT or ACT are eligible for a waiver of the clearinghouse registration fee. The student's counselor must submit confirmation of the student's test fee waiver. Go to the NCAA Clearinghouse's High School Administration page for more information.

What records does the clearinghouse require?

Students should arrange to have you send their high school transcript to the clearinghouse as soon as they have completed at least six semesters of high school. The transcript must be mailed directly from their high school. They must also arrange to have their ACT or SAT test scores reported directly by the testing company to the clearinghouse. Students can arrange this when they register for the ACT or SAT.

You are responsible for sending in students' final transcripts and proof of graduation at the end of their senior year.

How often can students update their athletics participation information?

Students can update the information on the athletics participation section online as often as they want (and should update it regularly), up to the time when they request a final certification of their status. At that point (usually three to four months before enrolling in college), students must finalize their information.

What are the NCAA academic eligibility requirements?

To play sports at an NCAA Division I or Division II institution, the students must:

- Complete a certain number of high school core courses (defined below)
- Earn a certain minimum grade point average in their core courses
- Earn a certain minimum score on the SAT or ACT (for Division I, this is scaled according to the student's core-course GPA)
- Graduate from high school

For more information, see the NCAA's Guide for the College-Bound Student-Athlete, available at the Publications section of the NCAA website.

What are core courses?

"Core courses" is the name that the NCAA gives to high school courses that meet certain academic criteria specified by the association. Students must complete a certain number of core courses for NCAA Division I and II eligibility.

How are high school courses classified as core courses?

All participating high schools submit lists of the courses that they offer that meet NCAA core-courses criteria. If approved, the courses are added to a database that the NCAA Initial-Eligibility Clearinghouse maintains. You can check this database, or view a list of approved core courses on the High School Administration page to see whether your student athletes are enrolled in courses that will count toward NCAA eligibility.

It will most likely be your job as counselor to provide the NCAA with the list of your school's core courses, and to update this list annually. The NCAA may ask for more information before approving a core course.

What are the NCAA amateurism eligibility requirements?

To play sports at an NCAA Division I or Division II institution, the student-athlete must follow NCAA amateurism rules as regards receiving a salary or prize money for athletic participation, playing with a professional team, and other areas. For more information, see the Guide for the College-Bound Student-Athlete linked above.

Keep in mind

The best way for students to prepare for a future in college athletics is to complete the approved core courses and earn appropriate grades in them. Indeed, more students fail to qualify to play NCAA sports because of lack of appropriate course work than for low test scores.

Make sure your athletes are enrolled in the courses on your high school's core-course list, and also know the eligibility requirements on the NCAA Clearinghouse website. Then make sure your athletes are taking the necessary courses, earning the necessary grades, and doing anything else they must do to stay on track for NCAA eligibility.

RECRUITING - "A MESSAGE FROM RICK WIRE – AUTHOR"

Welcome to "The Student-Athlete & College Recruiting". Let me give you some background on how I created this educational tool. I have a son that wanted to be a collegiate athlete. He worked hard both academically and athletically to put himself in a position to be recruited by major colleges. His hard work and dedication paid off. On July 1st, after his junior year, he accepted a full athletic scholarship to attend Stanford University.

The knowledge I gained during the recruiting process my son went through is **INVALUABLE!** Over a four-year period I acquired a lot of information about recruiting. When my son was a freshman, I talked to parents of senior athletes to see what the recruiting process was like for them, what they liked, and disliked about it, and what they would do differently if they could do it all over again. I took all that information and formulated my own plan for creating the best possible recruiting experience for my son. I came to the following conclusion. Basically there are 3 ways to go. 1) You can start early, maybe in your sophomore year, taking unofficial visits to colleges on your own and then committing early; 2) You can go through the entire recruiting process taking all your official visits and committing on the day of signing; or 3) You can find a blend between these two and take a few official visits and then verbally commit before the signing date.

We are going to cover 4 different subjects:

1. **ACADEMICS** - We will show you what core subject credits you will need to be eligible to compete as a freshman. Then, we break those credits down in a year format. That way, you will know where you should be academically at any given time.
2. **ATHLETICS** - We will talk about what it will take physically to compete at the next level with specific instruction on strength training, speed and flexibility and plyometrics.
3. **MARKETING** - We have designed a 4-step plan that will show you how to market yourself using highlight tapes, newspaper articles and direct mailings to compete for one of those hard to get athletic scholarships.
4. **RECRUITING** - We will define key words used in the recruiting process and show you examples of a college coaches recruiting calendar. Then you will know just how structured recruiting is. We also include an effective way to evaluate each university. This will help you make a knowledgeable decision when choosing a college. Finally, we provide answers to the most commonly asked questions about the entire recruiting process.

Most children grow up with dreams of being the next Michael Jordan, Florence Griffith-Joyner, Emmitt Smith, Monica Seles, or Mark McGwire. But in reality, less than 1/10th of 1% of high school athletes ever come close to reaching this level. Nevertheless, there is nothing wrong with having dreams. But when the time comes to choose a college and compete at the collegiate level, our children must be honest and realistic about their talent and abilities. We can't allow them to set the **CHIN BAR** so high that they could never reach it. An example would be a 5'2" basketball player that wants to go to North Carolina to play basketball. Or, an offensive lineman that is 5'8" - 210 lbs. that wants to play for Notre Dame. Or even a female soccer player that runs a 7.3 - 40 yard dash that wants to play for the University of Texas. I believe that the first critical step our children take in considering college athletics is evaluating their own talent level, and setting attainable goals. Use the following scenario as a barometer to measure your child's talent level. If your child **STARTS AS A FRESHMAN** on the varsity squad in their sport, there is a good chance they may have the talent to play at the Division I level. If they start for 2 or 3 years on the varsity, they are probably more suited for the Division II level. And, if they only start their senior year on varsity, Division III is probably the level where they should concentrate on. There are exceptions to this philosophy but they are **FEW** and **FAR** between. Some high school coaches prefer not to start freshman because of either maturity reasons or maybe there is a senior at that same position that they feel has earned the right to play. And, a player that started as a freshman at a **SMALL SCHOOL**, might not have been able to crack the line-up as a sophomore at a **BIGGER SCHOOL**. Sit down with your high school coach and ask them to help evaluate your talent and what level of college athletics fits you best. They will have a valuable perspective in helping you evaluate your talent. It is **EXTREMELY** important to determine what level of college athletics your child is best suited for. If they choose the wrong level, they may not have a chance of getting a piece of that **ATHLETIC SCHOLARSHIP PIE**. Or worse, it could ruin their entire college experience. Remember, it's not your perception of your child's abilities and talent that gets the athletic scholarship, it's the perception of a college coach who may be hundreds or even thousands of miles away. Their opinion is the only one that **REALLY** counts.

For more information on "The Student-Athlete and College Recruiting" by Rick Wire*, contact the Athletic Department at (412) 221-4542 Ext. 225 or 240.

*Wire, Rick. *The Student-Athlete and College Recruiting*, 6th Edition. Flaglar Beach: Athletic Guide Publishing, August, 2002.

ROSTER

Every student-athlete who is a member of an interscholastic team must appear on that team's W.P.I.A.L. eligibility roster.

SOUTH FAYETTE ATHLETICS **PARENT/COACH COMMUNICATION**

Parent/Coach Relationship

Both parenting and coaching are extremely difficult tasks. By establishing an understanding of each position, we are better able to accept the actions of the other and provide even greater benefit to the

student-athletes. As parents, when your child(ren) become involved in our program, you have a right to understand what expectations are placed on your child(ren). This begins with clear communication from the coach of that program. Remember, the chain of command should be the following:

1. Talk to the coach.
2. Talk to the athletic director.
3. Talk to the building principal.
4. Talk to superintendent.
5. Talk to the school board.

Communication a Parent Should Expect From The Coach

1. Philosophy of the coach.
2. Expectations the coach has for your child(ren) as well as other players on the team.
3. Locations and times of both practices and games.
4. Team requirements (i.e. fees, off-season conditioning and special equipment).
5. Procedure if your child(ren) become injured during participation.
6. Discipline that results in the denial of your child's and/or children's participation.
7. An overview of the Athletic Code.

Communication a Coach Should Expect From Parents

1. Concerns expressed directly to the coach.
2. Notification of any schedule conflicts well in advance.
3. Specific concerns in regard to the coach's expectations and/or philosophy.

As your child(ren) become involved in the Athletic Program at South Fayette Township School District, they will experience some of the most rewarding times in their lives. It is important to understand that there may be times when things do not go the way you or your child(ren) had hoped. At these times, discussion with the coach is encouraged.

Appropriate Concerns To Discuss With Coaches

1. The treatment of your child(ren): both mentally and/or physically.
2. Concerns and/or questions of your child(ren)'s behavior and/or strengths and weaknesses.
3. Ways to assist your child(ren) to improve.

It is very difficult to accept your child's and/or children's not playing as much as you may have hoped. Coaches make judgment decisions based on what they believe to be best for all student-athletes involved. As you have read from the list above, certain concerns can and should be discussed with the coach. Other issues, such as those on the following list, must be left to the discretion of the coach.

Issues Not Appropriate To Discuss With Coaches

1. Playing time
2. Team strategy
3. Play calling
4. Other student-athletes

There are situations that may require a conference between the coach and the parent. These are to be encouraged. It is important that both the parent(s) and coach have a clear understanding of the others position. When these conferences are necessary, the following procedure should be followed to assist in promoting a resolution to the issue of concern.

If You Have a Concern To Discuss With a Coach, The Procedure You Should Follow:

1. Call to set up an appointment with the coach. (South Fayette Township School District telephone number is (412) 221-4542. Athletic Office's Extension is 225 or 240.
2. Please do not attempt to confront a coach before or after a contest or practice. These can be emotional times for both the parent(s) and the coach. Meetings of this nature do not promise
a resolution.

SPECTATOR BEHAVIOR

1. The use of noisemakers and carrying signs are not permitted in the gymnasium. Cheerleaders' megaphones may not be used by spectators.
2. Smoking of any type of tobacco use is not permitted in the building nor on school grounds.
3. Refreshments are not permitted in the gymnasium but are available in the lobby.
4. Spectators will not receive pass-out checks.
5. Spectators must remain in the area limited by the doors on either side of the gym. At the completion of a contest, all spectators should leave the contest area and the building as quickly as possible.
6. Spectators who possess, partake, or behave in a manner indicative of their having recently consumed alcoholic beverages or engage in any unacceptable behavior will be escorted from the contest area and turned over to the police. If any unacceptable behavior is displayed by a student, he/she will be dealt with by school authorities.
7. No spectator will be admitted to a team locker room without specific permission of the head coach.
8. All spectators are expected to be seated while any contest is being conducted unless otherwise stipulated by proper school authorities.
9. All spectators are expected to show the same respect and consideration to the opposing team as they would want their team to receive.
10. All spectators are expected to occupy seats and sections in the bleachers in accordance with their age and team allegiance.
11. Spectators are not permitted on the field, courts or seating area reserved for the athletic teams.

PARENTS' RESPONSIBILITY AS FANS

Recently, a parent was sentenced 6-10 years for the murder of a fellow parent at a hockey practice. The role of the parent as a fan at youth or high school athletic events has become a concern. It is important for fans to realize that just like the participants, they play an important role in every contest.

First, the fan must realize the participants are playing the game because of their love and enjoyment of that sport.

Second, a fan must realize that these are youth or high school athletes. They will not perform at the collegiate or pro level you are accustomed to watching on television or attending in person.

Third, remember the athletes are trying to succeed and give their best effort every time. Fans should recognize and appreciate their successes and not criticize their failures. Their efforts are pure and genuine. Realize that some athletes will have more advanced skills than others. As a fan, you must be aware of the simple fact that even though your team gave a solid effort, the better team won.

Fourth, the fan needs to understand the coach. Coaches work and prepare to put forth the best game possible and the best product on the field for that game. They are as interested in success as the athlete. They are working together for a common goal. They are also educators first. Along the way, they may be forced to sideline or bench a player for lack of effort or violation of team rules. While people may not always agree with these decisions, it is part of the coach's responsibility. These are decisions the athlete may not always agree with, but he or she will remember the reason why a lot longer than they remember the score.

Fifth, remember the future of the participant. A year from now, no one will remember the score or exactly how the game was played. They will remember the behavior of all and specific lessons learned from that contest. How we behave as fans has a larger impact on the athlete than we may think.

Sixth, it is the responsibility of the fan to show the athlete how to react to success and failure with the proper attitude. The fan needs to understand that everyone involved -- players, coaches, officials -- is trying to do their best. Appreciate that effort and be patient and understanding when mistakes occur. When success occurs, for your team or the opponent, recognize it, but do so with class and not in a taunting fashion.

Seventh, attending an athletic contest should be an enjoyable activity for the fan. As stated before, the athletes are playing for the love of the game and are always giving 100 percent effort. Help them look forward to participating in that contest and appreciate you coming to watch them.

Don't make them dread this experience because of your inappropriate behavior.

Finally, always remember you are the role model. You are modeling for the athlete (your son or daughter), the community and yourself. Continue to support the sport(s) of your choice. Please do so in a manner that will make the team and community proud to say you are one of their fans.

SPORTS AT SOUTH FAYETTE

Fall/Winter/Spring:

Cheerleading	Varsity 9-12	J.V. 9-11	Middle School 7-8
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Student Athletic Trainer	Varsity 9-12		
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Fall Sports:

Football (Boys)	Varsity 9-12	J.V. 9-11	Middle School 7-8
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Golf (Boys)	Varsity 9-12	J.V. 9-11	
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Golf (Girls)	Varsity 9-12	J.V. 9-11	
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Soccer (Boys)	Varsity 9-12	J.V. 9-11	Middle School 7-8
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Soccer (Girls)	Varsity 9-12	J.V. 9-11	Middle School 7-8
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Tennis (Girls)	Varsity 9-12	J.V. 9-11	Cooperative Sport with Fort Cherry played at Fort Cherry
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Volleyball (Girls)	Varsity 9-12	J.V. 9-11	
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Basketball (Girls)	Season will start October 4, 2021		Middle School 7-8
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Cross Country (Girls)	Varsity 9-12		Middle School 7-8
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Cross Country (Boys)	Varsity 9-12		Middle School 7-8
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Winter Sports:

Basketball (Boys)	Varsity 9-12	J.V. 9-11	Middle School 7-8
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Basketball (Girls)	Varsity 9-12	J.V. 9-11	
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Hockey Club*	Varsity 9-12	J.V. 9-10	Middle School 7-8
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Swimming (Boys)	Varsity 9-12	Cooperative Sport with Fort Cherry at South Fayette	
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Swimming (Girls)	Varsity 9-12	Cooperative Sport with Fort Cherry at South Fayette	
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Wrestling (Boys)	Varsity 9-12	Junior High 7-9
Indoor Track (Girls)	Varsity 9-12	
Indoor Track (Boys)	Varsity 9-12	
Unified Bocce (Girls/Boys)	Grades 9-12	

Spring Sports:

Swimming (Girls)		Cooperative Sport with Fort Cherry at South Fayette	Middle School 7-8
Swimming (Boys)			Middle School 7-8
Baseball (Boys)	Varsity 9-12	J.V. 9-11	Junior High 7-9
Softball (Girls)	Varsity 9-12	J.V. 9-11	Middle School 7-8
Tennis (Boys)	Varsity 9-12	J.V. 9-12	Cooperative Sport with Fort Cherry played at Fort Cherry
Lacrosse (Boys)	Varsity 9-12	J.V. 9-12	
Lacrosse (Girls)	Varsity 9-12	J.V. 9-12	
Track (Girls)	Varsity 9-12		Middle School 7-8
Track (Boys)	Varsity 9-12		Middle School 7-8
Volleyball (Girls)			Middle School 7-8
Volleyball (Boys)	Varsity 9-12	J.V. 9-12	

***Not a member of PIAA (Pennsylvania Interscholastic Athletic Association) or the WPIAL (Western Pennsylvania Interscholastic Athletic League). Hockey is a school club team.**

STUDENT/ATHLETE ETHICS

1. The student-athlete should serve as an example of good sportsmanship and wholesome living that should be promoted through athletics.
2. There should be harmony among student-athletes regardless of what sport or sports you are playing.
3. Disagreements with officials will be done respectfully by the coaches, not a student-athlete. This will be done according to the Coaches' Handbook.

4. Profanity by student-athletes will not be tolerated. Use of profanity will in no way improve your performance.
5. Attire of student-athletes:
 - A. Student-athletes should dress properly for all contests. The impressions you make reflect upon you, your team, and the school. Expectations will be set and administered by the coach.
 - B. Suitable practice attire will of course depend upon the nature of the sport, weather conditions, and will be at the discretion of the coach.
 - C. Wearing spiked or cleated shoes in school buildings is prohibited. This is a matter of maintenance and safety.
 - D. Coaches will take responsibility for communicating the standards and expectations for dress to his/her team and enforcing them.
6. No student-athlete participating in an activity in season should be contacted on the day of a game for the purpose of post-high school recruiting without the permission of the head coach of the activity.
7. Team Rivalry: A student-athlete should encourage pride within the team, but this should never be developed by belittling another sport. Every team should support every other team in the school.
8. Every athlete should make an attempt to participate in work-outs conducted by the performance specialist and strength coach.

SUGGESTIONS FOR STUDENT ATHLETES HAVING ACADEMIC DIFFICULTIES

1. Attend class daily, pay attention to the classroom teacher, and keep a notebook of class notes.
2. Arrange your schedule so that you can spend an adequate amount of time studying, reading your assignments, and preparing properly for tests.
3. Complete assignments accurately and submit them to the teacher on time.
4. If you plan to be, or are absent from any of your classes, make sure that you see the teacher(s) involved and receive all assignments.
5. Keep your parents and/or guardians informed of your progress in all your courses.
6. Consult with your teacher, coach, and counselor concerning availability of after-school tutoring

TRAINING ROOM

The training room shall be used only when the trainer is in the room and is providing direct supervision.

TRAINING RULES AND PERSONAL CONDUCT OF TEAM MEMBERS

1. Physical and moral training should rank high in our aims and objectives in athletics. Generally, it is the individual coach's job to establish training rules for his/her team. There are however, certain basic factors which should be constant for all teams and participating members in the athletic program. Violation of these rules or conditions will result in penalties in accordance with the offense.
 - A. All team members' conduct is the head coach's responsibility. The coach is responsible for proper conduct on buses, locker rooms, practices fields, etc. and will enforce discipline when necessary.
 - B. Drug Abuse and Drinking: Drinking and drug abuse are direct violations to the most basic training rules. Any violations of this nature may result in suspension from athletics for at least the remainder of the season in progress.
 - C. The South Fayette School District will prohibit the use of anabolic steroids, by any pupil involved in school related athletics, except for a valid medical purpose as prescribed by a physician. Violations of this code may result in suspension from athletics for at least the remainder of the season in progress.
 - D. The rules and regulations in this code shall apply to any violations on and off school premises during the season of participation. Any violations during the off-season could result in disciplinary action at the discretion of the head coach. The head coach of each particular sport will have a contract to cover these infractions.
2. In the event of a significant incident involving student athletes in season and on multiple teams either in or out of school, a panel of the head coaches of the sports in season, the Athletic Director and a representative of the school district administration will be convened to determine what, if any, disciplinary action should be taken against the student athletes involved. The purpose of the panel is to ensure that any sanctions placed upon student athletes are fair, consistent, and in accordance with team and/or school district policies.

A significant incident is defined as any incident that a coach has direct or indirect knowledge of in which student athletes violated team and/or school district policies. This includes but is in no way limited to violations of the drug and alcohol policy and tobacco policy.
3. Student athletes may be disciplined by their head coaches and high school administration if the incident occurred on campus.

4. If it is determined that given the location and/or nature of the incident the high school administration has no jurisdiction in the matter, student athletes may still be sanctioned by the head coach in accordance with team policies.

E. Personal Conduct: The athlete should exemplify an outstanding school student in all ways.

Some areas to be considered are:

1. Classroom-school building behavior.
 2. Dress according to school policy.
 3. Conduct at social and school functions.
 4. Behavior outside of school: driving habits, gang affiliation, etc.
 5. Class cutting by an athlete.
 6. Habitual lateness in arriving at school, 5 times or more during a season (excused or unexcused), will result in a formal conference with the Athletic Director/Coach to correct the problem. Failure to modify the behavior may result in suspension from the team.
- F. Abuse of "D" and/or "E" (on the previous page) may result in immediate suspension from the team.
5. Middle school students attending high school athletic practices/conditioning sessions must adhere to the following:
 - A. All middle school students going to the high school for any athletic program must have a written note on file from their parents verifying that they are permitted to attend.
 - B. Any students going to the high school from the middle school will be supervised by a member of the athletic staff.

STUDENTS WHO VIOLATE THE CODE OF CONDUCT OF THE SOUTH FAYETTE TOWNSHIP SCHOOL DISTRICT WILL BE DISCIPLINED ACCORDING TO ITS POLICY. ANY STUDENT WHO IS SUSPENDED FROM SCHOOL WILL NOT BE PERMITTED TO PARTICIPATE (PLAY OR PRACTICE) IN ANY EXTRACURRICULAR ACTIVITY DURING THE TIME OF SUSPENSION OR OTHER DISCIPLINARY CONSEQUENCE I.E. DETENTION, ETC.

TRANSFER STUDENT
CHECK WITH THE ATHLETIC DIRECTOR

You are treated as having transferred whenever you change schools, even if you are out of school for a period of time before entering the new school. There have been several changes by the P.I.A.A. regarding transfer rules and eligibility. Contact the Athletic Department if you are a transfer student or you have any question concerning your eligibility.

TRAVEL

Roll call will be taken on the bus, prior to departure and again on the bus prior to the return, by the Head Coach or designee.

When visiting, the head coach will check the dressing room before leaving for home to insure that no criticism of his/her team's use of the facility is possible. The head coach of a given squad is responsible for the conduct of the squad on any away contest trip. The head coach is also responsible for the cleanliness of any bus used by his/her team on a trip. Do not leave articles on the bus during competitions.

Athletes must travel to and from contests away from South Fayette in transportation provided by the school. The only exception is injury to a participant which would require alternate transportation. The coach can also give a parent permission to drive their child home in extenuating circumstances.

If a parent insists on taking a student without the coach's permission, the coach is obligated to release that student to their parent(s). In doing so, however, the coach has the authority to discipline or suspend that individual student from the team.

Travel (Siblings)

Only students who have siblings on a particular team will be excused from school to attend a WPIAL/PIAA sanctioned event at which their sibling is participating and they are not. In order to be excused from school, students must submit an educational trip request form to the Attendance Office. Failure to adhere to this guideline will be handled in accordance with the South Fayette High School attendance policy.

ANNOUNCEMENTS/INFORMATION

Each coach of a particular sport is to notify Mrs. Demnyan in the Athletic Office by 7:30 a.m. the day after a contest either by phone and/or email (412) 221-4542 Ext. 240 or demnyan@southfayette.org the following:

1. Scores and results of the contest.
2. Any particular information to be announced or published by the Public Relations person or the website.
3. All website information should be approved and presented by the head coach.
4. The above information will only be accepted by the head coach and **not** boosters, parents, etc.

VARSITY ATHLETIC AWARDS

The guidelines for awards are as follows:

A. Football	--	50% of the quarters of all games
B. Soccer	--	50% of the quarters of league games
C. Volleyball	--	50% of the sets of league games
D. Basketball	--	50% of the quarters of league games
E. Wrestling	--	50% of the matches
F. Softball	--	50% of the league games -- except pitchers
G. Baseball	--	50% of the league games Specialist (discretion of coach) Pitchers -- one-fourth of total innings
H. Swimming	--	50% of the meets
I. Tennis	--	50% of the matches
J. Golf	--	50% of the matches
K. Lacrosse	--	50% of the matches
L. Cheerleading	--	fall and winter sport seasons
M. Hockey Club	--	50% of all games
N. Track (Winter & Spring)	--	50% of meets
O. Cross Country	--	50% of all meets

These are only guidelines and the coaches have the discretion for final athletic awards.

First-Year Letterman	-	Receives a letter and pin insert
Second-Year Letterman	-	Receives a tan certificate and pin insert
Third-Year Letterman	-	Receives a silver plaque and pin insert
Fourth-Year Letterman	-	Receives a gold plaque and pin insert

Any student who does not qualify for an award will receive a "Certificate of Participation".

Junior varsity athletes do not receive varsity awards (varsity or middle school level).

**There is No place
for**



IN YOUR FACE !!!

Sportsmanship - The Only Missing Piece Is You