

FROM THE NURSE OFFICE
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Welcome to the new school year! Just a few reminders and healthful hints from your school nurse!

Health Information: Every year we need to update your students' health information. Please let me know of any chronic health problems, allergies, and medications your child takes. This helps me know your students and plan for their educational needs. This information will remain confidential.

Upcoming Requirements:

6th Grade: Submit proof of a [physical exam](#) within the last year, or the school can provide one to the student.

7th Grade: Submit proof of 2 vaccines, Tdap and MCV before the first day of 7th grade. 7th graders will also need to submit proof of a [dental exam](#) within the last year, or the school can provide one to the student.

11th Grade: Submit proof of a [physical examination](#) within the last year, or the school can provide one to the student.

12th Grade: Submit proof of second MCV vaccine by the first day of 12th grade.

Medication: There are 3 different Medication Authorization Forms. Please see below for a link and brief description of each. If you have any questions about which one you need, please call me at ext. 2345.

[Over the Counter Medication Form](#) We stock Tylenol, Ibuprofen, and Tums in the nurse's office. Your student must have this form on file in the nurse's office to receive these medications. This form must be renewed yearly. This information can also be entered directly into Skyward by a parent or guardian. I will email you instructions to update the form in Skyward upon request.

[Self-Carry Medication Authorization](#), Students may self-carry rescue medications only. If your student needs to carry an Epi pen or inhaler while at school, please fill out this form and return it to the nurse's office. This form must be renewed yearly.

[Prescription Medication Administration Form](#) For any other medication your student needs to take during the day (other than those listed above), please fill out this form and return it to the nurse's office. This form must be renewed yearly.

All medication must be brought to the nurse's office in its original container. Nonprescription medications must follow the above instructions and will not be administered without a doctor's order.

Screenings: All students will receive a vision screening and a height/weight check annually. 7th and 11th graders will also receive a hearing screening. Please contact me if you have any concerns regarding the screening process.

Illness/Injury: You will not be contacted each time your student visits the nurse. However, in the event your student appears to have a serious illness/injury, every effort will be made to notify you. Please make sure your contact information is kept current throughout the school year. Students with a temperature of 100 degrees or higher will be sent home immediately. Please keep students home from school until they remain fever-free (below 100 degrees) for 24 hours **without** fever-reducing medication.

Food Allergies: Many students at Brentwood have food allergies (Please fill out the food allergy form [FARE](#)). It is imperative that parents/guardians notify both the school nurse and the cafeteria manager of any allergies ASAP.