

Dear Parents,

Welcome to our new normal! I am grateful we are on this journey together. I just want you to know that your school staff is here for you. As we move through this time of self-isolation, we will still experience life together. There will be challenging times and times of celebration. Your child's teacher has already reached out to you. Should you need Mrs. Christian, our counselor, you may text her @tdssch-81010. She is also available by email- JChristian@dcstn.org.

I am available by email- dibogdan@dcstn.org. You may also call my home at 615-446-9874. I would love to hear from you since my calls are typically from Medicare plans, car warranties, or time share offerings! Feel free to leave a message should I miss your call.

In the days ahead, our district website will be a valuable resource for you- www.dcstn.org. A breakfast and lunch program has already been posted at this site and on our school's website. Next week, grade level work suggestions will be made available to you. Your child's teacher will also stay in touch and provide additional ideas and suggestions. All of these are suggestions. Please do not let these opportunities be stressors for you. When you are on this website, you will also find a link to our school's web site.

For fun, join our Facebook page or follow us on twitter-@TDSExplores. Feel free to post learning activities taking place at your home. Coach Eric has posted a fun video with ideas for exercising that incorporate the use of a roll of toilet paper!

More than anything, let's take care of our children and each other. This experience will impact all of us for the rest of our lives. Enjoy more time around the dinner table. Read with your child each day. Play board games. Use some sheets to build a tent in the living room. Take time to enjoy the outdoors. Let's all do our best to find the good in every day.

Take care and stay well! Please hug your child for me!

Debbie Bogdan