

# Brentwood Borough School District Wellness Committee Meeting Minutes

**Date:** 2-17-2021

**Time:** 12:04 pm

**Location:** Middle/High School Facilities/Security Office – and via ZOOM

**Call to order:** The meeting was called to order by Officer Bogdanski.

## Introductions

- Officer Bogdanski introduced each committee member.
- Members in attendance included: Dr. Betler, Mrs. Gaughan, Mrs. Greer, Mrs. Hubsch, Ms. Jones, Mr. O'Connor, Dr. Pagan, Mr. Pavlecic, Dr. Pittle, Mr. Ohm, Mr. Spanos, Mrs. Thieshen, and Mrs. Wilding

## Policy review:

- Policy Review was conducted as per the triennial requirement.
- Officer Bogdanski reviewed the District's current Wellness Policies.
- Individual policy reviews were conducted for the middle/high school and the elementary schools.

## Suggestions, Comments, Questions and Concerns:

- Submitted by N. Barker, student representative:
  - The District nutrition classes do an excellent job in presenting menu planning and explaining how to read nutrition labels.
  - Gym classes have been challenging during the pandemic and the student representative misses' competitive sports.
  - A greater variety of healthy a la carte items should be available for purchase in the cafeteria.
  - Water fountains throughout the district have been shut off. Bottle fillers have been installed and students are permitted to carry water bottles in lieu of using the water fountains.
- Submitted by D. Barker, parent representative:
  - Concern that Mt. Dew Kick Start beverages are sold in the cafeteria.
  - Mrs. Wilding, cafeteria manager, confirmed that the beverages DO meet nutritional requirements and therefore can be sold in the cafeteria.
  - Concern over snacks available at PTA-sponsored events not conforming to Smart Snack nutritional standards (applies to students only during the school day hours). Snacks at events after the school day ends are not held to smart snack compliant regulations. Adults are not held to any restrictions at any time.
- Submitted by Mrs. Wilding:
  - Wellness Policies and Wellness Committee meetings are required by the PDE.
  - Wellness Policies are reviewed by the state during their district visits every five years. (Next review for BBSD is expected during the 2022-2023 school year.)
  - Fundraisers sponsored by district clubs and activities cannot compete with items currently available for sale in the cafeteria. Also, fundraising items that do not meet Smart Snack nutritional standards cannot be sold during cafeteria service times.
  - Exemptions exist for fundraisers that do not meet the above criteria. Exemptions are limited as follows: 5 exemptions per year at the elementary schools and 10 exemptions per year at the middle/high school.

## **Closing Statements**

Meeting adjourned @ 12:40 pm