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Home of the Hilltop Cadets
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PLAN TO ADDRESS STUDENT WELLNESS & SUCCESS

This Student Wellness and Success Plan was developed in collaboration with the Community Hospitals and Wellness Centers (CHWC), a part of Parkview Health providers and the National Youth Advocate Program (NYAP), a private not-for-profit youth advocacy organization. Both entities employ therapists who work part-time at our school to treat our youth experiencing mental health and/or substance abuse issues. The purpose of this plan is to enhance the well-being of students through a more comprehensive approach to mental and physical wellness.

Step 1: Establish a Committee

Committee members include the school social worker, school counselor, school nurse, CHWC mental health therapist, and NYAP mental health therapist. The committee will establish protocols and oversee the process to ensure that all students who need mental health support will receive appropriate access to services, on or off-site.

Step 2: Needs Assessment

The school social worker and counselor will assess student groups to determine current and specific mental health and wellness challenges students are facing. Classroom and social-emotional (SEL) lessons will focus on the identified challenges. The school social worker and counselor will communicate and collaborate with private therapists that work with our students on or off-site. They will share information that will be helpful in making therapeutic progress with students, provided there are sharing of information agreements in place.

Step 3: Develop Goals

The school social worker and counselor will collaborate to develop goals to focus on during classroom SEL lessons. The school social worker, counselor, and private therapists will exchange information that is useful in developing individual goals for private therapy sessions, provided there are sharing of information agreements in place.

Step 4: Develop a Budget & Program

The committee will collaborate with the school treasurer to determine the allocation of funds to support staffing that addresses our students' physical and mental health needs, as well as the curriculum and assessments necessary for implementation of the program.

Step 5: Staffing and Training

Student Wellness and Success funds will be used to help provide the staffing necessary to work with students individually, in small groups, and in large groups. Funds will be used to help provide for a part-time school nurse, school counselor, school social worker, school psychology services, and private mental health therapy. SEL training and lessons will be provided to classroom teachers to help them address mental health concerns within the classroom and to be able to identify students who may need referral for more intensive support or private therapy.

Step 6: Progress Monitoring & Reporting

The school social worker, counselor, and nurse will be responsible to monitor our program to determine its success or lack thereof. Data will be recorded and reported to the administration and used to determine what changes, if any, are to be made to improve our program's effectiveness.