

Williams County Health District

Main Office

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Montpelier, OH 43543
Phone: (419) 485-3141
www.williamscountyhealth.org



WIC Satellite Office

1399 E. High St.
Bryan, OH 43506
Phone: (419) 636-8754

March 11, 2020

Dear Families,

The health and well-being of students, families and staff members are our top priority. As cases of coronavirus continue to increase in the United States, we would like to share some useful information to aid in the prevention and spread of the virus.

At this time, there are 3 confirmed cases of the novel coronavirus (COVID-19) in Ohio, all in Cuyahoga County. They each had known contact with individuals with confirmed diagnoses of COVID-19.

Take extra precautions to prevent the spread of this illness:

- Wash your hands with soap and water for at least 20 seconds
- Use an alcohol-based (60%) hand sanitizer if soap and water are not available
- Avoid touching your eyes, nose and mouth
- Avoid close contact with people who are sick
- Cover your cough or sneeze with a tissue and then throw it in the trash
- Stay home when you are sick
- You should not go to work and your child should not go to school if you or your child has a fever
- Monitor for symptoms including: Fever, cough, and shortness of breath
 - If you/your student develop flu-like symptoms, contact your healthcare provider.

All county schools are utilizing cleaning and disinfection methods to prevent the spread of illness.

Governor Mike DeWine has declared a state of emergency. This status allows the state to deploy resources to affected areas faster than it normally would and allows the Governor to request funding from the federal government to help combat the spread of the virus.

Up-to-date information and resources are available regarding COVID-19 through the following websites:

- Center for Disease Control and Prevention: <https://www.cdc.gov/coronavirus/2019-ncov>
- Ohio Department of Health: <https://coronavirus.ohio.gov>

The Ohio Department of Health has opened a call center to answer questions regarding COVID-19. The call center will be open 7 days a week from 9 a.m.-8 p.m. and can be reached at **1-833-4-ASK-ODH** (1-833-427-5634). Call center staff includes licensed nurses and infectious disease experts. They will be available to answer questions and provide accurate information about COVID-19, the risk to the public, and the state's response.

Sincerely,

A handwritten signature in blue ink, appearing to read 'James D. Watkins'.

James D. Watkins, RS MPH
Health Commissioner
Williams County Health Department

A handwritten signature in blue ink, appearing to read 'Rachel Aeschliman'.

Rachel Aeschliman, MPH RN
Director of Nursing
Williams County Health Department

A handwritten signature in blue ink, appearing to read 'Jim Wyse'.

Jim Wyse
Superintendent
Millcreek-West Unity Local Schools

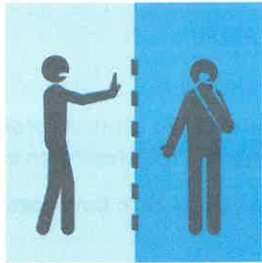
CORONAVIRUS DISEASE 2019

There are no confirmed cases of COVID-19 in Ohio. Please continue to protect yourself from all infectious diseases by using these precautions.

PREVENTION



STAY HOME WHEN YOU ARE SICK



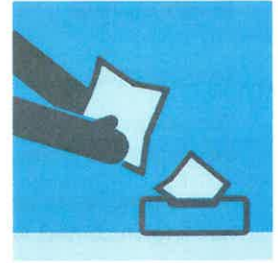
AVOID CONTACT WITH PEOPLE WHO ARE SICK



GET ADEQUATE SLEEP AND EAT WELL- BALANCED MEALS



WASH HANDS OFTEN WITH WATER AND SOAP (20 SECONDS OR LONGER)



DRY HANDS WITH A CLEAN TOWEL OR AIR DRY YOUR HANDS



COVER YOUR MOUTH WITH A TISSUE OR SLEEVE WHEN COUGHING OR SNEEZING



AVOID TOUCHING YOUR EYES, NOSE, OR MOUTH WITH UNWASHED HANDS OR AFTER TOUCHING SURFACES



CLEAN AND DISINFECT "HIGH-TOUCH" SURFACES OFTEN



CALL BEFORE VISITING YOUR DOCTOR



PRACTICE GOOD HYGIENE HABITS

CLEAN ALL "HIGH-TOUCH" SURFACES EVERY DAY

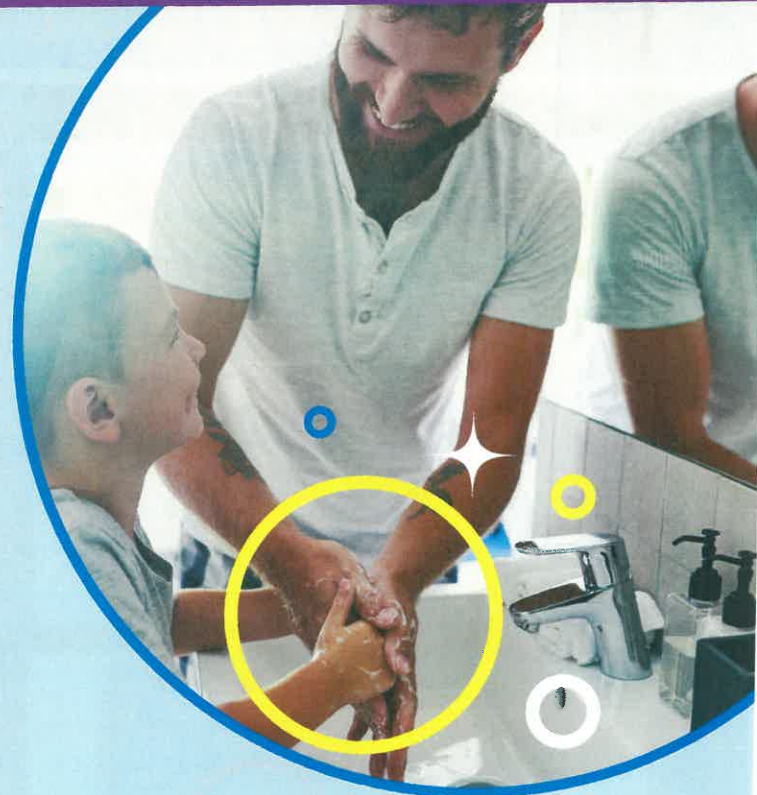
High touch surfaces include counters, tabletops, doorknobs, bathroom fixtures, toilets, phones, keyboards, tablets, and bedside tables. Also, clean any surfaces that may have blood, stool, or body fluids on them. Use a household cleaning spray or wipe according to the label instructions. Labels contain instructions for safe and effective use of the cleaning product including precautions you should take when applying the product, such as wearing gloves and making sure you have good ventilation during use of the product.

02-27-2020

Stop Germs! Wash Your Hands.

When?

- After using the bathroom
- Before, during, and after preparing food
- Before eating food
- Before and after caring for someone at home who is sick with vomiting or diarrhea
- After changing diapers or cleaning up a child who has used the toilet
- After blowing your nose, coughing, or sneezing
- After touching an animal, animal feed, or animal waste
- After handling pet food or pet treats
- After touching garbage



How?



Wet your hands with clean, running water (warm or cold), turn off the tap, and apply soap.



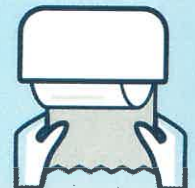
Lather your hands by rubbing them together with the soap. Be sure to lather the backs of your hands, between your fingers, and under your nails.



Scrub your hands for at least 20 seconds. Need a timer? Hum the “Happy Birthday” song from beginning to end twice.



Rinse hands well under clean, running water.



Dry hands using a clean towel or air dry them.

Keeping hands clean is one of the most important things we can do to stop the spread of germs and stay healthy.

LIFE IS BETTER WITH

CLEAN HANDS



www.cdc.gov/handwashing

This material was developed by CDC. The Life is Better with Clean Hands Campaign is made possible by a partnership between the CDC Foundation, GOJO, and Staples. HHS/CDC does not endorse commercial products, services, or companies.



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STOP THE SPREAD OF GERMS

Help prevent the spread of respiratory diseases like influenza and COVID-19.

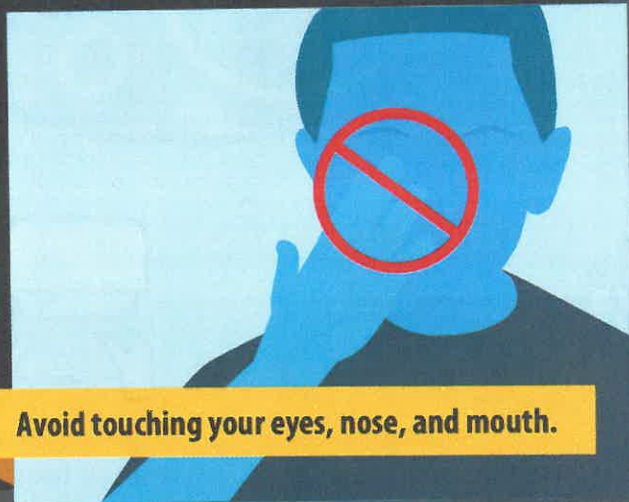
Avoid close contact with people who are sick.



Cover your cough or sneeze with a tissue, then throw the tissue in the trash.



Avoid touching your eyes, nose, and mouth.



Clean and disinfect frequently touched objects and surfaces.



Stay home when you are sick, except to get medical care.



Wash your hands often with soap and water for at least 20 seconds.

