



Free & reduced meal applications are available all year by logging into [PAYSCHOOLSCENTRAL.COM](https://payschoolscentral.com)

# SEPTEMBER 2022 HIGH SCHOOL

This institution is an equal opportunity provider.  
Lunch cost: Full Pay \$3.50, Reduced \$0.40, Free to those who qualify. Breakfast is served daily.

Students may charge 3 lunches. As a courtesy, parents will receive an automated message any time their child's account balance is negative. **MENU IS SUBJECT TO CHANGE.**

## Monday

## Tuesday

## Wednesday

## Thursday

## Friday

**NO SCHOOL  
LABOR  
DAY**

Calzone 32 w/ sauce 3  
Bacon cheeseburger 25  
Fresh carrots 12  
Broccoli 3 w/ cheese 3  
Mandarin oranges 20  
Fresh fruit  
Milk

Popcorn chicken bowl 25 with Goldfish 14  
Pizza ripper 27  
Mashed potatoes 14 w/ gravy 3  
Seasoned corn 18  
Applesauce cup 17  
Fresh fruit  
Milk

Mini corn dogs 44  
Buffalo chicken pizza 35  
Tossed salad w/ cheese 4  
Broccoli 3 w/ cheese 3  
Strawberry cup 21  
Fresh fruit  
Milk

Pizza crunchers 41 w/ sauce 3  
Spicy chicken sandwich 41  
Tossed salad w/ cheese 4  
Green beans 3  
100% juice  
Fresh fruit  
Milk

Walking taco (Taco meat 5, Doritos 20, lettuce, cheese, salsa 3, & sour cream 1) w/ breadstick 14  
French bread pepperoni pizza 33  
Fresh broccoli 5  
Refried beans 31  
Strawberry cup 21  
Fresh fruit  
Milk

Deli wrap 31 w/ Sun chip 19  
Pizza sub 38  
Celery sticks 3 w/ peanut butter 4  
Broccoli 2 w/ cheese 3  
100% juice  
Fresh fruit  
Milk

Pasta w/ meat sauce 30 w/ bread stick 14  
French bread pepperoni pizza 33  
Fresh carrots 12  
Green beans 3  
Mandarin oranges 20  
Fresh fruit  
Milk

8/31 Mini corn dogs 44  
Buffalo chicken pizza 35  
Tossed salad w/ cheese 4  
Broccoli 3 w/ cheese 3  
Strawberry cup 21  
Fresh fruit  
Milk

Breaded chicken sandwich 40  
Pepperoni pizza 34  
Fresh carrots 12  
Crinkle cut fries 13  
Peaches 14  
Fresh fruit  
Milk

French toast sticks 57 & egg & cheese omelet 1  
Stuffed crust pizza 36  
Fresh carrots 12  
Tater tots 16  
100% juice  
Fresh fruit  
Milk

Cheeseburger 25  
Spicy chicken sandwich 41  
Tossed salad w/ cheese 4  
Fresh carrots 12  
Warm spiced apples 23  
Fresh fruit  
Milk

Foot long hot dog 38  
Pizza sub 38  
Celery sticks 3 w/ peanut butter 4  
Tater tots 16  
Pineapple 15  
Fresh fruit  
Milk

Foot long hot dog 38  
Pizza sub 38  
Celery sticks 3 w/ peanut butter 4  
Tater tots 16  
Pineapple 15  
Fresh fruit  
Milk

Sub sandwich 34 w/ lettuce & tomato  
Bosco sticks 34 w/ sauce 3  
Fresh veggies  
Baked bean 30  
Grapes 14  
Fresh fruit  
Mini Rice Krispie treat 9  
Milk

Chicken nuggets 19 with dinner roll 15  
Tenderloin sandwich 35  
Fresh carrots 12  
Mashed potatoes 14 w/ gravy 3  
Applesauce 22  
Fresh fruit  
Milk

Nachos grande (Taco meat 5, cheese 2, chips 40, lettuce, salsa 3, sour cream 1)  
Fiestada pizza 39  
Seasoned corn 18  
Black beans 30  
Strawberry cup 21  
Fresh fruit  
Milk

Chicken tenders 21 w/ sweet roll 31  
Tenderloin sandwich 35  
Fresh carrots 12  
Baked beans 30  
100% juice  
Fresh fruit  
Milk

Chicken tenders 21 w/ sweet roll 31  
Tenderloin sandwich 35  
Fresh carrots 12  
Baked beans 30  
100% juice  
Fresh fruit  
Milk

Chicken pasta 25 w/ bread stick 14  
Fiestada pizza 39  
Fresh carrots 12  
Fresh broccoli 5  
Fruit slushy 22  
Fresh fruit  
Milk

BBQ pork sandwich 41  
4 cheese pizza 35  
Fresh veggies  
Green beans 3  
Pineapple 15  
Milk

Spicy tenders 21 w/ dinner roll 15  
Bosco sticks 34 w/ sauce 3  
Fresh carrots 12  
Green beans 3  
Peaches 14  
Fresh fruit  
Milk

Meat lover's pizza roll 32 w/ sauce 3  
Bacon cheese burger 25  
Fresh veggies  
Seasoned corn 18  
Apple sauce 22  
Fresh fruit  
Milk

**Chef salad 6 is a 3<sup>rd</sup> daily option. Students choosing the salad may pick up 1 more veggie, 2 fruits, up to 4 crouton packets & milk.**

**Uncrustable 32, cheese stick 1, & Goldfish 14 is the 4<sup>th</sup> option. Students choosing this may pick up 2 veggies, 2 fruit, & milk**

Carbs: White milk 14, chocolate milk 20, & strawberry milk 19

Apple 18, apple slices 7, banana 27, blueberries 9, grapes 14, watermelon 5, apple juice 14, grape juice 19, orange juice 14, & orange 18.

BBQ sauce 5, honey mustard 7, ketchup 2, mayo 2, sour cream 1, syrup 30. Small salad dressings: French 3, Italian 2, Ranch 0. Chef salad dressings: French 11, Italian 5, Ranch 10.