



SOUTH ASHEBORO
MIDDLE SCHOOL

MIDDLE SCHOOL FALL SPORTS

FOOTBALL

Workouts

August 3rd-5th & 10th-12th 3pm-5pm
(Tuesdays, Wednesdays, Thursdays)

Drop off in the front circle and meet in the cafeteria.
Practice begins Monday, August 16th.

SOFTBALL

If you are interested in playing softball, please complete this form by
Thursday, August 5th.

[ACS Middle School Softball Interest Form](#)

Please make sure you have a current physical on file.

Questions? Call your school.

NAMS--336-672-1900

SAMS--336-629-4141