

N.C. Local Wellness Policy Checklist

USDA's final ruling on Local Wellness Policies, effective August 29, 2016, required Local Educational Agencies (LEAs) to fully comply with the final rule by June 30, 2017. The specific required content areas are listed in the checklist below and are found in the federal regulations at 7 CFR part 210. (Form revised February 2019)

| Local Wellness Policy – requirements for the written policy | YES | NO | COMMENTS |
|---------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------|-----|----|-----------------------------------------|
| Asheboro City Schools-April 2022 | | | |
| Policy Leadership: LEAs are required to identify the official responsible for LWP oversight or the position/title of the person. | X | | p. 1, first paragraph |
| Public Involvement: Include language related to permitting the public to participate in LWP development, implementation, & review of policy. Includes a broad representation of stakeholders. | X | | P. 1, Section A |
| School Meals: LEAs are required to adhere to federal meal regulations; include language related to this in the written policy. | X | | p. 3, Section C.1 |
| Foods sold outside of school meals program: LEAs must adhere to federal (Smart Snacks) and state rules that govern competitive food sales; include language related to this in the written policy. | X | | P. 3, Section C.2 |
| Foods provided but not sold: USDA has not defined specific guidelines for these; however, LEAs are responsible for defining their own guidelines in their written policy. | X | | p. 3, Section C, opening paragraph |
| Food and Beverage Marketing: LEAs may only market products that adhere to Smart Snacks guidelines, or stricter local guidelines, during the school day and include language related to this in their written policy. | X | | p. 4 Section C.4 |
| Nutrition Education: LEAs must include at least one or more goals for Nutrition Education, using evidence-based strategies. | X | | p. 2, Section B |
| Nutrition Promotion: LEAs must include at least one or more goals for Nutrition Promotion using evidence-based strategies. | X | | p. 2, Section B |
| Physical Activity: LEAs must include at least one goal for Physical Activity in the LWP. Evidence-based strategies should be reviewed and used. | X | | p. 4, Section D.1-3 |
| Other School-Based Strategies for Wellness: LEAs must include at least one goal on School-Based Activities that Promote Student Wellness, using evidence-based strategies. | X | | p. 5, Section E |
| Triennial Assessment: LWPs must include language regarding the plan for completion of a triennial assessment. | X | | p. 6, Section F.4 |
| Review/Update/Inform the Public: LEAs are required to annually inform the public about the content and implementation of the LWP, any updates to the policy, and the results of the most recent assessment of the policy, and specify in the policy how the SFA will be in compliance with this requirement. | X | | p. 1, opening paragraphs; Section G.1-4 |
| Signature of Reviewer: Trip Warren | | | |