

7 Habits

B I N G O

Be Proactive: Together with your family make a list of games you could play in the evenings.	Think Win-Win: Make and Emotional Bank Account deposit by doing something kind for someone.	Begin with the End in Mind: Discuss what your family wants to be celebrating at the end of this school year.	Sharpen the Saw- Read a book together as a family.	Synergize: Work together as family to complete a task on your to-do list.
Synergize: Work together to complete a community service project.	Seek First to Understand: "I" messages communicate feelings not blame. Use the "I" message I feel ____ when ____.	Be Proactive: Identify an reactive behaviors your family wants to stop doing.	Put First Things First: Big Rocks are things that need to be done first, make a list of your family's top 3 big rocks.	Think Win-Win: Talk about how you show consideration as a family.
Sharpen the Saw: Exercise together as a family.	Be Proactive: Identify proactive behaviors you want to start or continue doing.	FREE	Begin with the End in Mind: Discuss and write about what your family wants to stand for.	Put First Things First: Family time is a Big Rock! Have a family date night. What activity best fits your family.
Think Win-Win Make a picture showing what makes you unique.	Begin with the end in mind: Set up a family goal for the week or month.	Sharpen the Saw: Share a family meal together.	Seek first to understand-Think about someone who is a great listener what makes them a great listener?	Be Proactive: Identify any reactive language your family wants to stop using.
Begin with the End in Mind: Choose a quote that represents what's most important to your family.	Put First Things First: Schedule one-on-one family time. Talk about how this time was special.	Synergize-Write down two or three talents or strengths for each person in your family.	Think Win-Win: Talk about how you show courage as a family.	Seek First to Understand: Write about three things you do as a family to show respect to one another.