



Ohio High School Athletic Association
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OHIO HIGH SCHOOL ATHLETIC ASSOCIATION ACKNOWLEDGEMENT AND PLEDGE

All participants in the interscholastic athletic programs in OHSAA member schools have an important role to play in keeping other students within the school, their opponents and their community members safe by doing their part to stop the spread of COVID-19. As a student-athlete in an OHSAA member school, I know that I must take steps to stay well in order to protect others and promote a safe return to school and full participation for all student athletes in my school. Because of this challenge, I pledge to take responsibility for my own health and help stop the spread of the COVID-19.

The Ohio High School Athletic Association's highest priority is the safety of all memberschool students, faculty, staff, and spectators. I know that by engaging in school activities, including attending classes, pursuing my education, eating in the school cafeteria, attending activities, participating in sports and recreation, I may be exposed to COVID-19 and other infections. I also understand that despite all reasonable efforts by my school, I can still contract COVID-19 and other infections. In order to reduce my risk, I agree to be an active participant in maintaining my own health, wellbeing and safety, as well as the safety of others, by following all the guidelines and expectations outlined by my school.

As more information is gathered and known, I understand that the OHSAA and my school, via its Board of Education or governing board, may modify these guidelines and expectations. It is my responsibility to make every effort to keep myself apprised of these changes to protect myself and my school community.

It is my school pledge to protect myself, my peers, and my entire community by doing the following:

- I agree to self-quarantining if I am identified as a contact of anyone who has been determined to be positive for COVID-19.
- If, at any time, I test positive for COVID-19, I agree to self-isolate in my home or other safe location as determined by the local health department until:
 - o My symptoms have resolved for 24 hours without the use of medicine, and
 - o It has been at least ten days since the start of my symptoms, and
 - o The local health department is able to provide a release from isolation documentation to the school.
- I agree to timely report any known or potential exposures to COVID-19 to the school administration and athletic training/medical staff.
 - Monitor for the following symptoms:
 - o A fever of 100.4°F or higher
 - o Respiratory symptoms, such as dry cough or shortness of breath
 - o Sore throat
 - o Headache
 - o Body aches
 - o Chills
 - o Loss of taste or smell

- If I develop the above symptoms, I agree to notify my athletic trainer. If instructed by a medical practitioner to test for COVID-19 and to quarantine while the test results are pending, I agree to follow their medical guidance to prevent transmission to others.
- Stay at home if I am feeling sick.
- In general, the CDC recommends getting a flu vaccination (according to the CDC immunization schedule for adolescents)
- Participate fully and honestly with school administration and/or the local health department for contact tracing to help determine others who were potentially exposed to COVID-19.
- Wear a mask or the appropriate PPE in all public spaces.
- Practice physical distancing as much as possible.
- Frequently wash and/or sanitize my hands.
- Keep my personal space, shared common space, and my belongings clean.

I understand COVID-19 is a highly contagious virus, and it is possible to develop and contract the COVID-19 disease, even if I follow all the safety precautions above and those recommended by the CDC, local health department, and others. I understand that although my school is following the coronavirus guidelines issued by the CDC and other experts to reduce the spread of infection, I can never be completely shielded from all risk of illness caused by COVID-19 or other infections.

I have read, understand, and agree to comply with this pledge above. I also acknowledge that these expectations and pledge are a condition of my participation in interscholastic athletics and that any failure to comply with this pledge above may lead to immediate removal of athletic participation privileges and/or the inability to use athletic facilities.

I take this pledge seriously and will do my part to protect my school and community.

[STUDENT-ATHLETE ELECTRONIC SIGNATURE]

Date

[PARENT/GUARDIAN ELECTRONIC SIGNATURE
IF UNDER 18]

Date