

CUMBERLAND COUNTY QUICK REFERENCE RESOURCE GUIDE 2020

BASIC NEEDS	MENTAL HEALTH	MEDICAL
Housing ~Call 211 (Complete Connect to Home Survey) ~Community CARES-Street Reach (717)-249-1009 ~Cumberland County Housing and Redevelopment Authority (HUD) (717)-249-1315 www.cchra.com ~Tri County Community Action Commission (717)-532-8611 ~Salvation Army: Pathway of Hope (717)-249-1411, ext. 137	Crisis Intervention ~West Shore Area- (717)-763-2222 ~Carlisle Area- (717)-243-6005 ~East and West Cumberland County-1-866-350-HELP (4357)	Medical Doctor ~Call member services on the back of insurance card ~Providers for low income/no insurance: Sadler Health Medical clinic- (717)-218-6670 Hamilton Health- (717) 232-9971 PA State Health Nurse- (717)-240-7858
Financial Assistance ~ Homeless Assistance Program (717)-240-6117 ~Cumberland County Assistance Office (ESA Funds- Emergency Shelter Allowance) (717)-240-2700 ~MARANATHA (Financial Counseling Services) (717)-258-1000	Cumberland/Perry County MH/IDD, EI ~ Mental Health (MH), Intellectual & Developmental Disabilities (IDD), and Early Intervention (EI)-(717)-240-6320 ~Base service units Geisinger Holy Spirit Behavioral Health Services - (717)-763-2228 Merakey (The Steven Center) - (717)-243-6033 ~ CASSP Programs-(717)-240-6320	Dentist ~Call member services on back of insurance card ~Providers for low income/no insurance: Sadler Health Dental clinic- (717)-218-6670 Hamilton Health Dental Clinic- (717) 232-9971 Wellspan York Hospital Dental Center Walk in Clinic 1001 S. George St. York, PA 17407 (717)-851-2655
Food ~Cumberland County Assistance Office - SNAP (Food Stamp) (717)-240-2700 ~Central PA Food bank-FIND FOOD (717)-564-1700	HEALTH INSURANCE Medical assistance/Chip ~Cumberland County Assistance office (717)-240-2700 www.compass.state.pa.us ~Children's Health Insurance Program (Chip) 1-800-986-5437 Chipcoverspakids.com	Vision ~Call member services on back of insurance card ~Vision Resources of Central PA www.vrocp.org (717)-238-2531 Ext. 325
Transportation ~Rabbitransit 1-800-632-9063 ~Carlisle Area Ride Service (CARS) (717)-601-9184 ~His Hands Auto Repair Ministry (717)-258-5483	Marketplace ~Marketplace Insurance www.healthcare.gov 1-800-318-2596	Health Advocacy ~PA Elks Nurse- (717) 571-1496 paelkshomeservice.org
Income ~PA CareerLink Cumberland County (717)-243-4431 ~Social Security Hotline (800)-772-1213 ~Cumberland County Assistance Office (717)-240-2700 ~Domestic Relations (717)-240-6225	Patient enrollment specialist ~ Sadler Health Center Corporation-(717)-960-4395	COMMUNITY SERVICES Human Services ~Call 211-customized health, housing and human services information
Child welfare ~Cumberland County Children and Youth Services (717) 240-6120 ~ChildLine (Child abuse/neglect Hotline) 1-800-932-0313	DRUG AND ALCOHOL SERVICES Cumberland-Perry Drug & Alcohol Commission ~Cumberland-Perry Drug & Alcohol Commission- (717)-240-6300 ~ Alcoholics Anonymous (AA)- (717)-234-5390 ~ Narcotics Anonymous (NA)- (717)-233-3733 ~ Al Anon/Alateen- (717)-257-1033	Legal ~ Mid-Penn Legal Service (717)-243-9400 ~ Dickinson Family Law Clinic (717)-243-2968 ~Cumberland County Bar Association Lawyer Referral Service (717)-249-3166 Advocacy ~ CPARC- www.cparc.org/advocacy 717-249-2611 ~ Education consult line- 1-800-879-2301