

# Oregon City Schools K-8 Aug-Dec 2019 Menu



	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
<b>MENU #1</b>	Corn Dog Tater Tots Fruit Crisp Vegetable Selection Fruit Selection Milk Selection	Breakfast for Lunch Pancakes or Waffles Sausage/Potato Vegetable Selection Fruit Selection Milk Selection	Pizza Hot Corn Vegetable Selection Fruit Selection Milk Selection	Chicken Drumstick Mashed Potatoes Hot Mixed Vegetable Vegetable Selection Fruit Selection Milk Selection	Fiestada or School Pizza Hot Vegetable Vegetable Selection Fruit Selection Milk Selection
<b>MENU #2</b>	Popcorn Chicken Potato Smiles Vegetable Selection Fruit Selection Milk Selection	Hamburger on Bun Baked Fries Pickle Slice Vegetable Selection Fruit Selection Milk Selection	Pizza Hot Corn Vegetable Selection Fruit Selection Milk Selection	Walking Taco Refried Beans Cheese & Salsa Vegetable Selection Fruit Selection Milk Selection	Chicken Sandwich Spicy or Regular Potato and Pickles Vegetable Selection Fruit Selection Milk Selection
<b>MENU #3</b>	Chicken Nuggets BBQ Sauce Potato Vegetable Selection Fruit Selection Milk Selection	Rib A Que on Bun Or Hotdog on Bun Baked Beans Vegetable Selection Fruit Selection Milk Selection	Pizza Hot Corn Vegetable Selection Fruit Selection Milk Selection	Salisbury Steak Mashed Potatoes Roll/Hot Vegetable Vegetable Selection Fruit Selection Milk Selection	Breakfast for Lunch Pancakes or Waffles Sausage/Potato Vegetable Selection Fruit Selection Milk Selection
<b>MENU #4</b>	Chicken Sandwich Spicy or Regular Potato and Pickles Vegetable Selection Fruit Selection Milk Selection	Quesadilla or Twisted Cheese Sticks Refried Beans Vegetable Selection Fruit Selection Milk Selection	Pizza Hot Corn Vegetable Selection Fruit Selection Milk Selection	Nachos Lettuce/Cheese/ Salsa/Refried Beans Vegetable Selection Fruit Selection Milk Selection	Grilled Cheese Tomato Soup Vegetable Selection Fruit Selection Milk Selection

**PRICES**  
**LUNCH K-4 BUILDINGS**  
 Regular \$2.75  
 Reduced \$.40  
 Adults \$3.50  
 Milk \$.50

**LUNCH-5-8 BUILDINGS**  
 Regular \$3.00  
 Reduced \$.40  
 Adults \$3.50  
 Milk \$.50

**LUNCH MENU ITEMS**  
**OFFERED DAILY:**  
 Turkey Sandwich, WG  
 Choice, Vegetable, Fruit and  
 Milk Selection  
 Yogurt, Cheese Stick, WG  
 Selection, Vegetable, Fruit  
 and Milk Selection  
 Salad with turkey Ham, WG  
 Choice, Vegetable, Fruit and  
 Milk Selection  
 Daily Selection Options  
 A Variety of Fresh Fruits  
 A Variety of Fresh Vegetables  
 including red/orange & dark  
 green vegetables and  
 legumes.

Don't forget, parents are able to pre-pay for meals with no charge or fee on our web site by following the EZ pay link:  
**Oregoncityschools.org**  
 The link is under the Families & Students Heading

**Free & Reduced Applications** are available for immediate processing online on our web site.

- The link is available as part of the online registration process
- At our web site under the **Our District /Operations & Facilities/ Food Service –Student Nutrition** heading
- Paper applications are available in the office of any of our schools

AUGUST 2019	SEPTEMBER 2019	OCTOBER 2019	NOVEMBER 2019	DECEMBER 2019
S M T W Th F S 1 2 3 4 5 6 7 8 9 10 #1 11 12 13 14 15 16 17 #2 18 19 20 21 22 23 24 #3 25 26 27 28 29 30 31	S M T W Th F S #4 1 2 3 4 5 6 7 #1 8 9 10 11 12 13 14 #2 15 16 17 18 19 20 21 #3 22 23 24 25 26 27 28 #4 29 30	S M T W Th F S #4 1 2 3 4 5 #1 6 7 8 9 10 11 12 #2 13 14 15 16 17 18 19 #3 20 21 22 23 24 25 26 #4 27 28 29 30 31	S M T W Th F S #4 1 2 #1 3 4 5 6 7 8 9 #2 10 11 12 13 14 15 16 #3 17 18 19 20 21 22 23 #4 24 25 26 27 28 29 30	S M T W Th F S #1 1 2 3 4 5 6 7 #2 8 9 10 11 12 13 14 #3 15 16 17 18 19 20 21 #4 22 23 24 25 26 27 28 29 30 31

**FOLLOW THE MENU WITH EACH CALENDAR DAY.** Menu may change at Supervisor's discretion due to food supply and days off.  
**MENU BASED ON A 4-WEEK CYCLE. EACH WEEK IS REPRESENTED BY A COLOR AND NUMBER**

THIS INSTITUTION IS AN EQUAL OPPORTUNITY PROVIDER

**Healthy snacks and drinks are available daily.**

**BREAKFAST is served daily in all our buildings starting 1/2 hour before the start of school**

**Questions: Call or email Vicki Laurell, Supervisor**

**419-725-3380 vlaurell@oregoncs.org**

**\* Holiday Meal-Turkey, Dressing & all the fixings**

**\* MANAGER'S CHOICE**

☐ Solid Box = No School K-6