Oregon City Schools K-8 Aug-Dec 2019 Menu

WEDNESDAY **FRIDAY THURSDAY** MONDAY **TUESDAY** Corn Dog Breakfast for Lunch Pizza Chicken Drumstick Fiestada or MENU #1 Tater Tots Pancakes or Waffles Hot Corn Mashed Potatoes School Pizza Sausage/Potato Fruit Crisp Vegetable Selection Hot Mixed Vegetable Hot Vegetable Vegetable Selection Vegetable Selection Fruit Selection Vegetable Selection Vegetable Selection Fruit Selection Fruit Selection Milk Selection Fruit Selection Fruit Selection Milk Selection Milk Selection Milk Selection Milk Selection MENU#2 Popcorn Chicken Hamburger on Bun Pizza Walking Taco Refried Beans Chicken Sandwich Spicy or Regular Potato and Pickles Potato Smiles Baked Fries Hot Corn Vegetable Selection Vegetable Selec-Cheese & Salsa Pickle Slice Fruit Selection /egetable Selection Vegetable Selection tion Vegetable Selection Milk Selection Fruit Selection Fruit Selection Fruit Selection Fruit Selection Milk Selection Milk Selection Milk Selection Milk Selection Breakfast for Lunch MENU#3 **Chicken Nuggets** Rib A Que on Bun Pizza Salisbury Steak Pancakes or Waffles Hot Corn **BBQ** Sauce Or Hotdog on Bun Mashed Potatoes Sausage/Potato Potato Baked Beans Vegetable Selection Roll/Hot Vegetable Vegetable Selection Vegetable Selection Fruit Selection Vegetable Selection **Vegetable Selection** Fruit Selection Fruit Selection **Fruit Selection** Milk Selection Fruit Selection Milk Selection Milk Selection Milk Selection Milk Selection

Chicken Sandwich Spicy or Regular Potato and Pickles Vegetable Selection Fruit Selection Milk Selection

MENU#4

Quesadilla or Twisted Cheese Sticks Refried Beans Vegetable Selection Fruit Selection Milk Selection Pizza Hot Corn Vegetable Selection Fruit Selection Milk Selection Nachos Lettuce/Cheese/ Salsa/Refried Beans Vegetable Selection Fruit Selection Milk Selection

Grilled Cheese Tomato Soup Vegetable Selection Fruit Selection Milk Selection



LUNCH MENU ITEMS

OFFERED DAILY:

Turkey Sandwich, WG Choice, Vegetable, Fruit and Milk Selection

Yogurt, Cheese Stick, WG Selection, Vegetable, Fruit and Milk Selection

Salad with turkey Ham, WG Choice, Vegetable, Fruit and Milk Selection

Daily Selection Options

A Variety of Fresh Fruits

A Variety of Fresh Vegetables including red/orange & dark green vegetables and legumes.

PRICES

LUNCH K-4 BUILDINGS

Regular \$2.75 Reduced \$.40 Adults \$3.50 Milk \$.50

LUNCH-5-8 BUILDINGS

Regular \$3.00 Reduced \$.40 Adults \$3.50 Milk \$.50

Don't forget, parents are able to prepay for meals with no charge or fee on our web site by following the EZ pay link:

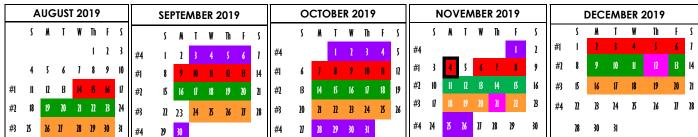
Oregoncityschools.org

The link is under the Families & Students Heading

Free & Reduced Applications

are available for immediate processing online on our web site.

- The link is available as part of the online registration process
- At our web site under the Our District /Operations & Facilities/ Food Service –Student Nutrition heading
- Paper applications are available in the office of any of our schools



Healthy snacks and drinks are available daily.

BREAKFAST is served daily in all our buildings starting 1/2 hour before the start of school

Questions: Call or email Vicki Laurell, Supervisor

419-725-3380 vlaurell@oregoncs.org

FOLLOW THE MENU WITH EACH CALENDAR DAY. Menu may change at Supervisor's discretion due to food supply and days off.

MENU BASED ON A 4-WEEK CYCLE. EACH WEEK IS REPRESENTED BY A COLOR AND NUMBER

* Holiday Meal-Turkey, Dressing & all the fixings

* MANAGER'S CHOICE

