Oregon City Schools K-8 JAN –MAY 2020 Menu

MONDAY Corn Dog MENU #1 Tater Tots Fruit Crisp Vegetable Selection Fruit Selection Milk Selection MENU#2

TUESDAY

WEDNESDAY

THURSDAY

FRIDAY

Breakfast for Lunch Pancakes or Waffles Sausage/Potato Vegetable Selection Fruit Selection Milk Selection

Pizza Hot Corn Vegetable Selection Fruit Selection Milk Selection

Chicken Drumstick Mashed Potatoes Hot Mixed Vegetable Vegetable Selection Fruit Selection Milk Selection

Fiestada or School Pizza Hot Vegetable Vegetable Selection Fruit Selection Milk Selection

Popcorn Chicken Potato Smiles Vegetable Selection Fruit Selection Milk Selection

Hamburger on Bun Baked Fries Pickle Slice Vegetable Selection Fruit Selection Milk Selection

Pizza Hot Corn Vegetable Selection Fruit Selection Milk Selection

Walking Taco Refried Beans Cheese & Salsa /egetable Selection Fruit Selection Milk Selection

Chicken Sandwich Spicy or Regular Potato and Pickles Vegetable Selection Fruit Selection Milk Selection

MEN

Chicken Nuggets BBQ Sauce Potato Vegetable Selection Fruit Selection Milk Selection

Rib A Que on Bun Or Hotdog on Bun Baked Beans **Vegetable Selection Fruit Selection** Milk Selection

Pizza Hot Corn Vegetable Selection Fruit Selection Milk Selection

Salisbury Steak Mashed Potatoes Roll/Hot Vegetable Vegetable Selection Fruit Selection Milk Selection

Breakfast for Lunch Pancakes or Waffles Sausage/Potato Vegetable Selection Fruit Selection Milk Selection

MENU#4

Chicken Sandwich Spicy or Regular Potato and Pickles Vegetable Selection Fruit Selection Milk Selection

Quesadilla or wisted Cheese Sticks Refried Beans **Vegetable Selection** Fruit Selection Milk Selection

Pizza Hot Corn Vegetable Selection Fruit Selection Milk Selection

Nachos Lettuce/Cheese/ Salsa/Refried Beans **Vegetable Selection** Fruit Selection Milk Selection

Grilled Cheese Tomato Soup Vegetable Selection Fruit Selection Milk Selection



LUNCH MENU ITEMS

OFFERED DAILY:

Turkey Sandwich, WG Choice, Vegetable, Fruit and Milk Selection

Yogurt, Cheese Stick, WG Selection, Vegetable, Fruit and Milk Selection

Salad with turkey Ham, WG Choice, Vegetable, Fruit and Milk Selection

Daily Selection Options

A Variety of Fresh Fruits

A Variety of Fresh Vegetables including red/orange & dark green vegetables and legumes.

PRICES

LUNCH K-4 BUILDINGS

Regular \$2.75 Reduced \$.40 Adults \$3.50 Milk \$.50

LUNCH-5-8 BUILDINGS

Regular \$3.00 Reduced \$.40 Adults \$3.50 Milk \$.50

Don't forget, parents are able to prepay for meals with no charge or fee on our web site by following the EZ pay link:

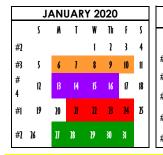
Oregoncityschools.org

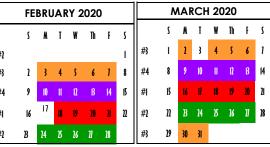
The link is under the Families & Students Heading

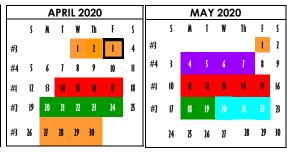
Free & Reduced Applications

are available for immediate processing online on our web site.

- The link is available as part of the online registration process
- At our web site under the Our District /Operations & Facilities/ **Food Service –Student Nutrition** heading
- Paper applications are available in the office of any of our schools







Healthy snacks and drinks are available daily.

BREAKFAST is served daily in all our buildings starting 1/2 hour before the start of school.

Questions: Call or email Vicki Laurell, Supervisor

419-725-3380 vlaurell@oregoncs.org

FOLLOW THE MENU WITH EACH CALENDAR DAY. Menu may change at Supervisor's discretion due to food supply and days off.

MENU BASED ON A 4-WEEK CYCLE. EACH WEEK IS REPRESENTED BY A COLOR AND NUMBER

THIS INSTITUTION IS AN EQUAL OPPORTUNITY PROVIDER

* Holiday Meal-Turkey, Dressing & all the fixings

* MANAGER'S CHOICE

Solid Box ='s No School K-6