

# January 2023

## HIGH SCHOOL LUNCH

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	
2 * BREAK	3 STAFF DEVPT *	4 STEAK & GRAVY CREAM POTATOES GREEN BEANS ORANGES MANDARIN FRESH_FRUIT DINNER ROLL LOWFAT MILK OPTION	5 COLD CUT SANDWICH CHICKEN QUESADILLA CRINKLE CUT FRIES SALSA VEGGIE CUP W/RANCH SLICED PEACHES FRESH_FRUIT LOWFAT MILK OPTION	6 CHICKEN FAJITAS BEEF NACHO CHEESE SHREDDED CHEESE SALSA FLAMED ROASTED P&O PINTO BEANS WHOLE KERNEL CORN FRESH FRUIT LOWFAT MILK OPTION	<p><b>School News</b></p> <p>Offered Daily:</p> <p>Wraps: Chicken Buffalo Chicken Chicken Bacon Ranch</p> <p>Sandwich: PB&amp;J Chicken Spicy Chicken Burgers Cheese Burgers</p> <p>Smart Mouth Pizza: Cheese Pepperoni Pepperoni and Sausage</p> <p>Menu subject to change due to product availability</p> <p>Removing the Hunger Barrier</p>
9 * REPORT CARDS POPCORN-CHICKEN CREAM POTATOES GREEN BEANS SLICED PEACHES FRESH_FRUIT DINNER ROLL LOWFAT MILK OPTION	10 ALFREDO CHICKEN CHICKEN DAWG SIDE SALAD COLE SLAW HOMEMADE STEAMED BROCCOLI ORANGES MANDARIN FRESH_FRUIT LOWFAT MILK OPTION	11 CORNDOG. CHILI CHEESE DOG SHREDDED CHEESE MAC AND CHEESE CALIFORNIA BLEND FRESH VEGGIE CUP SLICED PEACHES FRESH_FRUIT LOWFAT MILK OPTION	12 Taco Soft BURRITOS BEAN BEEF SHREDDED CHEESE SALSA REFRIED BEANS WHOLE KERNEL CORN TACO TRIMMING PINEAPPLE TIDBITS FRESH_FRUIT SPANISH RICE	13 BBQ _ SANDWICH BBQ SIDEWINDER PINTO BEANS COLE SLAW HOMEMADE FRESH FRUIT CORNBREAD LOWFAT MILK OPTION	
16 * MLK DAY	17 CORN DOGS HOT - DOG POTATO WEDGE BAKED BEANS PINEAPPLE TIDBITS FRESH_FRUIT LOWFAT MILK OPTION	18 STUFFED CHEESESTICK CHILI FRITO PIE FRENCH FRIES ORANGES MANDARIN FRESH_FRUIT LOWFAT MILK OPTION	19 BREAKFAST FOR LUNCH BREAKFAST 4 LUNCH VEGGIE CUP W RANCH BAKED APPLES FRESH FRUIT PLAIN-BISCUIT LOWFAT MILK OPTION	20 BBQ_SANDWICH BBQ_RIB-SANDWICH MAC AND CHEESE COLE SLAW HOMEMADE BAKED BEANS SLICED PEACHES FRESH_FRUIT LOWFAT MILK OPTION	
23 POTATO BOWLS POPCORN_CHICKEN CREAM POTATOES WHOLE KERNEL CORN SLICED PEACHES FRESH_FRUIT DINNER ROLL LOWFAT MILK OPTION	24 TERIYAKI BEEF BITES BEEFARONI BROCCOLI & CHEESE SIDE SALAD APPLESAUCE FRESH_FRUIT BREADSTICK LOWFAT MILK OPTION	25 WALKING_TACO ..QUESADILLA.. SHREDDED CHEESE REFRIED BEANS WHOLE KERNEL CORN TACO TRIMMING PINEAPPLE TIDBITS FRESH_FRUIT SPANISH RICE LOWFAT MILK OPTION	26 STEAK & GRAVY CREAM POTATOES GREEN BEANS ORANGES MANDARIN FRESH_FRUIT DINNER ROLL LOWFAT MILK OPTION	27 BBQ _ SANDWICH BBQ SIDEWINDER PINTO BEANS COLE SLAW HOMEMADE FRESH FRUIT CORNBREAD LOWFAT MILK OPTION	
30 GENERAL CHICKEN STIR FRY VEGETABLES SIDE SALAD ORANGES MANDARIN FRESH_FRUIT FRIED RICE LOWFAT MILK OPTION	31 CHICKEN PARMESAN MEATBALL_SUB- BROCCOLI & CHEESE SIDE SALAD PINEAPPLE TIDBITS FRESH_FRUIT LOWFAT MILK OPTION				

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