

SCHOOL-BASED MENTAL HEALTH SERVICES

AT FAMILY BEHAVIORAL RESOURCES

At FBR, we understand how important it is for your child to get the help they need to succeed. Through our School-Based Mental Health Services, our seasoned clinicians apply innovative strategies to help children thrive in a school setting.

NAVIGATING COVID-19:

Has your child struggled during the remote learning transition? We understand, and we're here to help. If your son or daughter is experiencing stress, anxiety or anger during this time, FBR is offering telehealth services to assist your family.

WHO ARE IDEAL CANDIDATES?

Students who:

- could benefit from any form of social, emotional and/or behavioral therapy
- are symptomatic of anxiety, depression or low self-esteem
- are disruptive or have a difficult time controlling their emotions
- are experiencing major life changes
- have experienced a traumatic event
- are struggling with their identity and need support

WHAT ARE THE BENEFITS?

- Greater achievement in the home, community and school settings
- Improved relationships with friends and family
- Overall increase in self-esteem, self-worth and pride
- Refined skills to manage problematic situations more effectively

For more information, please call our New Kensington office at 724-335-9733.