

# Helping Vulnerable Students Cope with Changes Resulting from **COVID-19: Great Ideas for SAPs**

For Educators, Administrators & SAP Teams

4.7.20

## How Can I Help Struggling Students And Families with **Resources**

CALL BEFORE A CRISIS BECOMES A CRISIS.

Any day, any time, any reason.  
1-888-7-YOU-CAN (1-888-796-8226)

## Have Questions or Tips?

*We are still here and love hearing from you. Email Us*

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## Report Child Abuse or Neglect

- Report Child Abuse: [Report online](#) | [More information](#)
- **1-800-932-0313**

**NEW**

## Support & Referral Helpline

Created for Pennsylvanians in Need of Behavioral Health Resources and Referrals During COVID-19 Public Health Crisis  
**1-855-284-2494**

The Pennsylvania Department of Human Services has partnered with the Center for Community Resources to offer a **24/7 mental health and crisis support line** for people dealing with anxiety or other difficult emotions. Callers will be able to speak with staff who are trained in trauma-informed principles and will listen, assess the person's needs, triage, and refer to other local supports and professionals as needed. The Mental Health Support Line can be reached toll-free, **24/7 at 1-855-284-2494**.

## Your "Go-To" for ALL Human Service Needs:

**Dial 2-1-1 or visit**  
**<http://pa211sw.org/covid-19/>**

Find health and human services— for everyday needs and in crisis situations. Search the vast database of services and providers to find the help needed today. **Call 211 or Text your zip code to #898-211** to talk with a resource specialist for free. Available 24 hours a day, 7 days a week. Calls are free and confidential. Interpreter services are available in over 140 languages.

## Allegheny County COVID-19 Information

The graphic features a green background with a microscopic view of virus particles. It includes the following information:

- COVID-19 HOTLINE**  
888-856-2774  
LANGUAGE SERVICES AVAILABLE
- COVID-19 HOTLINE**  
888-856-2774  
Language services available. Residents can also report child abuse or neglect 24 hours a day, 7 days a week.
- ALLEGHENY ALERTS**  
HEALTH AND HUMAN SERVICES  
Get the latest news on COVID-19 directly from the Health Department. Get program announcements and alerts. COVID-19 updates.
- COUNTY WEBSITE**  
ALLEGHENY.CO.PA/COVID-19  
Visit our website for information on COVID-19 including a list of outbreak cases in Allegheny County.
- TWITTER**  
@AlleghenyCountyPA  
Follow the Allegheny County Health Department on Twitter for updates on COVID-19.

In order to best serve residents with questions and concerns about COVID-19, the Allegheny County Health Department has partnered with United Way 211 to offer a 24/7 hotline. Please call 888-856-2774 to speak with a representative. Language services available.