



ALSO AVAILABLE:

THE WIGGLE JIG CHILDREN'S BOOK

Follow the adventures of Leap and Twirl, a silly frog and lovable squirrel, while learning about friendship, collaboration, self-expression, creativity and the joy of dance.

Call 614-586-8629 to order your copy of *Leap and Twirl* or visit barnesandnoble.com.

Inspire your students with movement.

BalletMet's standards-based in-school programs focus on providing physical, cognitive and socio-emotional development for all levels and ages through creative, fun and dynamic education. You can learn more about how our programs are positively impacting young lives at www.balletmet.org.

Programs for Pre-K through 12th grade classrooms.

To book now, call 614.586.8629 or email education@balletmet.org

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Visit BalletMet.org
or call 614.586.8629
to book your
program today!

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IN-SCHOOL PROGRAMS

EDUCATION AND COMMUNITY ENGAGEMENT PROGRAMS



THE WIGGLE JIG

FOR STUDENTS
AGES 3-5

DANCE IN SCHOOLS

Youngsters wiggle, glide, leap and twirl through a residency with trained teaching artists in a nurturing environment.

PROGRAM BENEFITS:

- Develops motor skills
- Enhances literacy
- Supports physical, socio-emotional and cognitive development



MOVING INTO LITERACY

FOR STUDENTS
GRADES 1-5

DANCE IN SCHOOLS

Moving Into Literacy combines dance and language arts as students read literary works and create their own unique stories using art, movement and words.

PROGRAM BENEFITS:

- Improves literacy
- Develops critical thinking
- Promotes physical, socio-emotional and cognitive development



MOVEMENT MAKERS

FOR STUDENTS
GRADES K-12

LECTURE DEMONSTRATION

BalletMet 2 dancers will show the art and athleticism of dance with a lecture demonstration in your gym, auditorium or multi-purpose room.

The 45-minute lecture demonstration costs \$500.

HIGHLIGHTS:

- Interactive performance
- Q&A with dancers
- Narration

*Ohio Alliance for Arts Education Artists-in-Schools



URBAN DANCE & WELLNESS

FOR STUDENTS
GRADES 9-12

NEW PROGRAM

Designed to build resiliency and healthy habits through hip hop and mind/body practices, *Urban Dance and Wellness*, a new 12-week program for high school students, creates a fun and energetic way to engage students in learning life skills.

FOCUS AREAS:

- Builds resiliency and confidence
- Manages stress
- Promotes health and wellness through dance