

Mapleton Mountie Messenger

Week of April 27th to May 1st

Staff Spotlight

Getting to Know Mrs. Osie- Guidance Counselor

Q: What has been your favorite part of this school year?

My favorite part of the school year was going into the classrooms to teach character education lessons and spending time with my lunch bunch groups.

Q: If you could have any super power, what would it be?

If I could have any super power, I would love to be able to fly.

Q: What is your favorite food?

My favorite food is cheesecake from The Cheesecake Factory.

Q: How do you spend your summer breaks?

I spend my summer breaks hanging out with my family. We like to swim, hike, ride our bikes, and visit new places.

Q: What is your favorite dish from the cafeteria?

My favorite dish from the cafeteria is grilled cheese and tomato soup.

Q: If you could pass on any words of wisdom for your students, what would they be?

Words of wisdom that I would pass along to my students would be to never compare yourself to others.



Quick ways to CALM down! Sea Life Sensory Solutions.



Puffer
Fish Puff

Puff your cheeks like a puffer fish!

Fill your cheeks with air and hold for 5 seconds.



Clam
Cuddle

Cuddle yourself like a clam.

Place your hands on the opposite shoulders and squeeze.



Turtle
Tongue

Poke your tongue out like a turtle pokes out its neck.

Stick your tongue out and quickly hide it again.



Starfish
Stretch

Stretch out like a starfish.

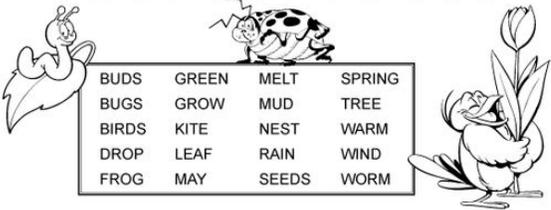
Place your arms up over your head and stretch out wide. Stretch your legs out wide too.



SPRING



M P N E S T A I H W F D
 B U K Q A P N D R A I N
 I Z D L H E W R E R C B
 R G T X E F R O G M J U
 D N F R B A S P R I N G
 S A G D W Y F J H B O S
 T E L K O B U D S M P C
 N V E S R H G I X A B W
 Y G T D M O L P F Y E I
 S R V A S J K I T E C N
 A O M E L T H B R S W D
 C W U P I D F T M Q A R



BUDS	GREEN	MELT	SPRING
BUGS	GROW	MUD	TREE
BIRDS	KITE	NEST	WARM
DROP	LEAF	RAIN	WIND
FROG	MAY	SEEDS	WORM

Tree Valley Academy

Student Spotlight:

Wyatt Barkacs, from Mr. Munyan's Second Grade Class

Q: What has been your favorite part of this school year?

A: Hanging out with friends, but now I am really missing them.

Q: If you could have any super power, what would it be?

A: Ooh, this is a hard one- I would want to be able to regenerate.

Q: What is your favorite food?

A: Tacos

Q: How do you spend your summer breaks?

A: Hanging out with my mom, playing outside and sometimes video games.

Q: What is your favorite dish from the cafeteria?

A: Taco Pile up

Q: If you could pass on any words of wisdom for your classmates, what would they be?

A: Stay safe and be smart so we can get back to school.

Q: What are some fun things you are doing to pass the time during this break?!

A: Hanging out with my mom, riding my dirt bike, playing outside once it's nice and doing lots of artwork!

What Zone Are You In?

Blue	Green	Yellow	Red
Sick Sad Tired Bored Moving Slowly	Happy Calm Feeling Okay Focused Ready to Learn	Frustrated Worried Silly/Wiggly Excited Loss of Some Control	Mad/Angry Mean Yelling/Hitting Disgusted Out of Control

Share with an adult what zone you are in today!