

Chef salad 6 is a 3rd daily option. Students choosing the salad may pick up 1 more veggie, 2 fruits, milk, & up to 4 crouton packets.

Carbs: White milk 14, chocolate milk 20, & strawberry milk 19.

Apple 18, apple slices 7, banana 27, blueberries 9, apple juice 14, grape juice 19, orange juice 14, & orange 21. BBQ sauce 5, honey mustard 6, mayo 2, sour cream 1, syrup 30. Small salad dressings: French 3, Italian 2, Ranch 0. Chef salad dressings: French 11, Italian 5, Ranch 10.