LUNCH Lunch \$2.45 - Reduced \$0.40

## **SEPTEMBER 2020 HIGH SCHOOL**

This institution is an equal opportunity provider.

Menu is subject to change. Free & reduced meal applications are available all year by logging into PAYSCHOOLSCENTRAL.ORG.

Monday	Tuesday	Wednesday	Thursday	Friday
	1	2	3	
7 WELCOME BACK!!	Cheeseburger 26 Chicken bacon cheese 40 Fresh carrots 12 Curly fries 15 Mandarin oranges 20 Fresh fruit Milk	Chicken nuggets 14 w/ Dinner roll 17 Pepperoni pizza 36 Fresh broccoli 6 Baked beans 26 Applesauce 15 Fresh fruit - Milk	Philly steak sandwich 32 Tenderloin sandwich 40 Fresh carrots 12 Seasoned corn 16 Peaches 14 Fresh fruit Milk	Bosco cheese bread sticks 34 with pizza sauce 3 Bacon cheese burger 27 Fresh carrots 12 Green beans 4 Pineapple tidbits 20 Fresh fruit - Milk
Mini corn dogs 44 Fiestada pizza 39 Fresh broccoli 6 Baked beans 26 Peaches 14 Fresh fruit Milk	Breaded chicken sandwich 385 Pizza sub 31 Tossed salad w/ cheese 4 Green beans 4 Applesauce 15 Fresh fruit Milk	French toast sticks 57 & Sausage 0 Buffalo chicken pizza 35 Fresh carrots 12 Hash browns 29 100% juice Fresh fruit - Milk	Foot long hot dog 41 Spicy chicken 42 Fresh broccoli 6 Curly fries 15 Strawberries 22 Fresh fruit Milk	Chicken pasta 46 with garlic Bread stick 28 Cheese pizza 37 Fresh carrots 12 Broccoli 6 with cheese sauce Fruit swirl 19 Fresh fruit - Milk
BBQ pork sandwich 42 Chicken bacon cheese 40 Fresh carrots 12 Onion rings 54 Pears 20 Fresh fruit Milk	Salisbury steak 35 with Sweet roll 31 Pepperoni pizza 36 Fresh broccoli 6 Mashed potatoes 14 w/ gravy 4 Strawberries 22 Fresh fruit - Milk	Calzone w/ pizza sauce 33 23 Tenderloin sandwich 40 Fresh carrots 12 Broccoli 6 w/ cheese sauce 2 Mandarin oranges 20 Fresh fruit Milk	Meatball sub 33 Stuffed crust pizza 38 Tossed salad w/ cheese 4 Seasoned corn 16 Applesauce 15 Fresh fruit Milk	Spicy bites 16 with Dinner roll 17 Bacon cheese burger 27 Fresh carrots 12 Baked beans 26 Peaches 14 Fresh fruit - Milk
French toast sticks 57 & Sausage 0 Fiestada pizza 39 Fresh carrots 12 Hash browns 29 100% juice Fresh fruit - Milk	Popcorn chicken 17 with dinner roll 17 Pizza sub 31 Fresh broccoli 6 Mashed potatoes 14 w/ gravy 4 Applesauce 15 Fresh fruit - Milk	Pasta w/ meat sauce 30 & 30 Garlic bread stick 28 Buffalo pizza 35 Broccoli 6 w/ cheese sauce 2 Fresh carrots 12 Mandarin oranges Fresh fruit - Milk		

Charge policy: After 3 lunch charges, students will be given a peanut butter sandwich & milk.

## Carb Counts:

White milk 13 / Chocolate milk 20 / Strawberry milk 19 Whole apple 18 / Banana 27 / Orange 21 / Raisins 31 Apple & Orange Juice 14 / Grape juice 19 BBQ sauce 5 / Ketchup 2 / Mayo 2 / Ranch dip 2

Breakfast is available daily. Breakfast \$1.50 - Reduced \$0.30