

988 Suicide & Crisis Lifeline in Ohio

3/4/2025

Ohio law to require certain schools to share Lifeline information with students

Beginning April 9, Ohio law requires city, local, and exempted village school district, chartered nonpublic school, community school, STEM school, and college-preparatory boarding schools serving students in grades 9-12 to include the [988 Suicide and Crisis Lifeline](#) telephone number on student identification cards, planners, and electronic portals, if provided or used by the school. The Lifeline is available 24/7 for all Ohioans to call or text "988" to reach a trained specialist for help and support during a mental health crisis.

Ohioans who are experiencing a mental health or addiction crisis, and their family members, can call, text, or chat the 988 Suicide & Crisis Lifeline to reach a trained specialist who can offer help and support. The easy-to-remember, three-digit number provides 24/7, free and confidential support to Ohioans in a behavioral health crisis. 988 is a direct connection to compassionate, accessible care and support for anyone experiencing mental health related distress. That could be:

- thoughts of suicide,
- mental health or substance use crisis, or
- any other kind of emotional distress.

Ohio's 988 plan is part of the state's larger commitment to providing quality, person-centered crisis supports in communities across the state.

There is **HOPE**. The Lifeline **WORKS**. You are not alone in crisis

- Call - Dial 988 on your mobile or home phone for immediate support
 - For the Veterans Crisis Line, dial 988 then press 1. You do not have to be enrolled in Veterans Affairs (VA) benefits or health care to call.
 - Para acceder al apoyo en español, marque 988 y presione 2.
- Text - To text with a crisis counselor, send a text to 988 on your mobile phone. (English and Spanish)
 - Para iniciar una conversación de mensaje de texto en español con el 988 Lifeline, envía la palabra AYUDA a 988.
- [Chat - To reach a crisis counselor through the 988 National website](#)
 - [Haga clic aquí](#) para iniciar al chat en español
 - [Click here for Deaf/Hard-of-Hearing services.](#)