

NOVEMBER 2022 HIGH SCHOOL

Free & reduced meal applications are available all year by logging into PAYSCHOOLSCENTRAL.COM

This institution is an equal opportunity provider.
Lunch cost: Full Pay \$3.50, Reduced \$0.40, Free to those who qualify.

Students may charge 3 lunches. As a courtesy, parents will receive an automated message any time their child's account balance is negative. **MENU IS SUBJECT TO CHANGE.**

Monday

Tuesday

Wednesday

Thursday

Friday

1 Burrito bowl (Taco meat 5, Mexican Rice 22, queso sauce 2, lettuce, salsa 3, sour cream 1, & Tostitos 19) Stuffed crust pizza 36 Seasoned corn 18 Black beans 30 Apple sauce cup 17 Fresh fruit Milk

2 Breaded chicken sandwich 40 Pepperoni pizza 34 Fresh carrots 12 Crinkle cut fries 13 Peaches 14 Fresh fruit Milk

3 NO SCHOOL PARENT TEACHER CONFERENCES

4 NO SCHOOL PARENT TEACHER CONFERENCES

7 Calzone 32 w/ sauce 3 Bacon cheeseburger 25 Fresh carrots 12 Broccoli 3 w/ cheese 3 Mandarin oranges 20 Fresh fruit Milk

8 Walking taco (Taco meat 5, Doritos 20, lettuce, cheese, salsa 3, & sour cream 1) w/ breadstick 14 French bread pepperoni pizza 33 Fresh broccoli 5 Refried beans 31 Diced Peaches 14 Fresh fruit Milk

9 French toast sticks 57 & egg & cheese omelet 1 Stuffed crust pizza 36 Fresh carrots 12 Tater tots 16 100% juice Fresh fruit Milk

10 Chicken nuggets 19 with Dinner roll 15 Sloppy joe sandwich 34 Fresh carrots 12 Mashed potatoes 14 w/ gravy 3 Applesauce 22 Fresh fruit Milk

11 BBQ pork sandwich 41 4 cheese pizza 35 Fresh veggies Green beans 3 Pineapple 15 Fresh fruit Milk

14 Popcorn chicken bowl 25 with Goldfish 14 Pizza ripper 27 Mashed potatoes 14 w/ gravy 3 Seasoned corn 18 Applesauce cup 17 Fresh fruit Milk

15 Deli wrap 31 w/ Sun chip 19 Pizza sub 38 Celery sticks 3 w/ peanut butter 4 Broccoli 2 w/ cheese 3 100% juice Fresh fruit Milk

16 Cheeseburger 25 Spicy chicken sandwich 41 Tossed salad w/ cheese 4 Fresh carrots 12 Warm spiced apples 23 Fresh fruit Milk

17 Nachos grande (Taco meat 5, cheese 2, chips 40, lettuce, salsa 3, sour cream 1) Fiestada pizza 39 Seasoned corn 18 Refried beans 31 Mandarin oranges 20 Fresh fruit Milk

18 Spicy tenders 21 w/ dinner roll 15 Bosco sticks 34 w/ sauce 3 Fresh carrots 12 Green beans 3 Peaches 14 Fresh fruit Milk

21 Mini corn dogs 44 Buffalo chicken pizza 35 Tossed salad w/ cheese 4 Pumpkin bake 25 Fruit slushy 22 Fresh fruit Milk

22 Chicken tenders 21 w/ sweet roll 31 Meatball sub 39 Fresh veggies Baked beans 30 100% juice Fresh fruit Milk



28 Pizza crunchers 41 w/ sauce 3 Spicy chicken sandwich 41 Tossed salad w/ cheese 4 Green beans 3 100% juice Fresh fruit Milk

29 Burrito bowl (Taco meat 5, Mexican Rice 22, queso sauce 2, lettuce, salsa 3, sour cream 1, & Tostitos 19) Stuffed crust pizza 36 Seasoned corn 18 Black beans 30 Apple sauce cup 17 Fresh fruit Milk

30 Breaded chicken sandwich 40 Pepperoni pizza 34 Fresh carrots 12 Crinkle cut fries 13 Peaches 14 Fresh fruit Milk

Chef salad 6 is a 3rd daily option. Students choosing the salad may pick up 1 more veggie, 2 fruits, up to 4 crouton packets & milk. Uncrustable 32, cheese stick 1, & Goldfish 14 is the 4th option. Students choosing this may pick up 2 veggies, 2 fruit, & milk

Carbs: White milk 14, chocolate milk 20, & strawberry milk 19

Apple 18, apple slices 7, banana 27, blueberries 9, grapes 14, watermelon 5, apple juice 14, grape juice 19, orange juice 14, & orange 18.

BBQ sauce 5, honey mustard 7, ketchup 2, mayo 2, sour cream 1, syrup 30. Small salad dressings: French 3, Italian 2, Ranch 0. Chef salad dressings: French 11, Italian 5, Ranch 10.