# **Bath Counseling Newsletter October 2024**

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
	Ellington Class Visits	1 Steidl Class Visits	2 -Wiltsie Class Visits -Financial Aid Night- 7:30pm	3 Washington Class Visits -Toledo Lunch Visit	4 -Roob Class Visits -OSU Lunch Visit	5
6	7	8	9 PSAT Test (Invite Only)	10	11 Makersfest	12
13	14	15	16	17 D <mark>efian</mark> ce College Lunch Visit	18	19
20	21	22	23	24 End of 1 <sup>st</sup> Quarter	25 NO SCHOOL Staff PD Day	26
27	28 Grand Valley State Lunch Visit	29	30	31		

## **Senior Checklist**

- □ Narrow your college list to 3-5 schools
- ☐ For Scholarships that require an essay, publish a draft and have someone proofread it.
- Attend Financial Aid Night-October 2<sup>nd</sup> 7:30pm in the Cafeteria
- Request Transcripts to be sent if you've applied.

# Wellness Tip

#### **Going through the Motions**

Grateful motions include smiling, saying thank you, and writing letters of gratitude. By "going through grateful motions," you'll trigger the emotion of gratitude more often.

### **Contact Information**

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