



MENU

Week 4 November 14-18	Monday 14	Tuesday 15	Wednesday 16	Thursday 17	Friday 18
<div>SIGNATURE INSPIRED • INNOVATIVE • IN-STYLE</div>	Sweet and Sour Chicken w/ Broccoli Rice	Wrap Your Own Burrito Refried Beans Salsa	French Toast Sticks Turkey Sausage Hashbrowns	STA Bowl Chicken w/ Mashed Potatoes, Gravy, Corn, Cheese	Jamaican Jerk Chicken w/ Rice and Beans, Peppers and Onions
<div>PIZZA OVEN-FRESH AND HANDCRAFTED</div>	Cheese or Pepperoni	Cheese or Pepperoni	Cheese or Pepperoni	Cheese or Pepperoni	Cheese or Pepperoni
<div>GRILL SIZZLING, SEASONED & SASSY</div>	Breaded Chicken	Cheeseburger	Spicy Chicken	Hamburger	BBQ Boneless Riblet
<div>SALAD BAR Crisp, Crunchy & Nutritious</div>	Chopped Romaine, Spring Mix, Hard Boiled Eggs, Beets, Carrots, Celery, Cherry Tomatoes, Peppers, Garbanzo Beans, Red Onions, Corn, Cucumbers, and other fresh ingredients.				
<p>Contact your Chef Resident Director, Ryan Oliver, roliver@avifoodsystems.com for questions or comments.</p> <p>Breakfast: FREE, Served 7:20 AM to 07:45 AM Lunch: \$3.50(\$.40 for reduced) Extra Milk: \$.75</p> <p>This institution is an equal opportunity provider. *MENU SUBJECT TO CHANGE*</p>					

**St. Thomas Aquinas
Middle and High School**

