

panther Press

February 2023

Message from Ms. Berry

Dear Panther Families,

Did you know that if your child misses 2 days per month, they will miss over 1 year of school by graduation?

Providing your child with quality instruction is very important to us. We need your help in assuring your child is **at school on time and prepared** to learn each and every day. This allows us to provide your child with the best education possible.

Allison Berry, Principal

IMPORTANT DATES

February 7- Valentine's Day Dance 3rd-5th Grade 2:30-4:00

February 7- PTO/SIC Meeting 5:30

February 12- School Bus Driver Appreciation Week

February 13- Staff Development

February 9-Interims sent home

February 12-17- Bus Driver Appreciation Week

February 13- Staff Development Day

February 22- Spring Pictures

February 23- Jr. Beta Club Induction 6:00 PM

February 23- 5th Grade Charleston Meeting 6:30

HEALTH- Nurse Little

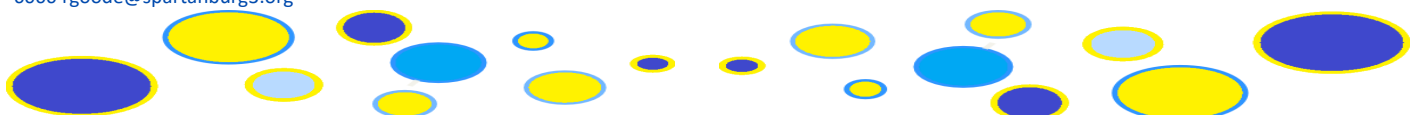
Healthy Habits

- **Rethink your drink** - Before picking up that can of soda, think about choosing something your body needs, like water, or low-fat (1%) or fat-free milk.
 - **Right size your portions** - Bigger is not always better.
 - **Tame the tube** - Turn off the TV to lower your family's risk of becoming overweight. Instead, spend more "quality time" together.
 - **Move more everyday** - Even small amounts of daily physical activity can help you stay healthy.
 - **Eat more healthy meals at home** - Eating at home rather than eating out will not only reduce the amount of fat and calories you eat - it can save you time and money.
- Eat more fruits and vegetables** - Whether fresh, frozen, canned, or dried, fruits and vegetables are quick, delicious and convenient. They will keep you healthy all year round.

GUIDANCE-Ms. Stephenson

Our character word for the month of February is honesty. Honesty means being truthful, straightforward, and fair. The students will be practicing Honestly all month. This month in guidance class we will be covering: types of smart, conflict resolutions, social skills and super student skills. Also, we will have our Terrific Kid reception this month on January 31st at 8:15 in the Media Center.

Statement of Non-Discrimination: Spartanburg School District Three does not discriminate on the basis of race, color, national origin, sex, disability or age in its programs or activities and provides equal access to the Boy Scouts and other designated youth groups. The following person(s) has been designated to handle inquiries regarding the nondiscrimination policies: Deputy Superintendent of Personnel and Pupil Services, 3535 Clifton Glendale Road, Glendale, SC 29346 (864)279-6000 rgoode@spartanburg3.org



ART—Mrs. Kingsland

In Art, the Art Atlas students are wrapping up their pillowcase dyed project. Brayden Frasier has taken a piece by Pablo Picasso and recreated his reversion of Picasso's artwork.



MUSIC—Ms. Lee

This month our 4th grade students have begun learning to play the recorder. The students have learned how to hold the recorder, how to breathe to play it, and how to play the notes B, A, and G. Below is a link to watch Ms. Burris's class play the song "Ba Ba Oo La La" on recorder with the background track.



PE—Mrs. Ridings

3-5th grade students will be starting their frisbee unit. In this unit, students will learn how to properly throw and catch a frisbee and aim at different targets. The students will compete in a frisbee golf course at the end of the unit. K-2nd grade students will be participating in parachute activities. Students will work together to create different movements and shapes with the parachute, as well as playing fun group games!

LIBRARY—Mrs. McGill

This month in the library, our kindergarten, first, and second graders have been learning about how animals adapt to winter weather. Our third graders have been reading about earthquakes, as part of their natural disasters unit. Fourth grade students have been researching Westward Expansion, and fifth graders have been reading books about the Spanish-American War.