



THE CARING COLLECTIVE LLC

PHONE: 419-515-6865 66 CENTER ST, SUITE A, BERLIN HEIGHTS, OH 44814

FAX: 419-938-1077

WWW.THECARINGCOLLECTIVELLC.COM

School-Based Therapy

- It is outpatient mental health therapy and behavioral health counseling implemented in the school setting
- Develop coping skills to be able to manage “big feelings” like stress, anxiety, anger, and depression
- Provides education to strengthen communication and social skills
- Encourages healthy friendships and peer relationships
- Promotes problem-solving and decision-making skills

Benefits for Students

- Safe, trusted space to talk and feel understood
- Support navigating school pressures and peer expectations
- Tools to manage emotions and reactions
- Increased self-esteem and confidence
- Support through grief, change, or difficult experiences

Benefits for Families

- Promotes mental wellness and emotional growth without stigma
- Helps families better understand and support their student
- Reduces barriers like transportation and scheduling conflicts
- Encourages stronger home-school connection
- Build resilience during life transitions and challenges

Benefits for Schools and Communities

- Early intervention helps to prevent bigger challenges later
- Help students grow socially, emotionally, and academically
- Additional support in schools to reduce truancy issues
- Caregivers don't have to miss work or find alternative childcare
- Create community collaboration and enhance communication