



St. Thomas Aquinas Middle and High School

MENU

September 2026	Monday 31	Tuesday 1	Wednesday 2	Thursday 3	Friday 4
	Chicken Tenders Seasoned Fries Dinner Roll Fruit Milk	Beef Nachos Black Beans Sour Cream Salsa Fruit Milk	French Toast Sticks Hashbrown Rounds Sausage Patties Fruit Milk	Grilled Cheese Tomato Soup Sweet Potato Fries Fruit Milk	General Tso's Chicken Vegetable- Fried Rice Fruit Milk
	Hamburger with Pickles	Spicy Chicken Sandwich	Hot Ham and Cheese	Chicken Sandwich	Hot Dog on a Bun
	Chopped Romaine, Carrots, Grape Tomatoes, Peppers, Broccoli, Cauliflower, Cucumbers, and other delicious ingredients. Fruit Served Daily at Breakfast and Lunch Check the Coca-Cola Cooler for Uncrustables and other cold items.				
Contact your Chef Resident Director, Brendan Dever, bdever@avifoodsystems.com for questions or comments. Breakfast and Lunch: Free For All Students Extra Lunch: \$3.50 (Adult Lunch Price \$4.80) Extra Milk: \$0.75 This institution is an equal opportunity provider. *MENU SUBJECT TO CHANGE*					

