

Personality Types Research Resources

You have taken the [16 personalities assessment](#). 16 personalities is a framework that evolved from the Myers-Briggs Type Indicator (MBTI). MBTI is the earlier assessment used for understanding personality. It gives insight on how people make decisions, process information, and interact with others. The 16 personalities assessments adds one letter at the end of the personality type to give you more specific information about your personality.

1. Use the Media Center webpage to access **World Book**, and search for **personality**. **World Book** (username: broomestu password: youknowit22!)
2. **Read about your personality type in this article [The 16 Personality Types by Nancy Feig](#).**
3. **Use DISCUS from the Media Center website to learn about what personality is and what it is not. Discus*** (username: Discus*2023 password: start1!)

A-Z Resources, Smart Search for **Myers-Briggs** (use the “Research Starter” to learn about the background of the personality assessment **and** read “Debunking Myths about the Myers-Briggs Assessment to find out what the personality test is not.)

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