



## Eating Disorders, Body Image, Trauma

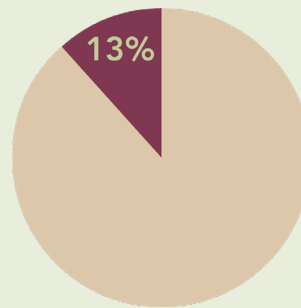
White Pine Center for Healing in Erie, Pa understands that eating disorders are complex, serious issues and offer a variety of clinical and supportive services for individuals experiencing or recovering from eating disorders, body image issues, weight stigma and trauma.



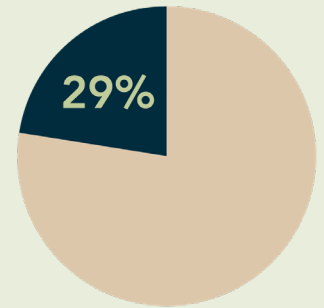
30 Million Individuals in the US suffer from eating disorders



40-60% of girls ages 6-12 are concerned about their weight and body image.



13% of women over the age of 50 have symptoms of eating disorders.



29% of teen boys are actively dieting.

### TREATMENT

Knowing that eating disorders affect everyone, not just the person who is struggling, we have a range of therapies and support services so that everyone can engage in the healing process.

**Outpatient Individual, Couples and Family Therapy**

**Outpatient Groups & Programming**

**Clinical Assessments**

**Support Groups**

**Supplemental Coaching and Classes**

### NO TIME LIKE THE PRESENT

Eating disorders and body image issues are much easier to prevent than to cure. Our Education and Prevention Initiative (totally funded by our community), helps communities learn the facts about eating disorders, how to help someone who is struggling and how to promote positive body image.

**Treatment and Education Resource Center**

**Evidence Based Community Outreach Programs for Schools, Groups, and Individuals**

**Educating the Healthcare, Business, Education and Nonprofit Sectors**