



Hello! In the 2023-2024 school year we will continue to add options that are healthy, and what students want to eat. All schools offer a variety of breakfast items and we encourage students to try a healthy breakfast for the learning energy needed, and when students eat breakfast at school, you have more time in the morning. Weekly/monthly menus for the 2023-2024 school year will be posted at www.sylvaniaschools.org. Check back for updates!

We encourage parents to conveniently deposit money online into the student's account at www.myschoolbucks.com or parents can send a check or cash with your student to school. Funds will be deposited by the next business day. When sending in money, please include the student district ID number on the check or envelope so it is deposited into the correct account. All information is securely contained within our point-of-sale system.

- **PLEASE READ:** We do **not** take food from a child in the lunch line. In an **emergency**, students can charge full meals and carry a balance. To charge means to purchase an item that will make the account go negative, or the account is already negative and charging will increase the negative balance. As a courtesy, monthly emails (except December) are sent to the email address provided to the district for any lunch account balance that is in arrears more than **-\$5.00**. (meaning negative accounts). All meal charges/balances are the responsibility of the student's parent or guardian and will be collected like other student fees. Students should **not** charge all of their meals, this is a courtesy to the parent/guardian for when a student forgets their lunch or their money from home. The amount charged to the account must be paid.
- **PLEASE READ:** You can submit a request via email to holston@sylvaniaschools.org OR to tmay@sylvaniaschools.org in writing to the food services department if you do not want your student to be able to **charge** meals, meaning to go negative on the lunch account. In that case, the meal account **MUST** have money on the account or the student must have cash to purchase. **REMINDER: WE WILL NEVER TURN A STUDENT AWAY WITHOUT FOOD.** If they say they don't have money or food with them, we will charge the account and settle with the parent/guardian later. *We are obligated by law to feed students. Please be certain the student has enough funds to pay for their food. This is a lunch service, not a revolving charge account.* We can set a total charge limit or even a la carte limits. You can call the food service office at 419-824-8655 or 419-824-8511 to discuss the options available.
- **FOOD ASSISTANCE:**
Summer food needs: Please contact Sylvania Area Family Services at: 419-882-8415
Families that need assistance with school meals: Through the National School Lunch and Breakfast Act the free and reduced meal application for the next school year will be available online **after August 1, 2023** at www.sylvania.heartlandapps.com. The online application is private, easy and submitted electronically. During the regular school year, we process applications throughout each day. If you qualify for free/reduced meal program through the National School Breakfast and Lunch Act, you MAY qualify to have some school fees waived or reduced. All students who were approved last year for free or reduced meals will be on a temporary status through the first 30 school days of a new school year, and will need to **fill out a new application for each new school year**. Please fill out the online application to avoid loss of benefits.
- **FOOD ALLERGY IN SCHOOL:** You and your child's school have the same goal; for your child to have a quality education in a safe environment. Talk with your child's school about the student's food allergy. Start by contacting your child's school; the school nurse and the cafeteria should be notified about the food allergy in writing. You can, or our cafeteria managers, will contact the main Student Nutrition office and the student lunch account can be noted with the food allergy. We do our best to direct the students away from foods they are allergic to, but please have the conversation with the student that they should not put the food that they are allergic to on their tray.

To find out what makes a complete meal, check out this link: [PDF Version](#)

District Policy: Meal Charging and Unpaid Meal Charges ([link](#))

The price of reduced and paid lunches are currently shown below but **PRICES ARE SUBJECT TO CHANGE**

Grades	Breakfast	Lunch
K-5	\$2.25	\$3.30
6-8	\$2.25	\$3.50
9-12	\$2.25	\$3.50
Reduced Price Students, All Grades	\$0.30	\$0.40

Thank you for your time and cooperation

Sincerely,

Ray Holston, Supervisor, Student Nutrition Department

This institution is an equal opportunity employer.

Non-Discrimination Statement: In accordance with federal civil rights law and U.S. Department of Agriculture (USDA) civil rights regulations and policies, this institution is prohibited from discriminating on the basis of race, color, national origin, sex (including gender identity and sexual orientation), disability, age, or reprisal or retaliation for prior civil rights activity. <https://www.fns.usda.gov/civil-rights/usda-nondiscrimination-statement>